



# Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1  
250-479-1611 | [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org) | [sacredheartvictoria.com](http://sacredheartvictoria.com)

## \* Baptism of the Lord | 11 January 2026 \*



We welcome our Homilist for this weekend,

**Fr. Francis Jose Cruz, C.M.**

from the 'Congregation of the Mission', founded by St. Vincent de Paul.

*Thank you for a meaningful and beautiful  
Christmas Season*



**The Equality of Love**  
Jean Allen

As the Lord of all creation, does Jesus think he's better than us? What if he doesn't? Would that make a difference as to how you relate to him? It's something to deeply ponder because at the beginning of his public ministry, he did not count himself as better than anyone else.

Jesus is in such solidarity with us humans that he insisted that he be baptized by John 'to fulfill all

righteousness'. He didn't deem himself better than us; he didn't feel embarrassed to submit to a sacrament of cleansing that he didn't need. He wanted to be one with us in all ways, as God was calling him to do. That was the righteousness he was fulfilling: willingly submitting fully to God's plan and mission. Those of us who were baptized as infants couldn't make a conscious decision to submit fully to God's will, plan and mission for our lives but we have had a plethora of opportunities since to consciously submit ourselves to God. Every time we participate in a baptism, we are invited to renew our baptismal vows and we should be very aware of what we are doing and who we are consecrating ourselves to. It should also make us very aware that Jesus considers himself one of us. He never at any time acted as if he was better or deserved more than anyone else and he is very blessed when we treat each other the same way we treat him. "Whatever you do to the least of my brothers and sisters, that you do to me."

It's easy to just rip off the replies to the baptismal vows without much thought but it actually could be a very enlightened time for us all. A whole church full of people are re-presenting their baptisms – making their baptisms present again. A whole church full! I think that if we all listened very carefully and openly at that time, we would hear something amazing. It would be the voice of God saying,

*"These are my daughters and sons, my Beloved,  
with whom I am well pleased!"*

## LITURGICAL YEAR A

### Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm

### Sunday:

English Mass 9:00 am  
Syro-Malabar Rite 11:00 am  
Korean 3:00 pm  
Vietnamese (1st & 3rd Sundays) 5:30 pm

## Weekday Masses English Masses

Tuesday 11:00 am  
Wednesday 11:00 am  
Thursday 11:00 am  
Friday 11:00 am  
After Mass, Exposition with Benediction at 1:30 pm

## Korean Masses

Wednesday (Resumes on Thursday) No Mass  
Thursday February 12, at 10 am No Mass

## RECONCILIATION

Tuesday to Friday 10:30 am to 10:50 am  
Saturday 3:00 pm to 3:45 pm  
Sunday 8:15 am to 8:45 am

## Parish Office Hours

**Tuesdays to Fridays  
9:30 am to 3:00 pm**

Closed on Mondays, Saturdays, and Sundays

If you would like to register or volunteer for a ministry, please send an email to [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:

E. [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

P. 250-479-1611

[Sacred Heart Parish Website](http://Sacred Heart Parish Website) >



## Collection of Palms



It's time once again to collect palms to be burned for use on Ash Wednesday on February 18. Please bring in your palms from next Sunday, and leave them in the container in the church foyer.

**Deadline:  
Sunday, February 8.**



**Today marks the last day of the  
Christmas Season.**

Hope you had a lovely and meaningful Christmas.





## Please Pray For

### Those who have died:

Tony and Dody Archer, Martin Echtner,  
Marko Kardum, Marcel Nolin, and Paul Spencer.

### Those who are ill:

Irene Anna, Dan, Jon A, Kris Balanda, Jacobus B,  
Irene C, Patricia C, Cora C, Lesley D, Kathleen G, Derek L,  
Lisa L, Kevin L, Ed O, Fiona O, Will P, Davide R,  
Willy S, Gaspar S, Valerie S, Cathy T, & Ornella T.

## Options to Donate

### E-Transfer:

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

### Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.



If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

## Thank you for your contributions!

### January 3 & January 4, 2026

Envelopes \$ 1,777.00

Cash \$ 396.00

**Total \$ 2,173.00**

### January 1, 2026

Envelopes \$ 1,095.00

Cash \$ 832.20

**Total \$ 1,227.20**

### December 27 & December 28, 2025

Envelopes \$ 1,260.00

Cash \$ 282.85

**Total \$ 1,542.85**

### December 24 & December 25, 2025

Envelopes \$ 2,802.00

Cash \$ 1,700.55

**Total \$ 4,502.55**

### December 20 & December 21, 2025

Envelopes \$ 3,884.00

Cash \$ 229.00

**Total \$ 2,278.55**

Christmas Offering \$ 335.00

Building Fund \$ 900.00

### December 2025

**E-transfers \$ 6,290.00**

**PAD \$ 6,145.00**

**Canada Helps \$ 2,033.02**

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

*Fr. Shijo's Homilies*  
are available on our Parish Website  
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



## Eternal Rest Grant Unto

**Marcel Nolin** (30 December 2025)

*O Lord, and let Perpetual Light Shine Upon him.*

*May his soul rest in peace. Amen.*

**Funeral Mass: 11 am, Saturday, January 31, 2026**



**Ordinary Time begins again  
from Monday ...**

## What is Ordinary Time?

GREEN, the colour of Ordinary Time, tells us about its significance in the Church's life. It is the colour of growth and new life.

After the celebration of the Feast of the Baptism of the Lord, Ordinary Time begins. Ordinary does not mean plain. The name comes from "ordinalis" meaning "showing order, denoting an order of succession"; the listing of ordinal, or sequential, numbers: to the order of the counted weeks, referring to the order of Sundays in the church year that do not fall into the major liturgical seasons of Advent, Christmas, Lent, or Easter.

In the Catholic church, the season of Ordinary Time consists of 33 or 34 weeks and is divided into two parts. The Roman Missal – Third Edition instructs that Ordinary Time "begins on the Monday following the Sunday after January 6 and continues until the beginning of Lent; it begins again on the Monday after Pentecost Sunday and ends on the Saturday before the First Sunday of Advent." Prior to the liturgical reforms of the Second Vatican Council, these periods on the calendar were referred to as "the season after Epiphany" and "the season after Pentecost." Although Ordinary Time takes place in two parts, it is still considered a single season.

Ordinary Time after the Baptism focuses on the early life and childhood of Christ, and then on His public ministry.

The second period of Ordinary Time is the longest liturgical season. Ordinary Time resumes after Pentecost and runs until the final Saturday before Advent. This period of Ordinary Time focuses on Christ's reign as King of kings, and on the age of the Church. This is the age we live in now; the time between the age of the Apostles and the age of Christ's second and final coming for which we are preparing. The final Sunday in Ordinary Time is the Feast of Christ the King.

The liturgical year is about growing in relationship with Jesus Christ. The richness of Ordinary Time is found in the opportunity to know Christ more intimately in the everyday realities of life. The gospel readings proclaimed on these Sundays reveals the teaching and healing and mission of Christ, allowing us to better understand God who became human. We learn that Christ is about humility rather than pride, vulnerability rather than power. We learn that Christ is about including the excluded, eating with social and religious outcasts, and dismantling structures of sin and injustice. We learn that Christ is about self-giving love that is only possible through authentic relationship. Ordinary Time is anything but monotonous. It is a time of conversion where we grow into who we are called to be by imitating the lived reality of Jesus.

[Online accessed, 6. 7 January 2026:

<https://uscatholic.org/articles/202306/what-is-ordinary-time/>  
<https://www.peterboroughdiocese.org/en/get-involved/liturgical-calendar.aspx>  
<https://blackburnsouth.org.au/item/2-understanding-ordinary-time/>





## Society of St. Vincent de Paul

After Jesus was baptized, the Spirit of God descended like a dove and a voice was heard "This is my beloved Son, with whom I am well pleased." As we give to the poor, we will also hear these same words uttered to us. Have you considered joining the Society of St. Vincent de Paul so that you can live your Baptism more fully? To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

For information, please call our Social Concern Office: 250-727-0007 ext 1.

To donate online, specify "Sacred Heart Parish" [https://give-can.keela.co/ssvp\\_donation\\_form](https://give-can.keela.co/ssvp_donation_form)

Make cheques to: "Society of St. Vincent de Paul".



## 2026 Donation Envelopes

ARE IN THE FOYER FOR PICK UP.

Assigned Donation Envelopes are needed for us to be able to issue a tax receipt to you each year. If you are a new parishioner or would like a box of donation envelopes, please contact the Parish Office: 250-479-1611 or email [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org).

**PLEASE DICARD YOUR OLD DONATION ENVELOPES AND DO NOT USE ANY ENVELOPES FROM PAST YEARS. Some numbers have been re-assigned.**

Please inform the Parish Office if you have a change of address. For PAD users, when using the Special Envelopes for additional donations, please clearly write your name and address.

**Thank you.**



The Knights of Columbus Sacred Heart Council invites all men to the next

## Knights of Columbus COR Meeting

7:30 pm, Tuesday, January 13  
Pope John Hall, next to the Rectory

**Topic: "How to Become an Everyday Missionary".**

All Knights, male parishioners, and friends are welcome to attend.



## 2025 Annual Bishop's Appeal *Love & Unity*

***Thank you, parishioners!***

*Thank you for contributing to the Bishop's Appeal, and helping the parish to meet and exceed our goal.*

**Our Parish goal is \$45,500.00**

**Contributions as of year end 2025: \$49,238.00**

**Number of Gifts: 146 / 108.22%**



## From the Diocese

**WEEK of  
PRAYER  
for CHRISTIAN UNITY  
2026**

There is One Body  
and One Spirit ...  
... One Hope  
of your calling,



Every year, from January 18 to January 25, Christians around the world come together to observe the Week of Prayer for Christian Unity. The theme for the 2026 Week of Prayer for Christian Unity is: "There is one body and one Spirit, just as you were called to the one hope of your calling" (Ephesians 4:4); exemplifying the divine unity central to our mission and is sustained by the profound love of Jesus Christ. This year, the prayers and reflections for the Week have been prepared by the Armenian Apostolic Church, with their Armenian Catholic and Evangelical Churches.

### Ecumenical Service

**Evensong, 4 pm, Sunday, January 25  
Christ Church Cathedral, Victoria**

A reception will follow. All are welcome

## Young Catholic Women

**express your joy and love of God through art!**

**Deadline: January 15, 2026**

Open to all Catholic women using watercolour, charcoal, acrylics, oil, and pencil crayon only. Artwork are to have a spiritual theme: nature, animals, and portraits.

First place awards for ages: 10-17, 18-25, 26-35.

Winners will be announced in June at the BC/Yukon convention.

Please email the original art with your name, address, phone number, age and email address to [pastpresident@bcyukoncw.com](mailto:pastpresident@bcyukoncw.com)



## PASTORAL CARE TRAINING SESSION

9:30 am to 12 pm  
Jan 24 to Mar 28  
(No session, Mar 7)



Nine sessions will be held via Zoom on Saturday mornings. You will receive a Certificate of Completion if all sessions are attended.

**Please register through your local parish by  
January 15, 2026.**

For further information, please email [moiraking@shaw.ca](mailto:moiraking@shaw.ca)

## Care of the Dying

***A Catholic Perspective:  
What Family Members Need to Know.***

This pastoral guide offers practical information, from a Catholic perspective, for families facing the death of a loved one. Please share its guidance and message of faith, hope, and eternal life.

Download at: <https://www.rcdvictoria.org/care-of-the-dying>



## Prayer in the Style of Taizé

**Holy Cross Catholic Church**

6:00 pm, January 16, February 20 and March 20

You are invited to join in the ecumenical prayer in the Style of Taizé at Holy Cross Catholic Church. There will be scripture, music, prayer, and silence.

**Everyone is very welcome.**

## Pastor, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

## Korean, Fr. Marco Park

[dkpark@rcdvictoria.org](mailto:dkpark@rcdvictoria.org)

## Syro-Malabar, Fr. Shijo George

[sgeorge@rcdvictoria.org](mailto:sgeorge@rcdvictoria.org)

## Vietnamese, Fr. Michael Tran

[michaeltran@rcdvictoria.org](mailto:michaeltran@rcdvictoria.org)

## Hospital Chaplain, Fr. Sean Flynn

250-889-3761

## Parish Administrative Assistant

Katherine Newton: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## Parish Liturgy Coordinator

Rafael Oei: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

## RMSE Coordinator

Sindhu Merwin: [sacredheartmse@gmail.com](mailto:sacredheartmse@gmail.com)

## PARISH PASTORAL COUNCIL 2025 / 2026

Jeremy Côté      Matthew Moodie      Mary Moreau  
Margaret Sasges      Samantha Sherman      Rick Perez de Tagle  
Edgar Tan Jr. (Chair)      Merwin Thengil

Richard Byeon      (Korean Representative)  
Sonny Huynh      (Vietnamese Representative)  
Anjali Aniyan      (Syro-Malabar Representative)

## PARISH MINISTRIES & GROUPS

Parish Office: [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)



## LITURGICAL MINISTRIES & POSITIONS

### Parish Liturgy Coordinator

Altar Servers  
Extraordinary Ministers

Floral Ministry  
Lectors  
Music Director  
Pastoral Care Ministry  
Ushers

Video Streamers  
Sacristan

### Rafael Oei

Karla Montano  
Marilyn Turner,  
Mae Tan  
Karla Montano  
Stan Dzbik  
Rafael Oei  
Lynda Tan  
Lynda Tan  
Miriam Podmoroff  
Peter Liem  
Sylvain Leclerc

## PARISH GROUPS

Christian Meditation  
C.W.L. / Prayer Line

Knights of Columbus  
Led By The Spirit Group  
Moms & Tots  
Funeral Receptions  
Social Justice/D & P  
St. Vincent de Paul

Margie Noonan  
Margot McLaughlin  
Miriam Podmoroff  
Stan Dzbik  
David MacIntyre  
Genevieve Vuksic  
Marilyn Turner  
Stan Dzbik  
Georgina Short

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,  
religious, employee, or volunteer, visit  
[RCDVictoria.org/Responsible-Ministry](https://RCDVictoria.org/Responsible-Ministry)  
or call 1-800-968-3146

To report sexual abuse or cover-up  
by a Catholic Bishop,  
visit [BishopReportingSystem.ca](https://BishopReportingSystem.ca) or  
call 1-866-892-3737

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