



# Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1  
250-479-1611 | [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org) | [sacredheartvictoria.com](http://sacredheartvictoria.com)

*\* 12th Sunday in Ordinary Time | 23 June 2024 \**

*Thank you for your warm welcome!*

*My dear brothers and sisters as your new pastor*

I am really happy to serve you. While I was preparing the homily for Thursday, the Gospel was of the beautiful prayer Jesus taught his disciples - the "Our Father". We are all children of this loving Father, Abba. As we call God our father, we are reminded that we are not alone. As children of God, we are all brothers and sisters. Our spiritual journey is not a solitary one; we walk and accompany each other.

As your pastor, I am blessed to be a part of this journey with you: to be on this beautiful spiritual voyage together. As a family, let us work for the Glory of God and for the spiritual nourishment of our parish. It is so beautiful that our parish is blessed to be home to different ethnic communities journeying together, with different languages, liturgies, and rites; adding more colour and happiness to our parish: Korean, Vietnamese, Polish, and the Syro-Malabar Malayali community from Kerala. This calls to mind a beautiful verse from Psalm 133:1:

*"How very good and pleasant it is when kindred live together in unity."*

Let us work together and celebrate with our Lord.

*Yours in Christ,  
Fr. Shijo George*



## LITURGICAL YEAR B

**Saturday:**  
English Mass (Anticipated Sunday Mass) 4:00 pm  
Syro-Malabar 7:00 pm

**Sunday:**  
English Mass 9:00 am  
Syro-Malabar 11:00 am  
Polish (paused)  
Korean 3:00 pm  
Vietnamese (1st and 3rd Sunday) 5:30 pm

## RECONCILIATION

Saturday 3:00 pm  
Sunday (New) 8:15 am

## Weekday Masses

### English Masses

Tuesdays to Friday 11:00 am  
Friday: Adoration after Mass 1:30 pm  
Benediction

### Korean Masses

Wednesdays 7:30 pm  
Thursdays 10:00 am

## Diocesan Online Mass

<https://www.youtube.com/channel/UCRinXZ2d6GBMpnDM7boV1CA>

## Parish Office Hours

Tuesdays to Fridays: 9:30 am to 3:00 pm  
The office is closed: 11:00 am to 12:00 pm  
Closed: Saturdays, Sundays, and Mondays.

If you are new and would like to register, or volunteer for a Parish Ministry, please kindly send an email: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

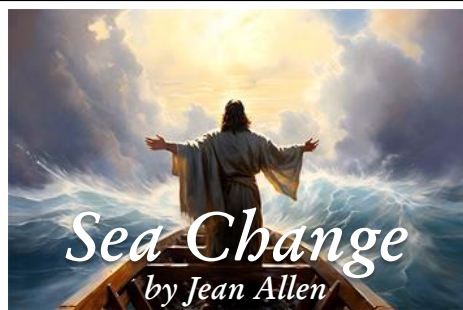
## Baptism, Marriage, Funerals and Anointing of the Sick

Please contact the Parish Office:  
[sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org) / 250-479-1611

## PLEASE NOTE

**The Parish Office will be CLOSED on Tuesday, 25 June.**

Regular office hours will resume on Wednesday, 26 June from 9:30 am.



In the bible, the sea represents chaos, disorder, the unknown and unpredictability. Jesus being sound asleep in a boat rocked by the storm is more than an incident story that shows Jesus's power to save and, especially, the disciples' general lack of faith. I think the disciples displayed a lot of faith by waking Jesus up and saying to him, "Teacher, do you not care that we are perishing?" If they had no faith in him, why would they wake

him up? Did they just want him to join in the general panic attack? They probably didn't know what he could do but he was their go to man.

This incident occurred earlier on in his ministry. The questions he put to them, "Why are you afraid? Have you still no faith?" seem unfair because his disciples were only beginning to be exposed to who he was. They asked, "Teacher, do you not care...?" To them he was still just an amazing, charismatic and intriguing teacher, which is why they were flabbergasted that even the wind and the sea obeyed him.

I think, quite possibly, what Jesus was saying to them was, "You don't need to be afraid. You have still not grasped who I really am." Of course, they hadn't and even with this added chunk of new information about the nature and power of this man they were following, they would continue to underestimate his power and his wisdom right up until Pentecost. They would continue to be small boats rocked by storms of chaos, disorder and the unknown – all things that Jesus is complete Lord of.

We are no different. Seas of chaos, disorder and the unknown really rock our boats. But we have enough faith to try to wake up the Lord by praying, "Lord, do you not care??" He absolutely does care and he absolutely is in control. What he asks of us is that we trust that he is awake, aware and in control. The storm gave the disciples an opportunity to add to their deposit of faith.

Our storms will do the same for us.

## Congratulations

**Rev. Joseph Yuson**

on the occasion of your *Priestly Ordination*.



*Join us for  
Mass on  
The Nativity*



*of  
St. John the Baptist*  
**This Monday, 24 June at 11 am**



## **Please pray for:**

### ***Those who have died***

*Vincenza Cameron, Joe & Jose de Lima, Sriwan Fernandes, Bryan Dornier, Florentina Macatuno, Fortunato Sta Ana, Franciszka Simic, Maria Van Aert, and Veronica Wheaton.*

### ***Those who are ill***

*Edward A, Les A, Rheza A, Skarlet, Thérèse A, Jon A, Maritza C, Patricia C, Cora C, Ludwik D, Lesley D, Gaspar Sirof, Kathleen G, Gwen J, Khanh N, Derek L, Lisa L, Diane L., Monique L, Rafael M-Duke, Matthew M, Davide R, Walt R, and Maria T.*



## **Join the CWL!**

The CWL is a gift of faith, friendship and support and offers the opportunity to serve God and Canada. Through committee meetings, members can feel the pulse of what is happening in church and society. The CWL invites all Catholic women

to join and make a difference. Meet with CWL members in the foyer of the church this weekend to have your questions answered or to join or renew your membership.

Please contact Denise Owen for more information:  
250-580-0066 or deniseowen@shaw.ca



You can now gain access to FORMED through the parish.

Please scroll and search for our parish:

**"Sacred Heart Catholic Church,  
4040 Nelthorpe Street, V8X 2A1**

Select it and create a new account on  
[www.formed.org/signup](http://www.formed.org/signup)

## **Options to Donate**

### **E-Transfer:**

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### **Pre-Authorized Debit (PAD)**

Automatic Debit Form:

<http://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

### **Canada Helps**

<https://www.canadahelps.org/en/dn/47781>

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

## **Thank you for your contributions!**

### **June 15 & June 16, 2024**

Envelopes \$ 1,436.00

Cash \$ 691.30

**Total \$ 2,127.30**

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

## **Nativity of St. John the Baptist**

**24 June 2024**

Only three birthdays are celebrated on the Church's liturgical calendar, the Nativity of Our Lord (Dec. 25), the Nativity of His Mother (Sep. 8), and the Nativity of St. John the Baptist (June 24).

St. John the Baptist was set apart from the womb to prepare the way of the Lord and was a significant figure connected to the Incarnation and the Redemption. The Church honours him because of his role in preparing the way for Christ.



St. John the Baptist is one of the few saints who have two feast days. Each year the Church celebrates the Nativity of Saint John the Baptist on June 24, three months after the Annunciation on March 25th, since Elizabeth was already six months along when the angel appeared to Mary and Jesus was conceived (Luke 1:24-26), as well as the date of his martyrdom, on August 29. The exact date of St. John the Baptist's birth is not known.

St. John the Baptist is mostly known for being the cousin of Jesus and the principal figure who prepared the way for Christ before He began His public ministry. St. John's mother was St. Elizabeth, a relative of the Blessed Virgin Mary and wife of Zechariah, a member of the priestly class. Elizabeth was "barren" and both she and her husband were "of advanced age" when she conceived. She believed she would never have children when the Lord answered her prayers. St. Zechariah, his father, was a descendant of Aaron, and therefore a priest in the temple of Jerusalem. Once when he was serving in the temple, the angel Gabriel appeared to him and told him that his wife would bear a son and that he was to name him John. Because Zechariah doubted the words of the angel, he was made mute until the birth of John the Baptist. The full account of this encounter can be found in the Gospel of Luke 1:5-24.

In Matthew 11:10 Jesus said of John the Baptist.

"This is he of whom it is written, 'Behold, I send my messenger before thy face, who shall prepare thy way before thee.'

Truly, I say to you, among those born of women there has risen no one greater than John the Baptist; yet he who is least in the kingdom of heaven has suffered violence, and men of violence take it by force. For all the prophets and the law prophesied until John; and if you are willing to accept it, he is Elijah who is to come. He who has ears to hear, let him hear."

(Matthew 11:10-15)

Throughout the Old Testament, although taught and led by the prophets, people were unfaithful to God. God had sent prophets, just like he sent John the Baptist, to soften their hearts, call them to repentance, and truly prepare people for Christ's coming so they would be able to recognize Him and receive Him when they encountered Him. John was the last of these and the greatest.

[Online accessed 17 June 2024:  
<https://www.ewtn.com/catholicism/seasons-and-feast-days/nativity-of-saint-john-the-baptist-23956>]

## Society of St. Vincent de Paul



The Society of Saint Vincent De Paul Vancouver Island a non-profit organization dedicated to live the Gospel message by serving Christ in the poor with love, respect, justice and joy, is seeking a Treasurer to join our Board.

If you have experience in accounting or finance and are willing to serve, a job description can be found at

<https://svdp.bamboohr.com/careers/31?source=aWQ9MTg%3D> or the QR code here >

Also, when donating online, please specify "Sacred Heart Parish":

<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>

To join the society, please email Georgina: [mgvshort@telus.net](mailto:mgvshort@telus.net)



## Do you have an extra vehicle?



Fr. Shijo is looking for a used vehicle to purchase for his pastoral ministry.

Please contact the Parish Office if you do:

250-479-1611 / [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)



## THANK YOU!

Dear Sacred Heart parishioners,

As some of you may know, I have spent this past year in Montreal working as a campus missionary with Catholic Christian Outreach (CCO). With around 150 university students involved in CCO at Concordia, your prayers and support has been such a blessing. I am so grateful to see the ways Jesus has been moving through me, the students, and your support. Thank you for partnering with me in the task of reaching young people with the Gospel message. The parishioners of Sacred Heart are always in my prayers.

United in Mission,  
Cyrille Santos

## CHRISTIAN MEDITATION

Thursdays, 1 pm | Parish Hall

We welcome newcomers.



From the teachings of Fr. John Main (1926-1982), a Benedictine monk. A prayer of silence and stillness beyond word and thought, it is often called the "prayer of the heart". Each week, the group listens to the words of Frs. John Main, Laurence Freeman and others followed by a 20-30 minute period of silent meditation.

Visit the Canadian website [www.wccm-canada.ca](http://www.wccm-canada.ca) or the World Community website [www.wccm.org](http://www.wccm.org)

For more information, please contact Margie Noonan 250-589-6313 or [margielnoonan@gmail.com](mailto:margielnoonan@gmail.com).



## From the Diocese

### Diocesan Bursaries

**Deadline: July 15.** Information and forms are available through the following links:

[The Jawl Bundon LLP Bursary](https://www.rcdvictoria.org/jawl-bundon-bursary) (\$2500): for a grade 12 Catholic student who has been accepted to a post-secondary institution. Preference will be given to Indigenous students, and to students who live outside of Greater Victoria and Nanaimo.

[The Blessed Marie Anne Blondin Bursary](https://www.rcdvictoria.org/blondin-bursary) (\$1000): for a lay woman who is accepted or enrolled in a program or course for ministry in the Church, such as religious education, social justice, liturgy, social action, care of the sick, etc.

[The Char Deslippe Memorial Award](https://www.rcdvictoria.org/char-deslippe-award) (\$500): for a teacher working in Catholic Island Schools or a parish catechist serving in children, youth or adult ministry.



### HOSTING INTERNATIONAL STUDENTS

St. Andrew's High School International Student Program

There is still a need for one host family for September 2025 for a boy from Mexico (Grade 10) for the full school year.

If you would be willing to support a student on their international high school journey and experience, please consider welcoming an international student into your family. Host families receive \$1,275 per month to cover costs.

Please contact Nina Timm: [homestay@cisdv.bc.ca](mailto:homestay@cisdv.bc.ca) / Tel: 403-771-2519

### RESEARCH QUESTIONNAIRE

The Diocese of Victoria is participating in an international research project about how religious communities experienced the COVID-19 pandemic. To complete the anonymous online questionnaire, please visit <https://www.research.net/r/covidandreligion>.

**Deadline to complete the questionnaire is June 30, 2024.**



### "Grief to Grace" Retreat in September 2024 Kelowna.

This program is for people who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, community, from spouses/partners, and/or coworkers or supervisors. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ, participants are helped to find healing and journey to wholeness.

For more information please email: [griegtograncelowna@gmail.com](mailto:griegtograncelowna@gmail.com) or make a confidential call to 250-808-6403.



Rachel's Vineyard will be hosting a retreat on Vancouver Island from October 24 – 27, 2024.

This ministry is a safe place for people to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

For information and to register, please contact Nicola at [rachelsvineyardvancouverisland@gmail.com](mailto:rachelsvineyardvancouverisland@gmail.com) or 250-514-3973.

### 10th Annual Family Life Conference and Camp needs your help...

The committee for the 10th Annual Family Life Conference and Camp is looking for volunteers to assist with the camp.

For more information, please email: [familycamp@rcdvictoria.org](mailto:familycamp@rcdvictoria.org)

## Pastor, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

**Korean, Fr. Robert Ryu**  
[youngjinryu0758@gmail.com](mailto:youngjinryu0758@gmail.com)

**Polish**  
TBD

**Vietnamese, Fr. Michael Tran**  
[michaeltran@rcdvictoria.org](mailto:michaeltran@rcdvictoria.org)

**Hospital Chaplain, Fr. Sean Flynn**  
250-889-3761

**Parish Administrative Assistant**  
Katherine Newton: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**Children's Liturgy Coordinator**  
Kinga Hearn: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**Children's Religious Ed. Coordinator**  
Lidia Moodie: [sacredheartreled@rcdvictoria.org](mailto:sacredheartreled@rcdvictoria.org)

**Parish Liturgy Coordinator**  
Rafael Oei: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

**RMSE Coordinator**  
Sindhu Merwin: [sacredheartmse@gmail.com](mailto:sacredheartmse@gmail.com)

## PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko	Jeremy Côté	Jim Haffey
Peter Martin	Samantha Sherman	Will Podmoroff
Rick Perez de Tagle	Edgar Tan Jr.	
Andy Pak	(Korean Representative)	
Sonny Huynh	(Vietnamese Representative)	
Stan Planeta	(Polish Representative)	

## PARISH MINISTRIES & GROUPS

Please contact the Parish Office:  
[sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)



### PARISH LITURGICAL MINISTRIES

<b>Parish Liturgy Coordinator</b>	<b>Rafael Oei</b>
Altar Servers	Karla Montano
Extraordinary Ministers	Gilbert Santos, Chay Santos
Floral Ministry	Eduardo Bautista
Lectors	Stan Dzbik
Music Director	Rafael Oei
Pastoral Care Ministry	Lynda Tan
Ushers	Marisa Tinsay Lynda Tan
Video Streamers	Peter Liem

### PARISH GROUPS

Christian Meditation	Margie Noonan
C.W.L. / Prayer Line	Margot McLaughlin
Knights of Columbus	Rick Perez de Tagle
Led By The Spirit Group	David MacIntyre
Moms & Tots	Chantal Côté
Phone-tree	Elizabeth Olcen
Funeral Receptions	Elizabeth Olcen
Social Justice/D & P	Stan Dzbik
St. Vincent de Paul	Georgina Short

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](http://RCDVictoria.org/Responsible-Ministry) or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](http://BishopReportingSystem.ca) or call 1-866-892-3737

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