




Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1 | 250-479-1611 | sacredheartvictoria.com

*** 14th Sunday in Ordinary Time | July 3, 2022 ***



Lighten Up

by Jean Allen

Last week, I wrote about Jesus travelling light. He did not weigh himself down with all the stuff we consider 'inner necessities' like carving a place for himself in the world and making sure everyone respected him, fully accepted his perspective and admired him for his accomplishments etc. He honestly didn't care if people knew he was the guy doing all the healing and other miracles. He knew that needing recognition was a burden that would bog him down.

This week he is passing on that critical lesson to his disciples. "Carry no purse, no bag, no sandals." It was actually quite common for travellers not to carry a bag of food or a purse of money. Hospitality in Israel was a high priority, so nobody would starve on the road. But it was significant that Jesus told them not to wear sandals. Going barefoot signified humility, lack of social status, and spiritual poverty. That was a reminder to his disciples not to start getting attached to their mission, or think of themselves as 'special'.

When the disciples came back all excited because even the demons submitted to them, Jesus basically said, "Chill. Calm down. Your success is not yours and you don't own it. Don't get all excited about your accomplishments as if it means something about you. Get excited instead about the fact that you are a beloved child of God. That's your whole identity and it's all you need. You don't need admiration, power or status. I saw Satan fall like lightning from heaven because of his desire for these things." Jesus wasn't putting them down; he was trying to make the journey easier for them.

Jesus was constantly trying to lighten the disciple's inner loads by enlightening their perspective on self-importance and recognition. "Unless you become as little children..." But I don't think the disciples really understood what he was talking about until after Pentecost. Then the lightbulbs started to go on. They weren't there to claim territory. It was all God's territory. They were just pilgrims sharing the Good News on their way home...

...at the speed of lightness.

LITURGICAL CELEBRATIONS

WEEKENDS

Saturday (live-streamed) 4 pm
Sunday 9 am
Korean 3 pm
Syro-Malabar Sat. 12:30 pm
 (Please call the Parish Office)
Vietnamese Sun. 5:30 pm

Fr. Michael Tran invites everyone to the Vietnamese Mass, every 1st and 3rd Sunday of the Month at 5:30pm. He will preach in English and Vietnamese.

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

July Schedule

~ + ~

4 pm, Sat Jul 2: Liturgy of Word/Communion
 9 am, Sun Jul 3: Liturgy of Word/Communion

4 pm Mass, Sat Jul 9: Fr. Marc Parent
 9 am, Sun Jul 10: Liturgy of Word/Communion

4 pm Mass, Sat Jul 16: Fr. Marc Parent
 9 am, Sun Jul 17: Liturgy of Word/Communion

4 pm Mass, Sat, Jul 23: Fr. Frank Franz
 9 am, Mass, Sun, Jul 24: Fr. Frank Franz

4 pm, Sat Jul 30: Liturgy of Word/Communion
 9 am, Sun Jul 31: Liturgy of Word/Communion



We thank

Fr. James Morgan

and



Fr. David Hogman

for celebrating the Eucharist with us this past week.

Thank you, Fathers!

We also thank everyone who contributed, set up, and cleaned up at Fr. David's anniversary potluck! It was marvelous to gather again!
 Thank you all!



We wish everyone
 a most blessed and glorious

Canada Day!



PASTORS

Executive Committee

Marilyn Bojko, Marilyn Turner, Stan Dzbik

Korean Pastor: Fr. Robert Ryu
youngjinryu0758@gmail.com

Syro-Malabar Pastor: Fr. Sajy Chakkittamuriyil
frsajy@gmail.com

Vietnamese Pastor: Fr. Michael Tran
michaeltran@rcdvictoria.org

OFFICE HOURS (Tue-Fri)
9:30 am to 3:00 pm

Parish Administrative Assistant
Katherine Newton
sacredheart@rcdvictoria.org

Hospital Chaplain
Fr. Sean Flynn
250-889 3761

Children's Religious Ed. Coordinator
Lidia Moodie
religioused@sacredheartvictoria.com

Please pray for:

Those who have died
Bro. Dominic Chong.

Those who are ill

Jaime Aherrera, Cora Constantino,
Richard Grohovac, Marie Kalnciems, Sue, Daniel and Hope Lemay,
Ken Louie, Barbara and Shannon Mulrooney, Evelynne Pearse,
Bruno Rinaldo, and Patricia Ryan.



BAPTISM PREP CLASS

Starting July 2022, a Baptism Preparation Class with Fr. Alfie will be held on the first Saturday of each month, at 10 am, St. Joseph the Worker Parish. Please contact the Parish Office to register.

The Sacrament of Marriage

Prepare to commit in a Sacred Covenant.

Online Marriage Preparation Course

<https://www.rcdvictoria.org/marriage-prep>



Come pray with us

The church is opened for personal prayer

12 pm to 1 pm : Tuesdays to Fridays
7 pm to 8 pm : Tuesdays, Thursdays, & Fridays

+ + +

EVENING PRAYER GROUP

The month of June will be devoted to the family in union with the CCCB, so we are starting with a novena to the family.

Link for the Sacred Heart Franciscan Youth Fundraiser video

This ongoing bottle-drive fundraiser is to raise money for those in need, and to help alleviate our impact on God's beautiful creation.

drive.google.com/file/d/1Qe51ruWc1dWT-4VJMD9mn6w7B4oSD353/view?usp=sharing Sacred Heart Franciscan Youth 2022 Fundraiser

Bottles can be dropped off at the Glanford Road, Quadra Street, and Queens Avenue locations. **Please credit your recycling to the "Sacred Heart Franciscan Youth" account.**

Sunday Celebration of the Word with Communion

Procession:	Opening Hymn
Greeting:	Respond: Blessed be God for ever.
Penitential Rite:	I Confess & Lord Have Mercy
Gloria:	Gloria

Procession of the Enthronement of the Word

Liturgy of the Word

1st Reading
Responsorial Psalm
2nd Reading
Gospel Acclamation
Gospel
Reflection

Profession of Faith: Apostles' Creed
Prayer of the Faithful

Prayer of Praise: **Refrain is "Alleluia"**

Sign of Peace: Sign of Peace

Distribution of Communion

The Lord's Prayer including "For the kingdom, the power..."

Concluding Rite

Blessing: Concluding Blessing

Dismissal: "Thanks be to God."

Recessional: Final Hymn

Contributions

Donation Boxes

are at the Entrance to the church

The Holy Water Fonts at the entrance of the church are now used as Donation Boxes to receive your donations and cheques.

Pre-Authorized Debit (PAD)

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt.

Information & links are also available on our website.

Options To Donate

E-Transfer

The email to use is: sacredheart@rcdvictoria.org

Pre-Authorized Debit:

Automatic Debit (PAD)

Canada Helps

Online through Canada Helps

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

Thank you for your contributions!

June 25 and 26, 2022

Envelopes	\$ 1,643.00
Cash	\$ 97.00
Total	\$ 1,740.00

Donations through PAD, Canada Helps & e-Transfer for June will be reported in next week's bulletin.



From the Diocese

St. Andrew's International Student Program HOSTING INTERNATIONAL STUDENTS

Host Family Needed for a female Grade 9 Student from Spain

Arriving end of August 2022 for the full school year.
Allergic to cats.

The host family will receive \$1100 to help cover costs.
Please contact Hilary Parker at homestay@cisdv.bc.ca.

DIOCESAN BURSARIES & AWARDS

Deadline: July 15, 2022

The Jawl Bundon LLP Bursary (\$2500): for a grade 12 Catholic student, accepted to a post-secondary institution. Preference will be given to Indigenous students, and students living outside Greater Victoria and Nanaimo.

The Blessed Marie Anne Blondin Bursary (\$1000): for a lay woman, accepted or enrolled in a program or course for ministry in the Church, such as religious education, social justice, liturgy, social action, care of the sick, etc.

The Char Deslippe Memorial Award (\$500): for a teacher working in Island Catholic Schools or a parish catechist serving in children, youth or adult ministry.

Diocesan Family Camp

August 19-21, 2022 | Nanoose Bay Camp

Come with your Families for a fun, faith-filled weekend of fellowship, play, and prayer, all in a beautiful West Coast setting. This year's Keynote Speakers are Danny Brock and Fr. Terry Brock (who will also serve as Chaplain). Please register on Eventbrite:

<https://www.eventbrite.com/e/8thdiocesan-family-conference-august-2022-tickets331496584207> Email: familycamp@rcdvictoria.org

Pilgrimage to the Holy Land

Led by Fr. Dean Henderson, Pastor, Our Lady of the Rosary

Feb. 14 to 23, 2023: \$4,290.00

For more information, please contact:

Halina: 647-294-4116 / halina@ihtours.com

Stan: 647-463-9057 / stan@ihtours.com

Henry: 647-272-2811 / henry@ihtours.com

Liliana: Liliana@ihtours.com



Starting October 6, 2022 Learn more about your Faith at Saint Joseph the Worker Parish

Come together to learn more about our faith. Sessions will focus on the teachings, experience of the Church, and the preparation of individuals for the Sacraments of Baptism, Confirmation, and the Eucharist during the Easter season.

You are welcome to participate with your questions, insights, and faith story in a warm, non-judgmental, and welcoming setting.

To register please email: carmelle.whiteley@gmail.com.



Report Sexual Abuse

For all Responsible Ministry and Safe Environment information and forms

<https://www.rcdvictoria.org/responsible-ministry>

St. Andrew's Regional High School



Congratulations and Blessings to all Graduates

We wish you well and many of God's blessings, along with our prayers and support, as you begin the next step of your journey.

May students, staff, and families of all schools enjoy a safe and relaxing summer. And may everyone keep close to the Lord and the Church during these days of spiritual and physical refreshment.

Recollections for Men & Women



Opus Dei offers "people the spiritual means they need to live as good Christians in the midst of the world," explains St Josemaría Escrivá, the founder of Opus Dei. One of these is a recollection, which provides an opportunity to assess and refocus our life, renew resolutions, and make new ones.

An evening of recollection for men will be offered at 6:45 pm on Thursday, July 7 at Our Lady of Fatima Parish, Victoria. It offers periods of directed prayer, silent prayer and a talk. A priest of Opus Dei will be available for spiritual direction and/or confession. A Mass at 6 pm will begin the evening.

A recollection for women will be held at the same location the next day on Friday, July 8 from 10 am to 12 noon. A Mass at 9 am will begin the morning program.

For more information on:

Men's recollection - Brent Boyd, od-men@boydfam.ca
Women's - M. Elizabeth Boyd at melizboyd@gmail.com

JOB OPPORTUNITIES

Island Catholic Schools is Hiring!

We are in search for enthusiastic people who are educationally certified, talented, and love what they do, and wish to work in vibrant school environments!

Casual Bus Drivers!

Island Catholic Schools is currently seeking casual bus drivers. Great opportunity for retired bus drivers who want to drive for field trips!

If you are interested in any position in Island Catholic Schools, please click on this link:

<https://cisdv.bc.ca/employment-opportunities/>

Contact us today at cisdv.bc.ca

Financial Administrator

St. Joseph's Friary

Deadline: August 2022

Qualifications:

Completed Camosun College Business Administration Diploma course or equivalent.

Experience: One year or more in a business office.

Requirement: 6 to 8 hours monthly.

Please contact Friar Bert Manthey, OFM, at ph. 250-595-7733 or email bertmanofm@gmail.com

PARISH MINISTRIES

Please contact the Parish Office:
sacredheart@rcdvictoria.org

Altar Servers	Annie De Grammont
Christian Meditation	Margie Noonan
C.W.L.	Miriam Podmoroff
Extraordinary Ministers	Gilbert & Chay Santos
Finance Chairperson	Marilyn Turner
Knights of Columbus	Rick Perez de Tagle
Led By The Spirit Group	David MacIntyre
Music Director	Rafael Oei
Parish Liturgy Coordinator	Rafael Oei
Pastoral Care Ministry	Lynda Tan
Phone-tree Ministry	Elizabeth Olcen
Proclaimers	Stan Dzbik
Funeral Receptions	Elizabeth Olcen
Responsible Ministry	Neil Lundin
Social Justice/D & P	Stan Dzbik
St. Vincent de Paul	Georgina Short
Ushers	Marisa Tinsay / Isme Liem

PARISH PASTORAL COUNCIL 2020 / 2022

Marilyn Bojko (Chairperson)
Vincenza Cameron Stan Dzbik Jeff Kucharski
Catherine Minvielle Oscar Perez de Tagle
Michele Ricard Cyrille Santos

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