



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com



Hope

* *First Sunday of Advent* | 1 December 2024 *



Christmas Season 2024

Thu, Dec 19	6:30 pm	Advent Reconciliation Service
Tue, Dec 24 Christmas Eve	4:00 pm	Children's Pageant & Carolling
	4:30 pm	Children's Mass in English
	6:30 pm	Carolling (before the English Mass)
	7:00 pm	Mass in English
	8:30 pm	Mass in Korean
	10:00 pm	Syro-Malabar Rite Mass
Wed, Dec 25 Christmas Day	11:00 am	The Nativity of the Lord in English
	5:30 pm	The Nativity of the Lord in Vietnamese
Fri, Dec 27	5:00 pm	An Evening of Carols
Sat, Dec 28 Holy Family	4:00 pm	Anticipated Mass in English
	7:00 pm	Syro-Malabar Rite Mass
Sun, Dec 29 Holy Family	9:00 am	Mass in English
	11:00 am	Syro-Malabar Rite Mass
	3:00 pm	Mass in Korean
Tue, Dec 31 New Year's Eve	6:00 pm	Mass (Thanksgiving for 2024)
	9:30 pm	Syro-Malabar Rite Mass
Wed, Jan 1 Solemnity of Mary, Mother of God	11:00 am	Mary, Mother of God in English
	3:00 pm	Mary, Mother of God in Korean
	5:30 pm	Mary, Mother of God in Vietnamese



LITURGICAL YEAR C

Saturday:

English Mass (Anticipated Sunday Mass)	4:00 pm
Syro-Malabar Rite Mass	7:00 pm

Sunday:

English Mass	9:00 am
Syro-Malabar Rite Mass	11:00 am
Korean	3:00 pm
Vietnamese (1st and 3rd Sundays)	5:30 pm

RECONCILIATION

Saturday	3:00 pm to 3:45 pm
Sunday	8:15 am to 8:45 am

Weekday Masses

English Masses

Tuesday to Friday	11:00 am
Friday: Adoration after Mass	
Benediction	1:30 pm

Korean Masses

Wednesdays	7:30 pm
Thursdays	10:00 am

Memorials and Feast Days coming up

When in Red: Major Feast with Gloria

Tue.	Dec 3, 11 am	: St. Francis Xavier
Thu.	Dec 12, 11 am	: Our Lady of Guadalupe
Fri.	Dec 13, 11 am	: St. Lucy
Wed.	Dec 25, Nativity of the Lord	(see schedule)
Thu.	Dec 26, 11 am	: St. Stephen
Fri.	Dec 27, 11 am	: St. John

Parish Office Hours

Tuesdays to Thursdays
9:30 am to 3:00 pm

Closed: Saturdays, Sundays, and Mondays.

**The Parish Office will be closed
for the Christmas Season from
25 December 2024 to 8 January 2025
Have a blessed & joyful Christmas!**

If you would like to register or volunteer for a Ministry,
please send an email to sacredheart@rcdvictoria.org

**For Baptism, Marriage, Funerals,
and Anointing of the Sick**

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >

For your convenience, QR codes are
now located around the church.



60th Anniversary Celebrations

The first Mass for Sacred Heart Parish that was celebrated in this location on Nelthorpe Street was on September 5, 1965. To commemorate that event, we will celebrate the 60th Anniversary of that Mass next year. The Sacred Heart Parish Pastoral Council is looking for volunteers to organize events leading up to, and on the anniversary day. If you are, or know someone who may be interested to volunteer and contribute to the celebrations, please contact the Parish Office.

Bring your ideas and let us work together to make this event a memorable one. We thank all who have sent their ideas, suggestions, and who have volunteered.

Thank you!

Please pray for:

Those who have died

Bella & Sergio Campos, Mary & Kevin Loughran, Janet Loughran, Evo & Maria Martinez, Maria Melo, Antonio Pimentel, Lucy Rea, Bruno Rinaldo, Souls in Purgatory, and Jose Remedios.

Those who are ill

Mary-Lee A, Skarlet, Jon A, Patricia C, Cora C, Lesley D, Laverne Knapik, Kathleen G, Gwen J, Derek L, Lisa L, Diane L, Rafael M-Duke, Edvige P, Davide R, Gaspar S, Valerie S, Cathy T, and Maria T.



Society of St. Vincent de Paul

As we begin Advent we are called to "wait" in joyful anticipation for the grace of Christmas to bless our lives. Please make a gift to bring them faith and hope!

To join the society, please contact Georgina:

mgvshort@telus.net or call 250-727-2615

Donate online and specify "Sacred Heart Parish":
<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>

All cheques: "Society of St. Vincent de Paul".



Join the CWL!

To all ladies of Sacred Heart Church. We invite you to renew your CWL membership for 2025 or to consider joining as a new member. CWL representatives will be available before and after mass on Nov 30, Dec 1st, 7 and 8 to answer your questions and take your membership.

Contact Denise for more information or to register:
deniseowen@shaw.ca / 250-580-0066.



Flowers for Christmas Decorations

Donations toward our Flower Fund are now welcome. Donation envelopes are available in the church foyer.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



Thank you for your contributions!

November 23 to November 24, 2024

Envelopes \$ 2,620.00

Cash \$ 238.00

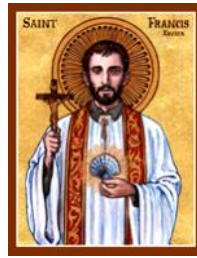
Total \$ 2,858.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

Fr. Shijo's Homilies

Now available on our Parish Website

<https://sacredheartvictoria.com/sacred-heart-homilies.html>



St. Francis Xavier

3 December

St. Francis Xavier was born April 7, 1506 in Xavier (Javier) Castle near Sangüesa, Navarre, Spain, died December 3, 1552 on Shangchuan Island, China. He was canonized on March 12, 1622. St. Francis Xavier was the greatest Roman Catholic missionary of modern times, establishing Christianity in India, the Malay Archipelago, and Japan. On August 15, 1534, he pronounced final vows in Paris, as one of the first seven members of the Society of Jesus, or Jesuits, under the leadership of St. Ignatius of Loyola. Francis was ordained a priest on June 24, 1537.

On March 15, 1540, Francis left Rome for the Indies. Francis spent the next three years on the southeast coast of India among the Paravas, simple, poor pearl fishers, baptizing about 20,000. Using a small catechism he translated into Tamil, Francis travelled from village to village instructing and confirming them. Shortly after, on the southwest coast, he baptized 10,000 Macuans in the last months of 1544. In the fall of 1545, Francis travelled to the Malay Archipelago, to Malacca; founding missions among the Malays and headhunters in the Spice Islands, Moluccas. In 1548, he returned to India, to develop the College of Holy Faith into a centre to educate native priests and catechists for the diocese of Goa which stretched from the Cape of Good Hope, Africa, to China.

On August 15, 1549, Francis travelled to Japan. His first letter from Japan revealed his enthusiasm for the Japanese: "the best people yet discovered." By 1551, Francis left 2,000 Christians from five communities in Japan to his companions. On December 3, 1552, Francis died on the island of Sancian, Shangchuan, off the Chinese coast, as he attempted to secure entrance into the country.

[Online accessed 25 November 2024: <https://www.britannica.com/biography/Saint-Francis-Xavier>]

Advent: Are You Drunk?

by Jean Allen



"Be on guard so that your hearts are not weighed down with dissipation, drunkenness and the worries of this life." I was struck by the fact that Jesus lumped 'worries of this life' in with dissipation and drunkenness. It would seem that, when it comes to living life with great spiritual awareness and alertness, just living a clean and sober life is not the end goal we thought it was. We also need to be aware that the worries of this life can also pull us into a state of unawareness equivalent to the obliviousness of someone lying in a drunken stupor.

I get it. When we become worried and anxious about anything in life, the hardest thing in the world is to access our hope and trust in the Lord. It's like our minds get drunk on past pitfalls and chaotic future possibilities and these thoughts feel far more real than the truth that God is our rock and high tower. The worries of this life are almost always based on the past and anchored in the future and we feel more in control when we chew on these things. The present moment, where God actually dwells, starts to feel totally bogged down – an unpleasant and insecure place in which to stay. Dissipation is rampant. Our trust, faith and spiritual focus are squandered. Dwelling in the past or the future is a kind of self-indulgence.

That's a difficult place to get out of! The trick is to be aware when it's starting to happen and understand that the worries of this life are what drag us under if we don't keep a solid eye on our God of the Present Moment and develop a habit of refusing to get drunk on the past or the future but, rather, stay with God where he is: right here, right now.

Advent is a time to readjust and shorten our sightlines. See him here.

See him now!

We thank parishioners who have already made their gift to the 2024 Sharing God's Gifts Appeal. Our goal can only be achieved through YOUR generosity. With the Canada Post strike, you may phone in your donations to 250-479-1331, donate online at www.rcdvictoria.org/bishops-appeal or hand-deliver to the Pastoral Centre. Our parish project is the installation of ventilation to our Confessional.

Parish Goal: \$ 44,000.00 Received: \$ 34,720.07 Number of Gifts: 108

**Bishop's Appeal
2024
Sharing
God's Gifts**

Children's Christmas Party



Saturday, December 21st
12 noon to 2 pm, Parish Hall
Hosted by The Knights of Columbus



Knights of Columbus Christmas Party

Friday, December 6, from 6:30 pm

Come for a potluck dinner, and enjoy Christmas Favours, Christmas Carols on video, and Santa Claus for the kids.

Please email perezdetagleoscar@gmail.com to tell us how many are attending and if you are bringing a main dish, salad, or dessert.



Thank you.



Parish Reconciliation Service

Thursday, 19 December at 6:30 p.m.

A number of priests will be available for Confessions.



Five Conditions of a Good Confession



1. Examination of Conscience
2. Repentance and remorse for one's sins: arising from faith and love of God.
3. Firmly resolve not to sin, or repeat a sin again.
4. Confess and disclose the sins to a priest.
5. Fully intend to make reparation, and do works of reparation for the sins.

ST. VINCENT DE PAUL Society
&
THE GREATER VICTORIA CONCERT BAND PRESENT

A Christmas Concert for Charity and Hope

SATURDAY 14 DECEMBER

12:30 - 2:30 PM
SACRED HEART PARISH HALL
4040 Nelthorpe St, Victoria, BC V8X 2A1

- Christmas carols
- Door prizes
- Refreshments

Admission by donation and non perishable food items will be accepted

63rd ANNUAL CHARITY APPEAL
For Council 15445

[Click here](#)

WIN \$100,000 in prizes including a 2024 Ford Escape Hybrid Grand Prize

PRIZES

1 st Prize	2024 Ford Escape Hybrid
2 nd Prize	\$25,000
3 rd Prize	\$10,000
4 th Prize	\$5,000
5 th to 14 th	\$1,000 each! → Early Bird Draws

TICKETS
1 for \$5
10 for \$25
50 for \$50



Anawim's 37th Annual Christmas Tree Fundraiser: Nov. 25th to Dec. 21st

On sale now Anawim House, 973 Caledonia Avenue.

Hours: Weekdays: 10am – 7pm Saturdays: 10am – 3pm Sundays: Closed

We also need new and gently used warm winter clothing. A decorated donation box will be in the church foyer to collect your donations. You may contact Anawim House directly at info@anawimhouse.com or phone 250-382-0283.



From the Diocese



St. Andrew High School
Advent Carol Concert and Raffle
7 pm, Wednesday, December 18th
School Gymnasium

Come celebrate the reason for the season with readings and music by the St. Andrew's Singers, Concert Band, and Jazz Band students. We will also have our annual Advent Raffle featuring gift baskets of chocolate, spa items, board games, Lego, and foodie gift cards.



Raffle tickets can be bought at the concert for your chance to win!

All are welcome!



Journey Through Advent

The Canadian Conference of Catholic Bishops is once again offering the online Journey Through Advent video series. As we prepare for the Nativity of Our Lord, it is hoped that the videos will be a source of spiritual comfort, peace, and meaningful preparation for all who watch them. This year's spiritual reflections will be led by the Most Reverend Frank Leo, Metropolitan Archbishop of Toronto.

To view the videos, please visit
<https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-advent/>.

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Mark Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko

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Jeremy Côté

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Will Podmoroff

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org



PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator

Altar Servers

Extraordinary Ministers

Floral Ministry

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Pastoral Care Ministry

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Chay Santos

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Stan Dzbik

Rafael Oei

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Marisa Tinsay

Lynda Tan

Peter Liem

PARISH GROUPS

Christian Meditation

C.W.L. / Prayer Line

Knights of Columbus

Led By The Spirit Group

Moms & Tots

Phone-tree

Funeral Receptions

Social Justice/D & P

St. Vincent de Paul

Margie Noonan

Margot McLaughlin

Stan Dzbik

David MacIntyre

Genevieve Vuksic

Elizabeth Olcen

Elizabeth Olcen

Stan Dzbik

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or
call 1-866-892-3737

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