



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

** 2nd Sunday of Lent | 5 March 2023 **

Weekday Masses

There will be **NO 7 pm Masses**

on March 3, March 6–8
March 10, March 20–22
and March 30

+++

Mondays to Fridays at 7 pm
Bp. Gary Gordon

Wednesdays at 8 pm
Korean Mass (Fr. Robert Ryu)

Thursdays at 10:30 am
Korean Mass (Fr. Robert Ryu)



Parish Office

Temporary Office hours

Wednesday, March 1
to
Friday, March 17

10 am to 2 pm

SPRING CLEAN UP

Saturday, April 1
9 am to 12 pm

Sign up Sheet available soon.

LITURGICAL YEAR A

WEEKENDS

Saturday	4:00 pm
Sunday (live streamed)	9:00 am
Korean	3:00 pm
Polish - March 26	4:30 pm
(Please call the Parish Office)	
Syro-Malabar - March 25	12:30 pm
(Please call the Parish Office)	
Vietnamese	(TBD)
(Please call the Parish Office)	

RECONCILIATION

Saturday (only before a Mass) 3:00 pm

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

Going Under To Be On Top



By Jean Allen

Peter, James and John had an incredible mountaintop experience. But, guess what. It didn't change them all that much. It didn't immediately make them spiritual giants. It didn't open up their understanding in a way that fully prepared them for the upcoming ordeal of Christ's crucifixion. Peter beheld Christ in all his glory on the mountaintop and still denied him in the end. Peter, James, and John had no words of hope and courage for the rest of the disciples as they hid away in fear. Having been witnesses of the transfiguration and having heard the actual voice of God was not their point of transformation. That came later. Meanwhile, they had to struggle – like us all – with their human weaknesses and their short sightedness.

Were they particularly dense? What was the matter with these guys that, when Jesus was crucified and buried, they couldn't recall instances like the transfiguration, or the feeding of the 5000, or the calming of the storm, or all Jesus' other miracles? When Jesus was on the cross, why were they not confident that Jesus knew what he was doing, and that everything would be all right? What was wrong with them?

There was nothing wrong with them. They were just human, and God and Jesus knew that before these followers could be filled with power, they had to come face to face with everything they were not. They had to find out that just because they were chosen didn't mean they were special. They weren't spiritual giants just because they hung out with Jesus. They were weak. They had to come to finally know there was nothing inside of them that made them better than anyone else. And it was crucial for them to discover that. Just like it's crucial for us.

Having great spiritual experiences that fill us with awe and wonder is not what will bring us a powerful and effective spiritual life.

We have to be empty before we can be filled.

HOLY WEEK Celebrations : 2023

Palm Sunday,	April 2, 9 am
Holy Thursday,	April 6, 7:30 pm: Adoration / midnight
Good Friday,	April 7, 2 pm: Way of the Cross 10 am
Easter Vigil,	April 8, 7:30 pm

Journey with the Lord through the WAY OF THE CROSS

Every Friday, at 6 p.m.

**We thank the Ushers (Fri. 3 Mar)
and Development & Peace (Fri, 10 Mar).**





Please pray for:

Those who have died
*Eugene Webster, Maria Perdigao,
and Gonny Van Dyk*

Those who are ill
*Jaime Aherrara, MaryLee A, Cora C, Kathleen G,
Richard G, Rudolfo G & Vilma G, Theresa H,
Pedrito K, Cecilia O, Roma De P, Derek L, Bruno R*



Eternal Rest Grant Unto Gonny Van Dyk (25 Feb 2023)

*Mass will be held on
Friday, March 10 at 10 am.
O Lord, and let Perpetual Light
Shine Upon her.
May her soul rest in peace. Amen.*

2022 TAX RECEIPTS

Thank you for generously supporting the parish in 2022.
We thank everyone who requested
for their Tax Receipts to be emailed.
Please help us to save on postage,
and pick up your Tax Receipts.
The Tax Receipts will be in the foyer until the end of March.

Contributions

Pre-Authorized Debit (PAD)

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt.

Information & links are also available on our website.

Options To Donate

E-Transfer

The email to use is: sacredheart@rcdvictoria.org

Pre-Authorized Debit: Automatic Debit (PAD)

Canada Helps Online through Canada Helps

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

Thank you for your contributions!

February 25 & 26, 2023

Envelopes \$1,150.00
Cash \$ 414.00
Total **\$1,564.00**

Month of February 2023

PAD \$ 5,450.00
E-Transfer \$ 835.00
Canada Helps \$ 1,640.26

Donations through PAD, Canada Helps, & e-Transfer will be reported after the month ends.

OUR MINISTRY VOLUNTEERS

Saturday, 4 March, 4 pm : Fr. Frank Franz

Altar Servers : Daisy L, Mariah C, Michael N,
Sarah L & Rachel L
Proclaimers : Sigrune F, Belle PT
EMCs : Marilyn T
Ushers : Marisa T

Sunday, 5 March, 9 am : Fr. Eduardo Santos

Altar Servers : Daisy L, Mariah C, Gabriel C,
Pio T, Elias T
Proclaimers : Kathy W, Connie H
EMCs : Cyrille S, Gilbert S
Ushers : Logan N, Lynda T
Video Streamer : Peter L

***Thank you for your service to the Lord,
and our Parish Community.***

SHARE LENT CAMPAIGN

The courage to Create Hope



Development and Peace

CARITAS CANADA

At the 4th World Meeting of Popular Movements, Pope Francis said, "...you have the ability and the courage to create hope where there appears to be only waste and exclusion."

These are the words that inspired the choice of "Create Hope" as a five-year guiding theme at Development and Peace — Caritas Canada.

Join our campaign at devp.org/lent.

Earthquake aid in Turkey and Syria.

Please donate here:
<https://www.devp.org/en>

Sacred Heart Franciscan Youth Group

****Franciscan Youth helping our global brothers & sisters****

This is a fundraiser for people of Ukraine through Development & Peace; to help those suffering from war, especially the children.



When: Now (ongoing throughout Lent)

Where: Glanford Bottle Depot. Deposit contributions to the **Sacred Heart Franciscan Youth Group Account** or the collection basket marked "**Franciscan Youth Fundraiser**" or email: religioused@sacredheartvictoria.com

Five Conditions of a Good Confession



- 1. Examination of Conscience**
- 2. Repentance and remorse for one's sins: arising from faith and love of God.**
- 3. Firmly resolve not to sin, or repeat a sin again.**
- 4. Confess and disclose the sins to a priest.**
- 5. Fully intend to make reparation, and do works of reparation for the sins.**



From the Diocese



CHRISM MASS

7 p.m. Thursday, March 30
St. Peter's Church, Nanaimo.



Everyone from the Diocese of Victoria is invited to join in the celebration of the Chrism Mass. At this annual liturgy, sacred oils are blessed and given to representatives from each parish in the diocese. These oils are then presented in each church on Holy Thursday and used during the coming year for Baptisms, Confirmations, and Anointings of the Sick. <https://www.rcdvictoria.org/events/2023-chrism-mass>

Canadian Conference of Catholic Bishops Journey through Lent video series.



Every Monday during Lent, a new video will be posted ahead of the Sunday's Eucharistic celebration. This video series will prepare you for the celebration on Easter Sunday.

To view the Journey through Lent video series, please visit: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent-2023/>

RETRouvaille

A LIFELINE FOR MARRIED COUPLES

Need Marriage Help? Retrouvaille, pronounced "retroo-vye," means "rediscovery." It is a marriage program endorsed by Pope Francis that has helped hundreds of BC couples.

Repair and rekindle your relationship! The program consists of one weekend retreat, and six weekly follow-up sessions which can be attended remotely.

For confidential information or to register for the spring Retrouvaille Vancouver program commencing April 14 to 16.

Email: vancouverbc@helpourmarriage.org,
Ph: 604-783-2864 or visit www.helpmy marriage.ca.

St. Joseph's Elementary School Proudly Presents

A Musical based on the play by J.M. Barrie

Peter Pan Jr

Friday, March 10 at 6 pm
Saturday, March 11 at 10 am & 1 pm
General Admission: \$15

Tickets will be on sale in the church foyer after Mass.
and from the School Office or from Eventbrite at
<https://www.eventbrite.ca/e/peter-pan-jr-musical-tickets-534327577167>

March 19, 2023 - Special Mass

4 pm, Christ the King Parish, Courtenay
celebrated by Bishop Gary Gordon

in honour of the dedicated work of those in health care

Do you deliver care and services to the sick and ailing; or work or volunteer in the health care sector? In these times of significant personal demands on those who provide care and health services, the Diocese of Victoria Health Care Committee wishes to share a spiritual gift to give you strength and support.



Everyone is invited to attend in person, or online at <https://www.youtube.com/@ChristTheKingComoxValley>.

A dinner by donation will follow for those attending in person.

CENTERING PRAYER WORKSHOP

St. Joseph the Worker Council invites you to a three evening Lenten Workshop on Centering Prayer. The dates are Wednesdays March 1st, 8th, and 15th, 6:30 pm to 8 pm, St. Joseph the Worker Church Hall. Centering Prayer helps us to slow down to recognize God in our lives and strengthen our relationship with Him.



For more information, or to sign up, please email: kofc13356@gmail.com

40 DAYS FOR LIFE

February 22 to April 2

Our Spring 2023 40 Days for Life Prayer Vigil is between February 22 to April 2. It is a Peaceful Prayer Vigil and Witnessing for Life! It is located near the Park & Ride at the Helmcken Overpass! This is your opportunity to Defend Pre-Born Human Life!

"One Saved Baby will Save Generations of People!"
Come & Join Us!

To Volunteer - Call or Text Glenda @ 250-661-2613

Knights of Columbus Lenten Retreat



Retreat Master: SK Deacon Philip Yuson
Theme: Loving God: Do Justice,
Love Mercy, and Walk Humbly with Your God

The Knights of Columbus Sacred Heart Council & Bishop Demers Assembly invite all Knights to attend this Retreat at Sacred Heart Parish, Saturday, March 18 from 10 am to 3 pm. A light lunch will be offered. Confessions: 3 to 4 p.m. Holy Mass: 4 p.m. to 5 p.m.

To attend, please contact SK Dr. Oscar Perez de Tagle
Ph: 778-265-0013; or email: perezdetagleoscar@gmail.com

If you cannot attend in person, use:
<http://sacredheartvictoria.com/sacred-heart-news.html>

Report Sexual Abuse



For all Responsible Ministry and Safe Environment information and forms
<https://www.rcdvictoria.org/responsible-ministry>



PARISH MINISTRIES

Please contact the Parish Office:
sacredheart@rcdvictoria.org

Altar Servers	Karla Montano
Christian Meditation	Margie Noonan
C.W.L. / PrayerLine Ministry	Miriam Podmoroff
Extraordinary Ministers	Gilbert & Chay Santos
Finance Chairperson	Marilyn Turner
Knights of Columbus	Rick Perez de Tagle
Led By The Spirit Group	David MacIntyre
Moms & Tots	Chantal Cote
Music Director	Rafael Oei
Parish Liturgy Coordinator	Rafael Oei
Pastoral Care Ministry	Lynda Tan
Phone-tree Ministry	Elizabeth Olcen
Proclaimers	Stan Dzbik
Funeral Receptions	Elizabeth Olcen
Responsible Ministry	TBA
Social Justice/D & P	Stan Dzbik
St. Vincent de Paul	Georgina Short
Ushers	Marisa Tinsay / Isme Liem
Video Streamers	Peter Liem

PASTORS

Executive Committee (Designated Acting Pastor of Sacred Heart Parish)

Marilyn Bojko, Marilyn Turner, & Stan Dzbik
Sacred Heart Executive Committee
email: sacredheartexec@gmail.com

Korean Pastor: Fr. Robert Ryu
youngjinryu0758@gmail.com

Syro-Malabar Pastor: Fr. Sajy Chakkittamuriyil
frsajy@gmail.com

Vietnamese Pastor: Fr. Michael Tran
michaeltran@rcdvictoria.org

PARISH PASTORAL COUNCIL 2020 / 2023

Marilyn Bojko (Chairperson)	Vincenza Cameron
Stan Dzbik	Jeff Kucharski
Catherine Minvielle	Oscar Perez de Tagle
Michele Ricard	Cyrille Santos

Hospital Chaplain

Fr. Sean Flynn: 250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: religioused@sacredheartvictoria.com



Tung Nguyen Watchmaker

Watch, Clock & Jewellery Repair

Expert: Rolex, Patek Philippe, Chronograph, Tag heuer, Omega, IWC, Breitling, Cartier, Ebel, Movado, Rado, Accutron, Repeater, ATMOS Clock, Grandfather Clock.

Specialty: Vintage & Contemporary mechanical, quartz watches and clock repairs

Established since 1970: Serving in Victoria since 1980
I Buy, Sell, Trade all kinds of Clocks and Watches

4244 Carey Road Victoria, BC V8Z-6P9
Phone: (250) 479-2165 Cell: (250) 744-7601
Business Hours: Mon - Fri. 10am to 6pm Sat. 10am to 3pm

BIO COMMUNITY NURSING CARE

SINCE 09182019



02022022



ROWENA B BIRON
CONSULTING MANAGER

Tel # 236-508-1279 / 778-557-3339

Email: INQUIRY@BIOCOMMUNITYNURSINGCARE.COM

Office add: 300-848 Courtney Street Victoria
British Columbia, Canada V8W 1C4



250-704-6808

DAVID AUDY

LIFETIME WARRANTY ON ALL LABOUR

4019 Malton Ave
Victoria, BC V8X 4W1

"For perfect electrical work at a great price!"

info@absolutelyelectrical.com
www.absolutelyelectrical.com



3121 Steele Street
Victoria, BC V8Z 3N7

Ph: 250-380-7291

E: sales@pacificaudio.com

Fax: 250-380-7292

These businesses support our Parish through their advertising, please support them!