

Father Alfredo: As we journey through Lent, let us seek the life that only Christ can give, bringing before God our prayers and needs.

For the Church, may Christ, who is the source of living water, continue to quench our thirst for righteousness, *let us pray to the Lord ... Lord hear our prayer.*

For our national and local leaders, may the Holy Spirit foster in them a thirst for peace and justice, especially for the weak and vulnerable among us, *let us pray to the Lord... Lord hear our prayer.*

For the people who call the Amazon their home, especially its indigenous and traditional peoples, that they may be heard, listened to, and supported in their defence of God's beautiful creation, *let us pray to the Lord... Lord hear our prayer.*

For all who struggle with sin and guilt or whose hearts are hardened by the challenges of life, may they experience the forgiving love of Christ, *let us pray to the Lord... Lord hear our prayer*

For the sick, especially those who are afflicted by the COVID-19 virus, and for those who care for them, *let us pray to the Lord...Lord hear our prayer.*

For all who have died, may they be welcomed into their glorious dwelling place in heaven, *let us pray to the Lord....Lord hear our prayer.*