



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

** 13th Sunday in Ordinary Time | 30 June 2024 **

*Have a most blessed
and enjoyable
Canada Day!*



Code of Conduct

Jean Allen



In Mark's story of the hemorrhaging woman ensconced within the story of Jairus's dying daughter, did you ever notice that the sick daughter was 12 years of age and the hemorrhaging woman had been bleeding for 12 years? In scripture, the number 12 was symbolic of the 12 tribes of Israel.

The two daughters of Israel who received healing were on opposite ends of the spectrum. One was, according to the 12 tribes' purity codes, ritually unclean and was most likely destitute because of it. She shouldn't have even been in the crowd. The other was the daughter of a respected and well to do synagogue leader. Israel had created the huge disparity between the two by its purity codes but Jesus had no regard for social or purity code expectations. He healed both daughters with exactly the same compassion and with no conditions.

Do we have purity codes that cause us to regard and treat different people differently according to their socio-economic or philosophical, educational or religious status? I think these codes are becoming less and less part of our mindset but there's no doubt a lot of us still subconsciously deal with leftover code hangups. Sometimes it's even family members who challenge our ability to transcend law in favor of compassion. We can experience a pang of doubt over whether to accept without condition or to make it clear that someone is outside our code comfort zone.

If you ever find yourself wondering whether you should offer unconditional love or stand firm and wonder whether unconditional love is simply condoning poor behavior, please rest assured that Jesus never called us to judge anyone as worthy or unworthy. When it came to the crunch, Jesus always went for unconditional love. Unconditional means 'no conditions.'

It can be scary – but if God has a code, that's it.

LITURGICAL YEAR B

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm
Syro-Malabar 7:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar 11:00 am
Polish (paused)
Korean 3:00 pm
Vietnamese (1st and 3rd Sunday) 5:30 pm

RECONCILIATION

Saturday 3:00 pm
Sunday (New) 8:15 am

Weekday Masses

English Masses

Tuesdays to Friday 11:00 am
Friday: Adoration after Mass
Benediction 1:30 pm

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Diocesan Online Mass

<https://www.youtube.com/channel/UCRinXZ2d6GBMpnDM7boV1CA>

Parish Office Hours

Tuesdays to Fridays: 9:30 am to 3:00 pm
The office is closed: 11:00 am to 12:00 pm
Closed: Saturdays, Sundays, and Mondays.

If you are new and would like to register, or volunteer for a Parish Ministry, please kindly send an email: sacredheart@rcdvictoria.org

Baptism, Marriage, Funerals and Anointing of the Sick

Please contact the Parish Office:
sacredheart@rcdvictoria.org | 250-479-1611



Feast of St. Thomas, Apostle

Wednesday, 3 July 2024

11:00 am: English Mass
7:00 pm: Syro-Malabar Mass
7:30 pm: Korean Mass (PJ Hall)



Please pray for:

Those who have died

Joan Anderson, Ralph Dunn, Joseph Dung,
Denis Laurin, Herculano & Joao Pimentel,
Josin Remedios, and Souls in Purgatory.

Those who are ill

Ginette Bourque, Edward A, Rheza A, Skarlet,
Thérèse A, Jon A, Patricia C, Cora C, Lesley D, Gaspar Sirof,
Kathleen G, Gwen J, Khanh N, Derek L, Lisa L, Diane L, Monique L,
Rafael M-Duke, Matthew M, Davide R, Walt R, and Maria T.



*Eternal Rest Grant Unto
Joan Anderson (25 June 2024)
O Lord, and let Perpetual Light
Shine Upon her.
May her soul rest in peace. Amen.*



Join the CWL!

The CWL is a gift of faith, friendship and support and offers the opportunity to serve God and Canada. Through committee meetings, members can feel the pulse of what is happening in church and society. The CWL invites all Catholic women to join and make a difference. Meet with CWL members in the foyer of the church this weekend to have your questions answered or to join or renew your membership.

Please contact Denise Owen for more information:
250-580-0066 or deniseowen@shaw.ca

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<http://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

<https://www.canadahelps.org/en/dn/47781>

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

Thank you for your contributions!

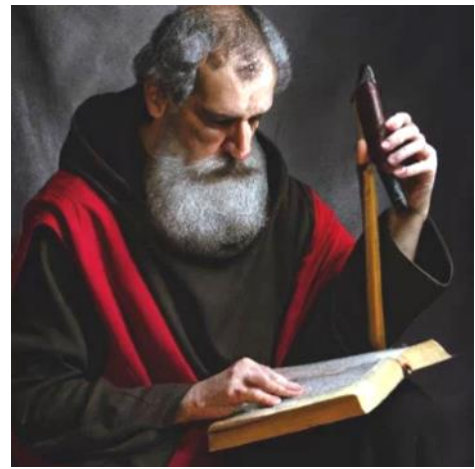
June 22 & June 23, 2024

Envelopes \$ 1,632.00

Cash \$ 406.65

Total \$ 2,038.65

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



St Thomas the Apostle

3 July 2024

The Church celebrates the Feast of St. Thomas the Apostle on July 3rd. Though Saints' feast days are celebrated on the date of their death, July 3rd was chosen to commemorate the day St. Thomas' relics were transferred from South India to Edessa (Turkey).

St. Thomas was one of the Twelve Apostles whom Jesus chose to evangelize to the world and to pastor His flock (the Church) after His Ascension. The formal use of "Apostle" distinguishes disciples from the chosen Twelve. "Thomas" is of Aramaic origin and is known to mean "twin." In Scripture, Thomas is also referred to as "Didymus," which also means "twin" in Greek. St. Thomas, or "doubting Thomas", is most known for being the Apostle who said he would not believe Christ truly rose from the dead until he placed his finger in the wounds in His side and His hands and feet. He redeemed himself, however, upon seeing the Resurrected Lord, uttering the expression of faith now widely used by Christians: "My Lord and My God!"

Each Apostle has their own symbol to represent them. St. Thomas is represented by a spear and a ruler; referring to his profession as a builder, and the spear represents his martyrdom.

Today, Christians who attribute their 1st-century foundation to the Apostle Thomas are represented by Christians of both the Catholic and Orthodox Churches, primarily in Kerala, an Indian state on the southwest coast of the sub-continent. Owing to their ritual affinity with the Syriac liturgical tradition, the Syro-Malabar and Syro-Malankara Churches belong to that Eastern liturgical family. Since the arrival of the Portuguese in the 1600s, some of the Syro-Malabar have come into communion with Rome. Likewise, through the efforts of St. Francis Xavier and other Catholic missionaries, some Indians have adopted the Latin Rite.

According to traditional accounts of St. Thomas Christians of India, the Apostle Thomas landed in Muziris (Cranganore) on the Kerala coast in AD 52 and was martyred in Mylapore, near Madras, Tamil Nadu in AD 72. An historical tradition holds that following his death, some of his relics were taken to Edessa, located today in south-east Turkey, while the rest were kept in India. The latter can still be

found in St. Thomas Cathedral Basilica in Chennai, Mylapore, India. It is believed that the relics, once held in Edessa, were later taken to the Basilica of St. Thomas the Apostle in Ortona, Italy.



St. Thomas is the Patron Saint of architects, builders, construction workers, surveyors, theologians, and of India, Pakistan, and Sri Lanka.

[Online accessed 27 June 2024:
<https://www.ewtn.com/catholicism/seasons-and-feast-days/st-thomas-the-apostle-24139>]

Society of St. Vincent de Paul



The Society of Saint Vincent De Paul Vancouver Island a non-profit organization dedicated to live the Gospel message by serving Christ in the poor with love, respect, justice and joy, is seeking a Treasurer to join our Board.

If you have experience in accounting or finance and are willing to serve, a job description can be found at

<https://svdp.bamboohr.com/careers/31?source=aWQ9MTg%3D> or the QR code here >

Also, when donating online, please specify "Sacred Heart Parish":

<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>

To join the society, please email Georgina: mgvshort@telus.net



FORMED

You can now gain access to FORMED through the parish.

Please scroll and search for our parish:
"Sacred Heart Catholic Church,
4040 Nelthorpe Street, V8X 2A1

Select it and create a new account on www.formed.org/signup

CHRISTIAN MEDITATION

Thursdays, 1 pm | Parish Hall
We welcome newcomers.



From the teachings of Fr. John Main (1926-1982), a Benedictine monk, this prayer of silence and stillness beyond word and thought is often called the "prayer of the heart". Each week, the group listens to the words of Frs. John Main, Laurence Freeman and others followed by a 20-30 minute period of silent meditation.

Visit the Canadian website www.wccm-canada.ca or the World Community website www.wccm.org

For more information, please contact Margie Noonan 250-589-6313 or margielnoonan@gmail.com.

If you are new to the parish, welcome!

Be part of the joyful Sacramental and Liturgical celebrations in our parish.

Volunteer to serve in one of the many ministries, or join one of the many parish groups.

If you are interested in volunteering your time and talents, please contact the Parish Office:

250-479-1611 | sacredheart@rcdvictoria.org



From the Diocese

10th Annual Family Life Conference and Camp needs your help...

The committee for the 10th Annual Family Life Conference and Camp is looking for volunteers to assist with the camp.

For more information, please email: familycamp@rcdvictoria.org

Diocesan Bursaries

Deadline: July 15. Information and forms are available through the following links:

[The Jawl Bundon LLP Bursary](#) (\$2500): for a grade 12 Catholic student who has been accepted to a post-secondary institution. Preference will be given to Indigenous students, and to students who live outside of Greater Victoria and Nanaimo. <https://www.rcdvictoria.org/jawl-bundon-bursary>

[The Blessed Marie Anne Blondin Bursary](#) (\$1000): for a lay woman who is accepted or enrolled in a program or course for ministry in the Church, such as religious education, social justice, liturgy, social action, care of the sick, etc. <https://www.rcdvictoria.org/blondin-bursary>

[The Char Deslippe Memorial Award](#) (\$500): for a teacher working in Catholic Island Schools or a parish catechist serving in children, youth or adult ministry. <https://www.rcdvictoria.org/char-deslippe-award>

A Jubilee Pilgrimage of Hope May 5 to May 15, 2025: Portugal, Spain, France Victoria Departure: 12 days, \$4,990.00

Dear friends in Christ.

Pope Francis has called for a Jubilee Year of Hope for 2025 and to celebrate, I'd like to offer a pilgrimage occasion in the Marian Month of May. Our Catholic pilgrimage coordinating agent did an inspirational job for 30 Diocesan pilgrims who joined me in the Holy Land in 2023 and has put together a wonderful 12-day itinerary. For detailed queries read the poster on the parish bulletin board, or attached to the Bulletin email, and if needed, contact IHS directly. For more general questions you're welcome to be in touch with me. Blessings in the Jubilee Hope of Jesus.

Fr. Dean

Fr. Dean N Henderson
Rector - St. Andrew's Cathedral
740 View St. Victoria, B.C. V8W 1J8
Office 250.388.5571 / Cell 250.882.2151
Email dhenderson@rcdvictoria.org



"Grief to Grace" Retreat in September 2024 Kelowna.

This program is for people who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family, community, from spouses/partners, and/or coworkers or supervisors. Through a retreat facilitated by mental health professionals, centered on Jesus Christ, participants are helped to find healing and to journey to wholeness.

For more information please email:

griegtograncelowna@gmail.com / confidential call: 250-808-6403.



Rachel's Vineyard will be hosting a retreat on Vancouver Island from October 24 – 27, 2024.

This ministry is a safe place for people to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

For information and to register, please contact Nicola at rachelsvineyardvancouverisland@gmail.com or 250-514-3973.

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Robert Ryu
youngjinryu0758@gmail.com

Polish
TBD

Vietnamese, Fr. Michael Tran
michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn
250-889-3761

Parish Administrative Assistant
Katherine Newton: sacredheart@rcdvictoria.org

Children's Liturgy Coordinator
Kinga Hearn: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator
Lidia Moodie: sacredhearteled@rcdvictoria.org

Parish Liturgy Coordinator
Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator
Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko	Jeremy Côté	Jim Haffey
Peter Martin	Samantha Sherman	Will Podmoroff
Rick Perez de Tagle	Edgar Tan Jr.	
Andy Pak	(Korean Representative)	
Sonny Huynh	(Vietnamese Representative)	
Stan Planeta	(Polish Representative)	

PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org



PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator	Rafael Oei
Altar Servers	Karla Montano
Extraordinary Ministers	Gilbert Santos, Chay Santos
Floral Ministry	Eduardo Bautista
Lectors	Stan Dzbik
Music Director	Rafael Oei
Pastoral Care Ministry	Lynda Tan
Ushers	Marisa Tinsay Lynda Tan
Video Streamers	Peter Liem

PARISH GROUPS

Christian Meditation	Margie Noonan
C.W.L. / Prayer Line	Margot McLaughlin
Knights of Columbus	Rick Perez de Tagle
Led By The Spirit Group	David MacIntyre
Moms & Tots	Chantal Côté
Phone-tree	Elizabeth Olcen
Funeral Receptions	Elizabeth Olcen
Social Justice/D & P	Stan Dzbik
St. Vincent de Paul	Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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