



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

60
Years at
Nelthorpe

*** Exaltation of the Holy Cross | 14 September 2025 ***

Heartfelt Gratitude and Thanks

to everyone for making our 60th Anniversary Celebrations
such a resounding success!

**Special thanks to Bishop Gary Gordon
for celebrating the 4 pm Mass on Saturday, 6 September,
and to the 60th Anniversary Committee for organising the celebrations**

Lorraine Van Dyk (Chair), Marilyn Bojko, Jeremy Côté,
Jim Haffey, Ben Pires, Edgar Tan Jr. & Thom Tran for the 60th Anniversary Cakes



The Cross and Us

by Jean Allen

"And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever trusts in him may have eternal life."

When the Israelites looked at the bronze serpent lifted up in the wilderness, they were looking at a reflection of the evil that was assailing them: venomous serpents that were biting and killing the Israelites.

When you look at a crucifix in your home or at church, do you just see Jesus suffering for us or do you also see a symbol (the bloody cross) of the evil of violence and scapegoating that is within all of us? All. Of. Us. The evil that nailed Jesus to the cross wasn't just part of an event that took place over 2000 years ago; the seeds of that evil reside in each one of us and we are all capable of violence and scapegoating. In fact, we do it all the time. Do you sometimes get angry at or yell at your spouse or at one of your children? That's violence. Do you ever see a problem and decide that one person is the cause of that problem and then try to make everyone else see it too? That's scapegoating. And that's just scratching the surface of our capacity for violence of the type that nailed Jesus to the cross.

Jesus's redemption of us should mean that when we look at him on the cross, we see an everlasting need for us to turn from violence and to resist scapegoating. We need to gaze at that cross and pray for the grace to turn away from raging at or pinning blame on others before we place someone else on a cross. If we aren't aware of how the cross should affect us every time we see it, we are trying to accept healing redemption without accepting our responsibility in the process. Jesus redeemed us so he could change in us what nailed him to the cross in the first place.

The Good News? The grace needed to do that is free.



Horizons of Hope: Tues, October 7, 14, 21, 28
6:30 pm to 8:30 pm, Parish Hall

This program empowers & educates us on palliative care, dying, death, suffering, and bereavement.

Sessions are led by Dr Felipe Edora and Angela Spencer.

Please sign-up. The Sign-Up Sheet is in the church foyer.

LITURGICAL YEAR C

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar Rite 11:00 am
Korean 3:00 pm
Vietnamese (1st and 3rd Sundays) 5:30 pm

RECONCILIATION

Saturday 3:00 pm to 3:45 pm
Sunday 8:15 am to 8:45 am

Weekday Masses

English Masses

Please Note:

There will be no regular Weekday Masses from
Tue, 16 Sep to Tue, 23 Sep as Fr. Shijo George
will be away on Retreat.

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Parish Office Hours

Tuesdays to Fridays
9:30 am to 3:00 pm

Close: Saturdays, Sundays, and Mondays

If you would like to register or volunteer for a ministry,
please send an email to sacredheart@rcdvictoria.org

**For Baptism, Marriage, Funerals,
and Anointing of the Sick**

Please contact:

E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



We need Altar Servers, Ushers for our Saturday
anticipated Masses, and Extraordinary Ministers of
Holy Communion / Pastoral Outreach Homebound
volunteers. Please contact the Parish Office:

250-479-1611 or sacredheart@rcdvictoria.org
We will be happy to hear from you.



Congratulations!



We congratulate **Edgar Tan Jr.** on his
re-election as Chair of Sacred Heart's Parish Pastoral Council



Introducing the new
Sacramental
Preparation Course
Beginning October 19

Registrations forms are in the church foyer and on
the website. Please submit the forms to the Parish
Office or email to sacredheart@rcdvictoria.org





Please Pray For

Those who have died:

Sheila Ayres, Alice, Joe Sr. & Joe Jr. de Lima, Virgilio Libunao, John Oei, and Pancrasio TanKasio.

Those who are ill:

Dan, Jon A, Jacobus B, Patricia C, Cora C, Maureen D, Lesley D, Kathleen G, Margaret Gustafson, Derek L, Lisa L, Will P, Dino R, Davide R, Willy S, Gaspar S, Valerie S, Cathy T, Maria T, Ornella T, Louise Whitley.



Parish Holy Doors Pilgrimage

organized by Sacred Heart Parish
for parishioners

Saturday, 27 September 2025

(Times are an estimate)

7:15 am to 7:45 am Confessions

8:00 am Leaving by air-conditioned coach

Lunch: Port Alberni (own expense)

Mass at Holy Family Church, Ucluelet

Prayers at St. Ann's Church, Duncan

9:30 pm Return to the parish



Cost: \$50

Dinner will be included.

We thank the Diocese of Victoria for the grant that has helped to bring the cost of this pilgrimage down, and we thank all the pilgrims who registered for this pilgrimage.

If you were unable to make it this time, please give your prayers and petitions to the Parish Office and it will be offered on your behalf.

A grateful thank you, also to the planning committee who worked hard to organize this pilgrimage:

Jeremy Côté, Felipe Edora, Isme Liem, Peter Liem, Neil Lundin, Samantha Sherman, Angela Spencer, Marisa Tinsay

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.



Thank you.

Thank you for your contributions!

September 6 & September 7, 2025

Envelopes \$ 1,905.00

Cash \$ 762.00

Total \$ 2,667.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

Highlights of our three-day 60th Anniversary Celebrations

Friday, 5 September, 6 pm Mass

Fr. Shijo George

Liturgy for the Anniversary of the Dedication of a Church



Saturday, 6 September, 4 pm Mass

Bp. Gary Gordon, Fr. Shijo George, Fr. Vince Borre, Fr. Marco Park



Followed by a potluck dinner with multicultural food



Handcrafted Holy Land Wood Carvings on sale!

Saturday & Sunday, September 27 & 28

Handcrafted by Christians, who are now only 1 % in the Holy Land. Help to preserve a cultural heritage.

Only CASH is accepted for now.



A marvelous variety of ethnic foods for parishioners to savour ...



Then it was time to party!!!
Performances by our talented parishioners in our very own
Sacred Heart's Got Talent!



CWL Garage Sale! Saturday, October 18

You are invited to the CWL's 4th Annual Community Garage Sale on Saturday, October 18th.

Table rentals are \$30 each.

Please contact Miriam for more details: mirpod@yahoo.com



Sunday, 7 September, 9 am Mass
Fr. Shijo George & Fr. Frank Franz
We thank Thom Tran for baking the anniversary cakes



Deep & Heartfelt Gratitude

to the
60th Anniversary Committee,
Liturgical Ministries, Parish

Groups, Parish Staff, Volunteers, and all our parishioners
for a most enjoyable, fun, and exhilarating three days of celebrations
that brought our entire ethnic community together.
Without you there would not be a Sacred Heart Parish.

***Praise the Lord, and our Blessed Mother
for their protection and guidance all these years,
and for many more years to come!!!***



Annual Strollerthon Saturday, September 20!

Isabelle Boutin, Mary and Joseph Moreau from our parish will be walking and would love to have your support! Meet Mary and her son, Joseph at the back of the church after Mass this Sunday. Pledges can also be dropped in the collection plate or left at the Parish Office (clearly labeled "Birthright Strollerthon" with your mailing address you want a charitable receipt).

Thank you for your support.



From the Diocese

Christian Life Program St. Andrews' Cathedral Segher's Hall 8 Saturdays from October 4 at 6:30 pm

The couples for Christ (CFC) community at St. Andrew's invites married couples to its Christian Life Program (CLP). At the end of the CLP, couples are invited to dedicate themselves to a life in the Spirit as CFC members and actively participate in the Church.

If you are interested, please contact: Buddy or Chris Gaspar
Phone: 250-661-9682 / 250-661-8429
Email: Chris24gaspar@yahoo.com

Enjoy Singing? Craving Community?

Voices in Motion is an intergenerational choir for adults with memory loss, their caregivers, friends, and students. No previous singing or choir experience required! ViM's new Music Director, Annika Sauser, provides welcoming, inspirational leadership.

Our 2025 season begins from Sep 17 & 19:

Wednesdays, 2:15 pm: Sacred Heart Church

Fridays, 10:30 am: UVic Multi-Faith Centre

All Are Welcome

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2025 / 2026

Jeremy Côté Matthew Moodie Mary Moreau
Margaret Sasges Samantha Sherman Rick Perez de Tagle
Edgar Tan Jr. (Chair) Merwin Thengil

Richard Byeon (Korean Representative)
Sonny Huynh (Vietnamese Representative)
Anjali Aniyan (Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Parish Office: sacredheart@rcdvictoria.org



LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Altar Servers
Extraordinary Ministers

Floral Ministry
Lectors
Music Director
Pastoral Care Ministry
Ushers

Video Streamers
Sacristan

Rafael Oei

Karla Montano
Marilyn Turner,
Mae Tan
Eduardo Bautista
Stan Dzbik
Rafael Oei
Lynda Tan
Marisa Tinsay
Lynda Tan
Peter Liem
Sylvain Leclerc

PARISH GROUPS

Christian Meditation
C.W.L. / Prayer Line
Knights of Columbus
Led By The Spirit Group
Moms & Tots
Funeral Receptions
Social Justice/D & P
St. Vincent de Paul

Margie Noonan
Denise Owen
Stan Dzbik
David MacIntyre
Genevieve Vuksic
Marilyn Turner
Stan Dzbik
Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or
call 1-866-892-3737

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