



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

60
Years at
Nelthorpe

* 23rd Sunday in Ordinary Time | 7 September 2025 *



Happy 60th
Anniversary!

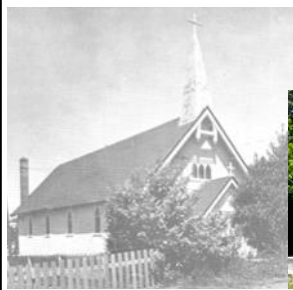
**Celebrating Sacred Heart Parish's
60th year at Nelthorpe Street**

September 5, 1965 to September 5, 2025.

**Heartfelt gratitude and thanks
to Bishop Gary Gordon for celebrating the 4 pm Mass
with us on Saturday, 6 September,
and to all pastors, parishioners, benefactors, volunteers, and families
for 60 years of grace and blessings!**

Love from the 60th Anniversary Committee

Fr. Shijo George, Lorraine Van Dyk (Chair),
Marilyn Bojko, Jeremy Côté, Jim Haffey,
Ben Pires, Edgar Tan Jr.



Hate. Such a harsh word and in this day and age where hate is often a crime, this week's Gospel is disturbing. Was Jesus really advocating hate as an acceptable part of the spiritual walk?

I think not. The Aramaic word for 'hate' (sna) has several meanings and one that fits Jesus's usual perspective the best is 'to put to one side'. Think about it. Jesus didn't hate his Mother or his family or critical people he met along the way; he didn't even hate the Pharisees. But he also did not allow anyone to interfere with his commitment to follow his Father. He let go of people and possessions that had the potential to distract him and muddy his vision.

In Hebrews it says, "...let us also lay aside every weight..." When we think of possessions, we think of material stuff that we own. However, we have more than material possessions that weigh us down. How about your set-in-stone opinions? What about that resentment you've been carrying around? Could that discomfort with some people around you be a weight you very much need to set aside? We tend to possess and use our dogmas and laws in ways that hurt others. Can you let those go enough to just love without judgement? Have you ever estimated the true cost of building a spiritual tower to welcome people in, not one to keep them out?

The Gospel says that a large crowd was following Jesus when he talked about picking up their crosses to follow him – a shocking image for them. He hadn't gone to the cross yet so they were not aware of what the image meant for Jesus or for Christians after the fact. He may have been letting people know that following him was not going to be a picnic of miracles or political domination. Following him had implications of serious decisions. Those who were there for bread and miracles had to make a serious decision right then and there. He was not inviting people to coast lightly on a 'pretty good' life.

Have you made a serious decision or are you coasting?

Fitness Test

by Jean Allen



LITURGICAL YEAR C

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar Rite 11:00 am
Korean 3:00 pm
Vietnamese (1st and 3rd Sundays) 5:30 pm

RECONCILIATION

Saturday 3:00 pm to 3:45 pm
Sunday 8:15 am to 8:45 am

Weekday Masses

English Masses

Tuesday 11:00 am
Wednesday 11:00 am
Thursday 11:00 am
Friday (Sep 12: The Most Holy Name of Mary) 11:00 am
Adoration after Mass, with Benediction at 1:30 pm

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Parish Office Hours

**Tuesdays to Fridays
9:30 am to 3:00 pm**

Close: Saturdays, Sundays, and Mondays

If you would like to register or volunteer for a ministry, please send an email to sacredheart@rcdvictoria.org

**For Baptism, Marriage, Funerals,
and Anointing of the Sick**

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >



Welcome back from the Summer Break!

Now that you are back, please consider volunteering for a ministry to participate in Sacred Liturgy in a meaningful way. The list is on the back page of the bulletin. Please contact the Parish Office.



Distribution of the Precious Blood of Christ

Receiving the Precious Blood is optional. Please remain standing, bow, sip (no dipping), and move on. Kindly follow the guidance of the Ushers.

Thank you.



Please Pray For

Those who have died:

Paquito Aguila, Mary Chee,
Alice, Joe Sr. & Joe Jr. de Lima, Philip McLaughlin,
Sixto Pongos, and Bill & Irene Taratuta.

Those who are ill:

Jon A, Jacobus B, Patricia C, Cora C, Maureen D,
Lesley D, Kathleen G, Margaret Gustafson, Derek L, Lisa L,
Lidia Moodie, Will P, Dino R, Davide R, Willy S, Gaspar S,
Valerie S, Cathy T, Maria T, Ornella T, Louise Whitley.



Eternal Rest Grant Unto

Sheila Ayres (24 August 2025)

+ ***Funeral Mass: 11 am, Friday, 19 September +***

***O Lord, and let Perpetual Light Shine Upon her.
May her soul rest in peace. Amen.***



We are looking for youth ready and willing to serve our Lord as **Altar Servers**. If you have been Confirmed and have received your First Holy Communion, participate actively and be an Altar Server!

We are also looking for volunteers to serve in our hospitality ministry as **Ushers**, especially for our Saturday anticipated Masses.

If you feel called to serve as **Extraordinary Ministers of Holy Communion** or the **Pastoral Outreach Homebound Ministry**, please contact us as well. We will be happy to hear from you.

Please contact the Parish Office at
250-479-1611 or sacredheart@rcdvictoria.org

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.



If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

Thank you for your contributions!

August 2025

PAD \$ 5,845.00

E-Transfer \$ 995.00

Canada Helps \$ 881.87

August 30 & August 31, 2025

Envelopes \$ 1,441.90

Cash \$ 316.00

Total \$ 1,757.90

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

Fr. Shijo's Homilies
are available on our Parish Website
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



Parish Holy Doors Pilgrimage

organized by Sacred Heart Parish
for parishioners

Saturday, 27 September 2025

(Times are an estimate)

7:15 am to 7:45 am Confessions

8:00 am Leaving by air-conditioned coach

9:30 pm Return to the parish



Cost: \$50

We thank the Diocese of Victoria for the grant that has helped to bring the cost of this pilgrimage down.

Bring your own lunch. Dinner will be included.

We thank all the pilgrims who registered for this pilgrimage.

If you were unable to make it this time, please give, your prayers and petitions to the Parish Office and it will be offered on your behalf at the Holy Doors.

A grateful thank you, also to the planning committee, who worked hard to put this pilgrimage together:

Jeremy Côté, Felipe Edora,
Isme Liem, Peter Liem, Neil Lundin,
Samantha Sherman, Angela Spencer, Marisa Tinsay

Please Note:



There will be no regular Weekday Masses from
Tuesday, 16 September to Tuesday, 23 September.
Fr. Shijo George will be away on Retreat.



THE MOST HOLY NAME OF MARY

12 September

While this feast has been celebrated since 1684 when Pope Innocent XI included it in the General Roman calendar, it actually dates back to 1513, with celebrations held in Spain. The entry in the Roman Martyrology about the feast speaks of it in the following terms, "The Holy Name of the Blessed Virgin Mary, a day on which the inexpressible love of the Mother of God for her Holy Child is recalled, and the eyes of the faithful are directed to the figure of the Mother of the Redeemer, for them to invoke with devotion".

Before the Battle of Vienna in 1683, John III Sobieski placed his troops under the protection of the Blessed Virgin Mary. In the following year, to celebrate the victory, Pope Innocent XI inserted the feast into the General Roman Calendar, assigning it the Sunday within the octave of the Nativity of Mary, which is on September 8.

And so, to honour the name of Mary, the Blessed Virgin Mary, Mother of Jesus our Saviour, this tradition continues. There is wisdom in honouring the mother of Jesus, as she is our spiritual mother as well; and will lead you to her Son.

[Online accessed, 28 August 2024:

<https://www.newmanministry.com/saints/feast-of-the-holy-name-of-mary>]



UVIC & CAMOSUN

Students, connect with the Catholic community at UVic or Camosun College, the Catholic Student Association and Catholic Christian Outreach!

Contact Fr. David Shulist, S.J., the Diocesan Campus Chaplain at
dshulist@uvic.ca / 778-350-1002
or through the UVic Multifaith Centre at 250-721-8338.



Sacred Heart Sacramento Preparation Classes

Classes for children Grades 2 and up.
Adult Volunteers are needed to help with the Sacramento Preparation classes.

Registration Forms are available in the church foyer and the parish website at:

<https://sacredheartvictoria.com/docs/FF%202025%202026%20Registration%20Form.pdf>

Please submit the Registration Forms to the Parish Office. For more information, please contact the Parish Office at sacredheart@rcdvictoria.org



Annual Strollerthon

Saturday, September 20!

Isabelle Boutin, and Mary and Joseph Moreau from our parish will be walking and would love to have your support! Meet Mary and her son, Joseph at the back of the church after Mass on Sunday, September 14, to receive donation pledges. Pledges can also be dropped in the collection plate or left at the Parish Office (clearly labeled "Birthright Strollerthon" with your mailing address you want a charitable receipt).

Thank you for your support.



CWL Garage Sale!

Saturday, October 18

You are invited to the CWL's 4th Annual Community Garage Sale on Saturday, October 18th.

Table rentals are \$30 each.

Please contact Miriam for more details: mirpod@yahoo.com



The Next Knights of Columbus COR Meeting

7:30 pm, Tuesday, September 9
Pope John Hall

The Knights of Columbus Sacred Heart Council invites all men to their next "Cor" gathering on Tuesday, September 9, at 7:30 pm in the Pope John Hall, next to the Rectory.

The topic will be "Active Participation in the Mass".

All Knights, male parishioners and friends are welcome to attend.



Society of St. Vincent de Paul

The Sacred Heart Conference of the Society of St. Vincent de Paul invites you to a Pasta Dinner Fundraiser in our Parish Hall on October 4 at 5 pm to support our Downtown

Food Pantry which has an 18% increase in visits compared to last year.

Entrance is by donation at the door – reservation required

Reserve your spot after Mass or at the Parish Office.

You are also welcome to volunteer at the event or attend our next meeting Saturday September 13 at 10 am at the Pope John Hall

For more info contact: isme.svdpvictoria@gmail.com

To donate online, specify "Sacred Heart Parish"
https://give-can.keela.co/ssvp_donation_form

Make all cheques to:
"Society of St. Vincent de Paul".

To join the Society, please contact Georgina:
mgvshort@telus.net or call 250-727-2615



From the Diocese

PASTORAL CARE TRAINING SESSION

9 am to 12 pm, Sep 27 to Nov 29
(No session on Oct 11: Thanksgiving)



"God calls us to touch the lives of our aging, lonely, ill, palliative and dying sisters and brothers with accompaniment, kindness and compassion as the hands and face of Christ. In these sessions, you learn basic tools necessary to accompany those who are in need of the healing ministry of Christ." – Most Reverend Gary Gordon, Bishop of Victoria

Nine sessions will be held via Zoom on Saturday mornings. You will receive a Certificate of Completion if all sessions are attended. You will require a phone number and email address, a computer, tablet or Smart Phone with speakers, microphone and webcam, a reliable Internet connection, and access to Zoom.

Please register through your local parish by September 19, 2025. For further information, please email moiraking@shaw.ca

World Wide Marriage Encounter

Oct 24 to 26, 2025, Fraser Valley

Rekindle your romance, deepen your connection, and strengthen your relationship.

Register by September 11 for the early bird rate; Final registration, October 11

<https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter>



6th Annual Mass for Our Lady of Penafrancia

Saturday, September 13, 10:30 a.m.

Celebrant: Fr. Vince Borre
St. Patrick's Parish, Victoria

Celebrate faith, tradition, and community in a beautiful gathering of devotion with one of the Philippines' most vibrant celebrations, drawing millions of visitors every September to honour Our Lady of Penafrancia. The Bicolanos of Vancouver Island invites everyone to the 6th annual Eucharist Celebration of unity, with a potluck lunch to follow.

Come and let your spirit soar! Viva La Virgen!

"Not in My City!" Seminar

Respect Life Ministry, 9 am to 3 pm, Saturday, September 27
St. Andrew's Cathedral, Seghers Hall

Canada is a child sex trafficking destination; and most Canadians and members of Churches cannot believe it.

Courageous speakers: John MacCormick & Robert Deacon of St. Andrew's Cathedral's Break Free Ministry; Cathy Peters, featured speaker and author of "Child Sex Trafficking in Canada and How to Stop it"; Kathryn Lacerte of Moose Hide Campaign (Highway of Tears); and Brian Rae of Wilber.

Open to everyone, to increase protection and safety amongst vulnerable children. Registration is \$25 per person and includes a light lunch. Please register through St. Andrew's Cathedral parish office: <https://www.standrewscathedral.com/contact-us>

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2025 / 2026

Jeremy Côté

Margaret Sasges

Edgar Tan Jr. (Chair)

Matthew Moodie

Samantha Sherman

Merwin Thengil

Mary Moreau

Rick Perez de Tagle

(Korean Representative)

Sonny Huynh

Anjali Aniyan

(Vietnamese Representative)

(Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Parish Office: sacredheart@rcdvictoria.org



LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Altar Servers

Extraordinary Ministers

Floral Ministry

Lectors

Music Director

Pastoral Care Ministry

Ushers

Video Streamers

Sacristan

Rafael Oei

Karla Montano

Marilyn Turner,

Mae Tan

Eduardo Bautista

Stan Dzbik

Rafael Oei

Lynda Tan

Marisa Tinsay

Lynda Tan

Peter Liem

Sylvain Leclerc

PARISH GROUPS

Christian Meditation

C.W.L. / Prayer Line

Knights of Columbus

Led By The Spirit Group

Moms & Tots

Funeral Receptions

Social Justice/D & P

St. Vincent de Paul

Margie Noonan

Denise Owen

Stan Dzbik

David MacIntyre

Genevieve Vuksic

Marilyn Turner

Stan Dzbik

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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