



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1 | 250-479-1611 | sacredheartvictoria.com

** 1st Sunday of Lent | March 6th, 2022 **

The Rich Symbolism & Meaning in the Church's Liturgical Cycle that assists us in our journey of salvation.

Collecting blessed palms from the previous Liturgical Year, we use the symbol of the triumphant entry of Jesus into Jerusalem that begins Holy Week, and burn it to ashes for distribution on Ash Wednesday to begin the season of Lent in the next Liturgical Year. This reminds us that life is transient, and that we are on a pilgrim journey to eternity. The Lenten journey eventually brings us back to Holy Week, to collect the blessed palms again. Each gesture, symbol, and prayer in Sacred Liturgy is filled with purpose to focus our hearts and minds on God through each Church calendar as we live our daily lives.



The 2021-2022 Ordo (CCCB 2021, p 159) reminds us that the season and liturgies of Lent focuses on two themes: Baptism and Penance (reconciliation and conversion). Part of this sacred Lenten journey includes the preparation of catechumens for the celebration of Baptism, Confirmation, and Eucharist at the Easter Vigil. Lent also invites us as Baptized and Confirmed Catholics, through prayer, penance, and reconciliation during Lent, to prepare for the renewal of our Baptismal promises at Easter. All this, in anticipation of the highest point in the Church's calendar; the three-day memorial celebration called the Sacred Paschal Triduum, or the Easter Triduum that begins on Maundy Thursday and ends with the Easter Vigil on Saturday. To create the contrast on our journey to the light that conversion brings, the "Gloria" and "Alleluia" are not sung throughout Lent, flowers are absent from the Altar and its surroundings, and silence is observed to allow us to immerse ourselves in contemplation of Christ's Redemptive Sacrifice for us. This makes the proclamation and celebration of our Lord's Resurrection all the more glorious and triumphant. As St. Paul said: "If Christ has not been raised, your faith is futile and you are still in your sins." (1 Corinthians 15:17) Have a grace-filled and meaningful Lenten journey.

MASS TIMES

WEEKDAYS

Tuesday 6 pm
Wednesday to Friday 12 pm

WEEKENDS

Saturday 4 pm
Sunday 9 am
(Polish) 11:30 am
(Korean) 3 pm
Syro-Malabar Sat. 12:30 pm
(Please call the Parish Office)
Vietnamese Sun. 6 pm
(Please call the Parish Office)

RECONCILIATION

Saturday 3 pm
Sunday 8 am
(Polish) 10:45 am

Weekdays, half an hour before Mass.

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

Pastor of Sacred Heart Parish

Fr. Konrad Zaborowski, SDS
kzaborowski@rcdvictoria.org

Korean Pastor

Fr. Robert Ryu

youngjinryu0758@gmail.com

Polish Pastor

Fr. Konrad Zaborowski, SDS

kzaborowski@rcdvictoria.org

Syro-Malabar Pastor

Fr. Sajy Chakkittamuriyil

frsajy@gmail.com

Vietnamese Pastor

Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain

Fr. Sean Flynn 250-889 3761

During Lent

Silence will be observed before and after Mass.



Please also respect those who may be praying by observing silence in and around the church.

The Roman Missal Chants found on pp. 644 to 651 in the **Sunday Missal** will be sung during this season.

Stations of the Cross



Every Friday during Lent at 6 p.m.

followed by Confessions.

OFFICE HOURS (Tue-Fri)

9:30 am to 3:00 pm

Parish Administrative Assistant

Katherine Newton

sacredheart@rcdvictoria.org

Children's Religious Ed.

Coordinator: Lidia Moodie

religioused@sacredheartvictoria.com

Confessions are available throughout Lent
after the Stations of the Cross every Friday,
and before each Mass.

Five Conditions of a Good Confession



1. Examination of Conscience
2. Repentance and remorse for one's sins: arising from faith and love of God.
3. Firmly resolve not to sin, or repeat a sin again.
4. Confess and disclose the sins to a priest.
5. Fully intend to make reparation, and do works of reparation for the sins.

MASKS ARE REQUIRED DURING MASS



Please click here for the
[LATEST MEMO](#)
dated 17 February 2022
from Bishop Gary.



Please pray for:

Those who have died

*Rosalina & Manuel de Lima, Kok Mui Fong,
Anne & Joe Laramee, Jack McGinty,
and Mario Moccia.*

Those who are ill

*Cora Constantino, Therese Garahan,
Richard Grohovac, Joan Kenmare, Ken Louie,
Barbara Mulrooney, Bruno Rinaldo, and Patricia Ryan.*

The Catholic Women's League!

The CWL has been around since the 1920's and has met annually with all levels of government since the 1970's.

Join us as we support one another at Sacred Heart.

To become a member or if you have any questions, please contact Miriam: 250-652-6252.

Next General Meeting, Sat. 19 March, 10am (Zoom)



Membership benefits!!!

- spiritual development
- service on committees
- friendship, mentorship, prayer partners
- adding your voice to local and national social justice issues

Check out the current cross-Canada themes:

National: Catholic and Living It!

<https://cwl.ca>

Provincial: Embracing Christ in Everyone

<https://bcyukoncwl.com>

Diocesan: Sow Love Generously

<https://cwlvdov.org>

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VICTORIA DIOCESAN BURSARY IN MEMORY OF FREDA SMITH

The Victoria Diocesan CWL Council is offering a \$750 bursary to a graduating Catholic student within the Diocese of Victoria. This bursary will be awarded to a student proceeding on to a higher education.

Criteria and applications are available at the Parish Office, online at cwlvdov.org, or from your local CWL president.

The deadline for applications is March 31, 2022.

Examination of Conscience

The Commandments and the Precepts of the Church

1. Have God and sanctity in Christ been my goal?
2. Have I avoided the profane use of God's name?
3. Have I honoured Sunday with Mass and recreation?
4. Have I shown Christ-like respect to all?
5. Have I cared for the health and safety of myself and all?
6. Have I been chaste in thought and word?
7. Have I stolen? If so, am I ready to repay it?
8. Have I spoken ill of anyone? Have I been truthful?
9. Have I permitted sexual thoughts about anyone?
10. Have I desired what belongs to other people?
11. Have I been faithful to Sacramental living?
12. Have I helped my parish grow holier and stronger?
13. Have I abstained and fasted on obligatory days?
14. Have I been mindful of the poor?

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Reflecting on the Seven Capital Sins.

1. **Pride:** am I self-centered?
2. **Greed:** are money and things my real goals in life?
3. **Lust:** am I pure in act, speech, and thinking?
4. **Anger:** do I control my temper and tongue?
5. **Gluttony:** do I control my appetites and addictions?
6. **Envy:** am I jealous of what others have or are?
7. **Laziness:** am I lazy? Am I apathetic?

World Youth Day Information Meeting

Sunday, 4th April 2022 at 4 pm

World Youth Day (August 2023 in Lisbon, Portugal) is a gathering of young adult Catholics, 19 to 35 years, from all over the world. The event concludes with an overnight vigil and Mass with the Pope!

The Diocese of Victoria is organizing a pilgrimage group to the event with Fr Harrison Ayre and Fr Eduardo Santos as chaplains.

Come for an informational meeting at Our Lady of Fatima, Sunday, April 10th at 4pm to learn more.

To register for the meeting, please e-mail Fr. Harrison: hayre@rcdvictoria.org to register.

Contributions

Donation Boxes

are at the Entrance to the church
The Holy Water Fonts at the entrance of the church
are now used as Donation Boxes
to receive your donations and cheques.

Pre-Authorized Debit (PAD)

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt.

Information & links are also available on our website.

Options To Donate

E-Transfer

email: sacredheart@rcdvictoria.org

Pre-Authorized Debit: [Automatic Debit \(PAD\)](#)

Canada Helps

[Online through Canada Helps](#)

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.



From the Diocese



CATHOLIC HEALTH ASSOCIATION OF BC

Catholic Health Association of BC Bursary 2022

The Catholic Health Association of BC is making available a \$500 bursary to students graduating in 2022. To apply, students are to submit a 500-word essay on the significance of Spirituality in Health Care. To learn more, please visit: www.chabc.bc.ca/bursary

40 DAYS FOR LIFE

From March 2nd – April 10th, you're invited to join other Christians for 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray during a 40-day vigil in the public right-of-way outside Victoria General Hospital (please call or email for the exact location). For more information, and to volunteer to help or join our at home prayer group, please contact:

Glenda at 250-885-6261, forlifeplace@hotmail.com or visit www.40daysforlife.com/victoria

Synod

In unity with our Holy Father Pope Francis, Bishop Gary invites us to participate and contribute to the synod by joining one of the Listening Circles via zoom. Click on the link to register:

- [Tuesday, March 1, 2022 at 1:00 pm](#)
- [Tuesday, March 8, 2022 at 6:30 pm](#)
- [Tuesday, March 15, 2022 at 10:00 am](#)

You can also respond to either a paper or online survey:

- Paper survey – [Click here for a PDF version of the form](#)
Completed the PDF form and [email](#) it to us, or mail to:
Roman Catholic Diocese of Victoria - Synod Committee,
#1-4044 Nelthorpe Street, Victoria, BC, V8X 2A1
- Online survey - [Click here to complete the form online.](#)

In preparation participation, please reflect on these questions:

1. How is "journeying together" happening today in our particular church or community?
2. What steps does the Spirit invite us to take to grow in our "journeying together"?

For more information on the Synod, please visit the Diocesan website. www.rcdvictoria.org/synod.

Be a part of the conversation, so we may all grow in mission, participation, and communion.

Return to the Lord

Saturday, March 5

A BIBLE CONFERENCE FOR YOUR LENTEN PILGRIMAGE

<https://bibleconference.augustineinstitute.org/>



Report Sexual Abuse

For all Responsible Ministry and Safe Environment information and forms

<https://www.rcdvictoria.org/responsible-ministry>

Statement of Appreciation from the Ukrainian Catholic Church in Canada.

Read the Statement here: <https://www.rcdvictoria.org/news/statement-of-appreciation-from-the-ukrainian-catholic-church-in-canada>

This Lent, let's put people and planet first



Development and Peace: Caritas Canada's *People and Planet First* campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet. Do this by:

Donating online at devp.org/give or during the Solidarity Sunday collection on April 3, the Fifth Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!

Learning more by reading the *Mini-magazine* and other resources available at devp.org/lent/resources.

Signing the petition for strong laws to control Canadian corporations' behaviour abroad at devp.org/act.

For more information, contact Stan Dzbik at stan.dzbik@telus.net

McKenzie-Saanich Intersection

The District will be replacing the traffic signal poles at the intersection of McKenzie Avenue and Saanich Road. Expect crew and equipment, Monday to Friday between 9:30am and 3:00pm. Lane closures and a delay in traffic may occur during construction, as well as road closures on Saanich Road directly north of the intersection. We kindly ask you to follow the instructions of the traffic control and construction personnel.



Lenten Retreat March 26

Theme: Spiritual Warfare

(from the KofC's "Into the Breach")

The Knights of Columbus Sacred Heart Council is inviting member Knights of the Greater Victoria Councils for an online LENTEN RETREAT on Saturday, March 26 from 1 p.m. to 4 p.m. led by Retreat Master, Deacon Philip Yuson. Check that your microphone and camera are working to fully participate in this online retreat.

To join, simply click on this link: <http://refuge.conceptbc.ca>



Thank you for your contributions!

February 27: Envelopes	\$ 1,731.00
Cash	\$ 240.00
Total	\$ 1,971.00
PAD	\$ 5,605.00
E-Transfer	\$ 1,270.00
Canada Helps	\$ 1,324.74

Donations through PAD, Canada Helps & e-Transfer will be reported after month end.

PARISH MINISTRIES

Parish Ministries / Groups

Altar Servers	Parish Office	sacredheart@rcdvictoria.org
Christian Meditation	M Noonan	250-388-3173
C.W.L.	M Podmoroff	250-652-6252
Extraordinary Ministers	G & C Santos	gilbert.chay@gmail.com
Finance Chairperson	M Turner	finance@sacredheartvictoria.com
Knights of Columbus	R Perez de Tagle	kofc15445@gmail.com
Led By The Spirit Group	D MacIntyre	250-383-9955
Music Director	R Oei	music@sacredheartvictoria.com
Parish Liturgy Coordinator	R Oei	sacredheart@rcdvictoria.org
Pastoral Care Ministry	L Tan	sacredheart@rcdvictoria.org
Phone-tree Ministry	E Olcen	250-477-8115
Proclaimers	C Minvielle	cmaminvielle@gmail.com
Funeral Receptions	E Olcen	250-477-8115
Responsible Ministry	N Lundin	rmse@sacredheartvictoria.com
Social Justice/D & P	S Dzbik	250-380-6350
St. Vincent de Paul	G Short	250-727-2615
Ushers	Marisa/Isme	sacredheart@rcdvictoria.org

PARISH PASTORAL COUNCIL 2020 / 2021

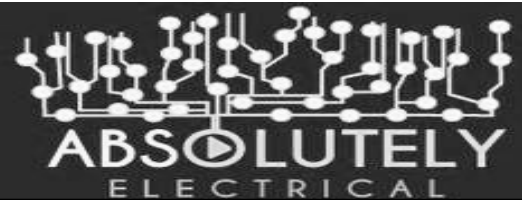
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