



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** 17th Sunday in Ordinary Time | 28 July 2024 ***

Have a blessed



World Day
for Grandparents
and the Elderly
2024

<https://www.laityfamilylife.va/content/laityfamilylife/en/eventi/2024/iv-giornata-mondiale-dei-nonni-e-degli-anziani.html>



Thank you,
Bishop Gary
for installing



Fr. Shijo George
as Pastor of our parish!

Fr. Shijo George

from an interview with Ben Pires



Sacred Heart Church's 18th Pastor, Fr. Shijo George Ottaplackal, is the first pastor from the Vincentian Congregation [VC]; installed by Bishop Gary Gordon on July 28, 2024. The Vincentian Congregation [VC] is a clerical society in the Syro-Malabar Catholic Church founded on 20th November 1904 at Thottakom, Cochin, Kerala, by Servant of God, Fr. Varkey Kattarath, with three diocesan priests. The Vincentian congregation was inspired by St. Vincent de Paul, who founded the Congregation of Mission [CM] on the 17 of April 1625, in Paris, France.

Fr. Shijo George was born in Tellichery [now Thalassery], a municipality in Kerala, India, on September 23rd 1985, to Mrs. Gracy and Mr. George Ottaplackal; farmers who live in Calicut, Kerala. He was baptized on the 9th of November, 1985, by Rev. Fr. James Mundakal at St. George Forane Church Vilangad, Calicut. He has an elder brother Jojo, a chef in India, and younger brother Jithu, who works in Human Resources in Al Ain, the United Arab Emirates. Fr. Shijo completed his secondary education at St. Mary's School in Kallanode, Calicut, Kerala. Then, in 2000 at age 15, he joined the Vincentian minor seminary in Kannur, Kerala; did pre-university studies; and completed his novitiate at the Vincentian Novitiate House at Balesugiri, Meenangadi, Wayanad, Kerala. Philosophical studies were at De Paul Institute, Bangalore, Karnataka, and his Bachelor of Arts degree was from Bangalore University. His regency, or experience of apostolic work and community life, was at De Paul School, Shirampur, Maharashtra, before doing his theological studies at St. Joseph's Pontifical Seminary in Mangalpuza, Aluva, Kerala.

Fr. Shijo George was ordained on 28 December 2011 at St. Joseph's Catholic Church Vayalada, Calicut, Kerala by the Late Mar Paul Chittilapilly, Bishop of Thamarassery Diocese. He has a Master of Arts degree in Christian Studies from Madras University; was appointed as a member of *Popular Mission*; and as assistant to the Vocation Promoter. This was followed by the positions of Vice Rector, teacher, Member of Popular Mission [retreats], and Finance Officer of the Vincentian Minor seminaries in Kerala from 2012 to 2015. His higher studies in Political Science (International Relations) was at Mangalore University, Karnataka. Fr. Shijo was also appointed the Assistant Director and Finance Officer of Divine Prayer Centre in Mangalore, Karnataka. From 2017 to 2020, Fr. Shijo George served as the pastor of St. Joseph Church, Aurangabad, Maharashtra, the Syro-Malabar Catholic Diocese of Shamshabad and later, as the administrator of De Paul Public School at Kopargaon, in Maharashtra. In 2020, Fr. Shijo completed an online certificate course from Harvard University on the "Health Effects of Climate Change". From June 2022, he was appointed the pastor of St Thomas Church at Janakpuri in the Syro-Malabar Catholic Diocese of Faridabad, New Delhi.

On the 9th of November, 2023, Fr. Shijo George was assigned to the Syro-Malabar Catholic Diocese of Mississauga, Ontario, Canada. As part of the pastoral collaboration between the Diocese of Victoria and the Diocese of Mississauga, on 15th December 2023, Fr. Shijo was assigned to serve the Syro-Malabar congregation and as an Associate Priest at St. Joseph the Worker Parish, Victoria. Now, at Sacred Heart Church, he will be pastor for Catholics in both the Latin and Syro-Malabar rites.

Fr. Shijo believes in working together as a family for the betterment of the parish. St. Paul writes in his letter (1st Cor 3:9) "For we are God's servants, working together..." Always trying to keep the joy of the Lord in his heart and to share the joy of Christ with everyone. In Philippians 4:4, St. Paul writes; "Rejoice in the Lord always; again I say, rejoice."

LITURGICAL YEAR B

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm
Syro-Malabar 7:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar (No Holy Mass 28 July) 11:00 am
Polish (paused)
Korean 3:00 pm
Vietnamese (1st and 3rd Sunday) 5:30 pm

RECONCILIATION

Saturday 3:00 pm to 3:45 pm
Sunday 8:15 am to 8:45 am

Weekday Masses

English Masses

Tuesdays to Friday 11:00 am
Friday: Adoration after Mass
Benediction 1:30 pm

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Diocesan Online Mass

<https://www.youtube.com/channel/UCRinXZ2d6GBMpnDM7boV1CA>

Parish Office Summer Hours

Tue 30 Jul to Fri 2 Aug
9:30 am to 3:00 pm

Closed: Saturdays, Sundays, and Mondays.

If you are new and would like to register, or volunteer for a Parish Ministry, please kindly send an email: sacredheart@rcdvictoria.org

Baptism, Marriage, Funerals and Anointing of the Sick

Please contact the Parish Office:
sacredheart@rcdvictoria.org | 250-479-1611



Welcome to our
Catholic Family
Congratulations to

Jhykeith Raphael Estanol
on his Baptism on Saturday, 27 July 2024.

Please pray for:

Those who have died

Fr. Steven Basarab,
Joe and Jose de Lima, Marie and Freda Remedios.

Those who are ill

Skarlet, Thérèse A, Jon A, Patricia C,
Cora C, Lesley D, Gaspar Sirot, Kathleen G, Gwen J,
Derek L, Lisa L, Diane L, Rafael M-Duke,
Matthew M, Davide R, Kathy T, and Maria T.



The Sacrament of Marriage

Prepare to commit to a
Sacred Covenant with God as a couple.

Online Marriage Preparation Course

<https://www.rcdvictoria.org/marriage-prep>



Sacred Heart Faith Formation

Registration is now open for children ages 4 to 12.
Please contact the Children's Religious Education Coordinator,
Lidia Moodie (lidiamoodie@gmail.com) for details.

Adult/Youth Volunteers needed to help with Faith Formation
classes after the 9 am Sunday Mass.
Please contact Lidia by Friday, August 23.



**Rite of Christian Initiation
for Adults (RCIA)**

Parishes in Victoria are collaborating to provide an
opportunity for groups to learn more about our faith.

Sessions will be held on Thursday evenings beginning in the Fall.
For more information, please contact the St. Joseph the Worker
Parish Office at 250-479-7413 / sjtwparish@rcdvictoria.org



Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<http://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please
remember to complete your name and address on those
envelopes to receive a tax receipt. Information and links are
also available on our website.

Canada Helps

<https://www.canadahelps.org/en/dn/47781>

If you have any questions on the available options,
or would like to make a change in how you donate,
please contact the parish office.

Thank you.

Thank you for your contributions!

July 20 to July 21, 2024

Envelopes \$ 1,782.00

Cash \$ 406.45

Total \$ 2,188.45

Donations through PAD, Canada Helps, & e-Transfer
will be reported after the end of the month.



**St. Martha, Mary,
and Lazarus**

29 July 2024

To stress the family spirit of the home
in Bethany where Jesus loved to stay,
Pope Francis has established the
memorial of Saints Martha, Mary and
Lazarus, replacing the previous
memorial of Saint Martha.

The traditional uncertainty of the Latin
Church about the identity of Mary (the
Magdalene to whom Christ appeared after his resurrection, and
the sister of Martha, the sinner whose sins the Lord had forgiven),
which resulted in the inclusion of Martha alone on 29 July in the
Roman Calendar, has been resolved in recent studies and times.

Therefore, the Supreme Pontiff Pope Francis, considering the
important evangelical witness they offered in welcoming the Lord
Jesus into their home, in listening to him attentively, and in believing
that he is the resurrection and the life, decreed that 29 July be
designated in the General Roman Calendar as the Memorial of
Saints Martha, Mary and Lazarus.

[Online accessed, 25 July 2024: <https://opusdei.org/en-ca/article/july-29-memorial-of-saints-martha-mary-and-lazarus/>]

**St. Ignatius
of Loyola**

31 July 2024

Born 1491, at Loyola, Castile [Spain]; died July 31, 1556, Rome [Italy]; canonized March 12, 1622, St. Ignatius was a Spanish theologian and mystic, one of the most influential figures in the Roman Catholic Counter-Reformation in the 16th century, and founder of the Society of Jesus (Jesuits) in Paris in 1534. St. Ignatius was ordained on June 24, 1537. On Christmas Day 1538, he said his first mass at the Church of St. Mary Major in Rome.



In 1540, Pope Paul III approved the plan of the new order. Loyola was the choice of his companions for the office of general. The Society of Jesus developed rapidly under his hand. When he died, there were about 1,000 Jesuits divided into 12 administrative units, called provinces. Three of these were in Italy, a like number in Spain, two in Germany, one in France, one in Portugal, and two overseas in India and Brazil.

St. Ignatius was beatified by Pope Paul V in 1609 and canonized by Pope Gregory XV in 1622. In 1922 he was declared patron of all spiritual retreats by Pope Pius XI, and is also considered a patron of soldiers.

[Online accessed, 25 July 2024: <https://www.britannica.com/biography/St-Ignatius-of-Loyola/Ordination>]



**St. Alphonsus
Liguori**

1 August 2024

Born September 27, 1696, Marianella, Kingdom of Naples [Italy]; died on August 1, 1787, Pagani; canonized in 1839. St. Alphonsus was declared doctor of the church by Pope Pius IX in 1871, and was one of the chief 18th-century moral theologians and founder of the Redemptorists, or Congregation of the Most Holy Redeemer (C.S.S.R.)

in 1732, in Scala: a congregation dedicated primarily to parish and foreign missions. In 1950, he was named patron saint of moralists and confessors by Pope Pius XII. He is also patron of theologians.

After practicing law for eight years, he was ordained a priest in 1726. In 1762, Pope Clement XIII made him bishop of Sant' Agata del Goti near Naples. He resigned in 1775 because of ill health.

Liguori's extensive works fall into three genres: (1) moral theology, best represented by his celebrated *Theologia moralis* (1748); (2) ascetical and devotional writings, including *Visits to the Blessed Sacrament*, and *The Glories of Mary*, which became one of the most widely used manuals of devotion to the Virgin Mary; and (3) dogmatic writings on such subjects as papal infallibility and the power of prayer. His works have gone through several thousand editions and have been translated into more than 60 languages.

[Online accessed, 24 July 2024:
<https://www.britannica.com/topic/Redemptorists>]

Prayer for the Fourth World Day for Grandparents and the Elderly 28 July 2024

Lord, faithful God,
You who created us in Your image,
You who never leaves us alone
and who accompanies us through every season of life,
Do not abandon us, take care of us,
And grant us, once again,
The ability to discover ourselves
and recognise that we are Your children.
Renew our hearts with your Word
And do not allow anyone to be cast aside.
May your Spirit of love fill us with Your tenderness
And teach us to say: "I will not abandon you!"
To those we meet on our journey.
With the help of your beloved Son,
may we not lose the taste for fraternity
And may we not conform to the sadness of loneliness.
Help us to look to the future with renewed hope,
And make the World Day for Grandparents and the Elderly
A day without loneliness, and a day abundant
with the first-fruits of Your peace.

Amen.

Parish Office Summer Hours

Tue 30 Jul to Fri 2 Aug: 9:30 am to 3:00 pm

Tue 6 Aug to Fri 9 Aug: 9:30 am to 3:00 pm

* Tue 13 Aug to Fri 16 Aug: 11:30 am to 1:30 pm

* Tue 20 Aug to Fri 23 Aug: 11:30 am to 1:30 pm

Tue 27 Aug to Fri 30 Aug: 9:30 am to 3:00 pm

Parish Office Staff will be away from Tue Aug 13 to Fri 23 Aug

*We thank all the Parish Office volunteers
who will be in the office
while the staff are on vacation this summer.
The last Parish Bulletin for the summer
will be the weekend of 10/11 August 2024.
Regular bulletins will resume in September.*



We Thank

the James Jose Family
and the
Syro-Malabar Community
for their generous donation
of an
Altar Chalice and Paten.

We also thank
Marie Hamilton
for sewing new
Ciborium Veils
for our parish.
Thank you, Marie!



From the Diocese



Rachel's Vineyard will be hosting a retreat on Vancouver Island from Oct 24 to 27. For information and register, contact Nicola: rachelsvineyardvancouverisland@gmail.com / 250-514-3973.



Come and experience the healing touch of Jesus!
Holy Mass | Preaching | Eucharistic Adoration | Prayers for Healing.

Mon Jul 29, 6 pm to 8 pm: St. Andrew's Cathedral
Wed Jul 31, 6 pm to 8 pm: St. Joseph the Worker Parish
Thu Aug 1, 6 pm to 8 pm: St. Edward's Catholic Church

—
Discover Shalom World's Media Mission.

Sat Aug 3, 9 am to 12 pm: St. Joseph the Worker Parish.

A Great Symphony of Prayer:

The Our Father as a Programme of Life

Videos and the reflection guide are available for this webinar by Dr. Josephine Lombardi of St. Augustine's Seminary, hosted by the CCCB, to participate in the Year of Prayer 2024 in anticipation of the Jubilee Year 2025.

<https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/a-great-symphony-of-prayer-the-our-father-as-a-programme-of-life/>



Join the **World Wide Marriage Encounter** weekend marriage retreat this fall, Oct 25 to 27, 2024.

Rekindle the romance, remind yourselves why you fell in love, and learn to make a good marriage even better!

Early bird pricing until September 9.
Registration closes October 14.

Please visit: <https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter>



Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Robert Ryu

youngjinryu0758@gmail.com

Polish

TBD

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredhearteled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko

Jeremy Côté

Jim Haffey

Peter Martin

Samantha Sherman

Will Podmoroff

Rick Perez de Tagle

Edgar Tan Jr.

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Stan Planeta

(Polish Representative)

PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org



PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Gilbert Santos,
Chay Santos

Floral Ministry

Eduardo Bautista

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Marisa Tinsay

Lynda Tan

Peter Liem

Video Streamers

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L. / Prayer Line

Margot McLaughlin

Knights of Columbus

Rick Perez de Tagle

Led By The Spirit Group

David MacIntyre

Moms & Tots

Chantal Côté

Phone-tree

Elizabeth Olcen

Funeral Receptions

Elizabeth Olcen

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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