



Sacred Heart Catholic Church

60
Years at
Nelthorpe

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

* 4th Sunday of Lent | 30 March 2025 *



Prodigal Love

By Jean Allen

One of the wonderful things about Jesus's parable of the prodigal son is that Jesus told the parable before he went to the cross. He was saying, "This is how the Father is now." He was not saying, "This is how the Father will be after I appease his anger and pay for your sins by dying on the Cross in your place."

I have written about this before but, in this season of Lent, we need to keep our hearts focussed on the immense love of God that envelops us even in the midst of our piles of ashes and keep our minds away from what is called the Penal Substitution theory.

Joseph Ratzinger, before becoming Pope Benedict XVI, wrote, "It is an unworthy concept of God to imagine a God who demands the slaughter of his Son to pacify his wrath. God must not be thought of in this way. Such a concept of God has nothing to do with the idea of God to be found in the New Testament."

So, let's think of a worthy concept of God. Here are some synonyms of the word 'prodigal': lavish; munificent; over generous; too generous; unsparing; unstinting; unstinting; very generous. Obviously, the son was all these things with his inheritance since he blew it all on friends and parties. But who else do these words describe? The father. Even when the son was far off, before he had a chance to say, "Father, I have sinned..." the father was running to meet him. In those days, running to meet someone was considered extremely undignified for a landowner, but the father did not care about his dignity or about his son's egregious offenses against him. He simply wanted to welcome his son back and celebrate with joy. He wanted to lavish his love on his son; he generously wanted to give him robes and kill the fatted calf. He was unsparing in his welcome.

This is how God is and how he always has been.

How great is our God?

LITURGICAL YEAR C

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm
Syro-Malabar Rite (except 1st Sat) 7:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar Rite Mass 11:00 am
Korean 3:00 pm
Vietnamese (1st and 3rd Sundays) 5:30 pm

RECONCILIATION

Friday (during Lent) 5:15 pm to 6:00 pm
Saturday 3:00 pm to 3:45 pm
Sunday 8:15 am to 8:45 am

Weekday Masses

English Masses

Tuesday 7:00 pm
Wednesday 11:00 am
Thursday 11:00 am
Friday Adoration 5:00 pm
Benediction 6:15 pm
Stations of the Cross 6:30 pm
Mass 7:00 pm

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Join Fr. Dean Henderson,
Rector of St. Andrew's Cathedral,
for a Lenten Mission here at Sacred Heart Church



The Joyful Hope of the Gospel

This Sunday, March 30 to Tuesday, April 1

Theme for each evening

Sun, Mar 30 : Being Loved
9 am - Regular Sunday Mass
7 pm - Mission Mass

Mon, Mar 31 : Being Transformed by God's Love
Only 7 pm - Mission Mass

Tue, Apr 1 : Being Healing ministers of the Gospel
No 11 am Weekday Mass
7 pm - Mission Mass

Thu, Apr 3 : 7 pm - Combined Reconciliation Service
at St. Joseph the Worker Parish

Based on Pope Francis' encyclical: "The Joy of the Gospel" and celebrating this Jubilee Year of Hope, the Mission Retreat will share Biblical stories, personal anecdotes, a laugh and even shed a tear, to encourage the faithful in the Lenten love for Christ, and those who need both him and the familial affection of his Church.

Bring your friends and your family!

All Are Welcome!

Parish Office Hours

Tuesdays to Fridays
9:30 am to 3:00 pm

Closed: Saturdays, Sundays, and Mondays.

If you would like to register or volunteer for a Ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611
Sacred Heart Parish Website >

For your convenience, QR codes are now located around the church.



Heartfelt and Grateful Thanks

to all the volunteers who covered
the Parish Office, the preparation of the
Parish Bulletins, and the Liturgy and the Music
while Katherene and Rafael were away
for the last two and a half weeks.

Thank You!

Fr. Shijo George, Pastor, Sacred Heart Parish



Please pray for:

Those who have died

Catalina Bautista, Franca Rinaldo, Mary Lee Alexander, Souls in Purgatory, Josin Remedios, and Judy Wiens.

Those who are ill

Skarlet, Jon A, Patricia C, Cora C, Lesley D, Kathleen G, Gwen J, Derek L, Lisa L, Diane L, Edvige P, Will Pontes, Isabella Rama, Dino Rinaldo, Davide R, Gaspar S, Valerie S, Cathy T, Maria T, and Ornella T.



Eternal Rest Grant Unto

Mary Lee Alexander (10 Mar 2025)

and

Franca Rinaldo (24 Mar 2025)

Funeral Mass, 12 p.m., Wednesday, 9 Apr 2025

O Lord, and let Perpetual Light Shine Upon them.

May their souls rest in peace. Amen.



Society of St. Vincent de Paul

In today's Gospel the prodigal son repents and finds mercy in the heart of his father. Know that your penance during Lent can give the poor the grace of finding the merciful heart of God the Father.

Donate online: specify "Sacred Heart Parish"

https://give-can.keela.co/ssvp_donation_form

All cheques: "Society of St. Vincent de Paul".

To join the Society, please contact Georgina:

mgvshort@telus.net or call 250-727-2615



2024 TAX RECEIPTS

TAX RECEIPTS are in the church foyer for pick-up, arranged in alphabetical order according to surnames.

Thank you for generously supporting the parish in 2024.

We thank everyone who requested for their Tax Receipts to be emailed.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.



Thank you for your contributions!

March 22 & March 23, 2025

Envelopes \$ 1,740.00

Cash \$ 295.00

Total \$ 2,035.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

Fr. Shijo's Homilies
are available on our Parish Website
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



Laetare Sunday **Fourth Sunday of Lent**

Laetare Sunday, the Fourth Sunday of Lent in the Western Christian Church, is so called from the first word ("Rejoice") of the introit of the liturgy. It is also known as mid-Lent Sunday, for it occurs just over halfway through Lent. This Sunday is also known as Refreshment Sunday because it may be observed with some relaxation of Lenten strictness. In medieval England simnel cakes (special rich fruitcakes) were consumed on this day. In the Anglican churches it is sometimes called Mothering Sunday, with reference to a verse in Galatians (4:27).

[Online accessed, 3 March 2025:

<https://www.britannica.com/topic/Laetare-Sunday>

Holy Week 2025

Saturday, April 12 | Passion (Palm) Sunday

4:00 pm – Anticipated Mass (English)

Sunday, April 13 | Passion (Palm) Sunday

9:00 am – English

11:00 pm – Syro-Malabar Rite

3:00 pm – Korean



The Holy Triduum

Thursday, April 17 | Holy (Maundy) Thursday

7:00 pm – Mass (English / Korean)

9:00 pm – Syro-Malabar Rite

Until Midnight:

Adoration at the Altar of Repose (Parish Hall)

Friday, April 18 | Good Friday

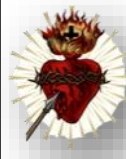
9:00 am – Syro-Malabar Rite

2:30 pm – Stations of the Cross

3:00 pm – Good Friday Service (English)

6:30 pm – Korean Stations of the Cross

7:00 pm – Korean Good Friday Service



Saturday, April 19 | Holy Saturday

7:00 pm – Easter Vigil (English)

9:30 pm – Easter Vigil (Korean)

11:59 pm – Syro-Malabar Rite

Sunday, April 20 | Easter Sunday

9:00 am – English Mass

3:00 pm – Korean Mass

5:30 pm – Vietnamese Mass



April 12 from 9 a.m.

CLEAN UP

The sign-up sheet is in the church foyer.

The photographer begins taking photos on Monday, March 31st!

Space is still available!

Please sign up for a photo session this weekend before or after each Mass. Make this 60th Anniversary Parish Photo Directory a memorable one.

Phone Marilyn Bojko: 250-361-4393 or 250-880-1442

60th Anniversary
Photo Directory



Five Conditions of a Good Confession



1. Examination of Conscience
2. Repentance and remorse for one's sins: arising from faith and love of God.
3. Firmly resolve not to sin, or repeat a sin again.
4. Confess and disclose the sins to a priest.
5. Fully intend to make reparation, and do works of reparation for the sins.

Demanding Fairer Policies in Tunisia

Resource mismanagement and unfair international conditions trap Tunisia in debt. Development and Peace, Caritas Canada's partner, the Tunisian Economic Observatory (OTE), analyzes the country's debt policies, and informs Tunisians about economic issues, enabling them to demand fairer and more equitable policies to promote sustainable development that benefits everyone.



Discover the work of OTE by reading our Mini-magazine at devp.org/lent/resources.

Donations of Religious Objects

Children's Religious Education is looking for donations of religious items such as rosaries, medallions, crosses, small figurines, or prayer cards as gifts for the students.

Please drop the religious objects at the Parish office by April 1st, or contact Lidia at sacredhearteled@rcdvictoria.org

Examination of Conscience

The Commandments and the Precepts of the Church

1. Have God and sanctity in Christ been my goal?
2. Have I avoided the profane use of God's name?
3. Have I honoured Sunday with Mass and recreation?
4. Have I shown Christ-like respect to all?
5. Have I cared for the health and safety of myself and all?
6. Have I been chaste in thought and word?
7. Have I stolen? If so, am I ready to repay it?
8. Have I spoken ill of anyone? Have I been truthful?
9. Have I permitted sexual thoughts about anyone?
10. Have I desired what belongs to other people?
11. Have I been faithful to Sacramental living?
12. Have I helped my parish grow holier and stronger?
13. Have I abstained and fasted on obligatory days?
14. Have I been mindful of the poor?

+++

Reflecting on the Seven Capital Sins.

1. **Pride**: am I self-centered?
2. **Greed**: are money and things my real goals in life?
3. **Lust**: am I pure in act, speech, and thinking?
4. **Anger**: do I control my temper and tongue?
5. **Gluttony**: do I control my appetites and addictions?
6. **Envy**: am I jealous of what others have or are?
7. **Laziness**: am I lazy? Am I apathetic?



From the Diocese

The Kitchen Needs You!

Urgently Needed! Volunteers to prepare our fresh daily soups for The Soup Kitchen, located in the basement of St. Andrew's Cathedral.

Please contact Sheila Connelly at 250.598.4339 to find out more.

The Soup Kitchen – Feeding Community



CHRISM MASS

Diocese of Victoria will celebrate the annual Chrism Mass at St. Andrew's Cathedral at 7 pm on Thursday, April 10, 2025.



St. Joseph the Worker Parish Combined Reconciliation Service

Thursday, April 3rd at 7 pm

Diocesan Bursary Catholic Women's League "In Memory of Freda Smith"

Deadline: March 31

This \$750 Bursary is awarded to a Catholic student graduating from a secondary or home schooling program in the Diocese who plans to pursue a post secondary education. For more information, and for the application form, please visit <https://cwl dov.org/application>



Employment Opportunity ~ Chancellor ~

The Chancellor coordinates the internal operations and administrative affairs of the Diocese, and fosters the communion essential to the Catholic faith through dialogue, communication, and relationship building. The full job posting may be viewed at <https://www.rcdvictoria.org/employment>.



Garry Oak Restoration

Join the ecological restoration team! The group meets every second and fourth Saturday of the month until November from 1 pm outside the Diocesan Pastoral Centre, to remove Scotch broom, English ivy and Himalayan blackberry in preparation for planting/seeding native wildflower meadow. Please bring gloves, water and safety glasses. Tools will be supplied. Hope to see you there!



Mass

for Health Care Workers

11:00 am, Sunday, April 6
St. Patrick's Church, Haultain Street

Bishop Gary Gordon will celebrate a special Mass in honour of the dedication of those who work and volunteer in health care.

All are invited to celebrate either in person or via livestream at www.youtube.com/live/Lt2E0lhxw4.

A Knights of Columbus Pancake Breakfast will follow after Mass!

St. Andrew's High School Presents

How to Get Away with a Murder Mystery Spectrum Theatre, 957 Burnside Rd W,

Get ready to put your detective skills to the test and solve a murder mystery like no other.

Tickets at Eventbrite.ca | scan the QR >

April 24, 25, 26 2025, from 7:00–8:00 pm*

April 26, 2025, from 2:00–3:00 pm*

*Doors open 30 minutes before start time

Bring cash for concession and merchandise!



Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2024 / 2025

Marilyn Bojko

Jeremy Côté

Jim Haffey

Peter Martin

Samantha Sherman

Will Podmoroff

Rick Perez de Tagle

Edgar Tan Jr. (Chair)

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS



Parish Office: sacredheart@rcdvictoria.org

LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Marilyn Turner,
Mae Tan

Floral Ministry

Eduardo Bautista

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Marisa Tinsay

Lynda Tan

Video Streamers

Peter Liem

Sacristan

Sylvain Leclerc

Denise Owen (Asst.)

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L. / Prayer Line

Denise Owen

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Phone-tree

Elizabeth Olcen

Funeral Receptions

Elizabeth Olcen

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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