



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

60
Years at
Nelthorpe

* 3rd Sunday in Ordinary Time | 26 January 2025 *

Your Holy Ground

By Jean Allen

"The Spirit of the Lord is upon me."

No doubt whenever you hear those words you hear Jesus saying them.

Have you ever said them? About yourself? Would you ever say about yourself, "Because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour,"?

If you haven't applied them to yourself, why not? Does it feel too presumptuous to claim that you have been anointed to do these things? It's not presumptuous, it is absolutely necessary for the health of the Church and the health of the world. No matter where we go or who we talk to, we need to be fully aware of our Royal Priesthood and of the needy hearts of the people we encounter. We are not called to criticize, change, or fix people. We are simply called to love.

Love is a very broad term but it doesn't include judgement. Too many people feel like the loving thing to do is point out failures and errors and try to change and fix. When tempted to do this, please remember that Jesus stopped reading the words of Isaiah after "to proclaim the year of the Lord's favour," and did not read the next phrase, "and the day of vengeance of our God." Jesus did not come to proclaim vengeance; he came to proclaim love, compassion, and most of all, forgiveness.

Jesus recognized that whoever he interacted with, he interacted with them on holy ground. It was holy ground because Jesus and the Father were present. You also make the ground you stand on holy when you bring good news, love, compassion, and forgiveness to someone. When you focus on what is wrong with people around you, or with the world, you are not standing on holy ground. But when you bring light and love instead of judgment, holy ground starts to spread.

Because the Spirit of the Lord is upon you.



LITURGICAL YEAR C

Saturday:

Syro-Malabar Rite Mass No Mass: Sat. Jan 25.
English Mass (Anticipated Sunday Mass) 4:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar Rite Mass on pause
Korean 3:00 pm
Vietnamese (1st and 3rd Sundays) 5:30 pm

RECONCILIATION

Saturday 3:00 pm to 3:45 pm
Sunday on pause

Weekday Masses

English Masses

Mon, Tue, Thu, & Fridays 7:00 pm
(No English Mass on Wednesday evenings)

with Bishop Gary



We thank Bishop Gary & Fr. Benson Asuming (for weekend Masses) for celebrating the Masses during Fr. Shijo's absence.



Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Temporary Parish Office Hours

Tuesdays to Fridays
10:00 am to 2:00 pm

Closed: Saturdays, Sundays, and Mondays.

If you would like to register or volunteer for a Ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >

For your convenience, QR codes are now located around the church.



We wish all who are celebrating Jan. 29, a healthy and prosperous



On Saturday, Feb. 1st & Sunday, Feb. 2nd, we will celebrate the

Feast of the Presentation of the Lord.

Please bring your candles to be blessed!

Please bring your candles, clearly labelled with your name, and leave them on the table by the Sanctuary BEFORE MASS.



Welcome to our Catholic Family

Congratulations to Mateo Emil Audy

on his Baptism on Saturday, 25 January 2025 and

Gabriel William Les

on his Baptism on Sunday, 26 January 2025



Please pray for:

Those who have died

Betty Guterres, Laverne Knapik, Hanna Murray, Herculano & Joao Pimental, and Souls in Purgatory.

Those who are ill

Mary-Lee A, Skarlet, Jon A, Patricia C, Cora C, Lesley D, Kathleen G, Gwen J, Derek L, Lisa L, Diane L, Rafael M-Duke, Katherine N, Edvige P, Dino Rinaldo, Davide R, Gaspar S, Valerie S, Cathy T, Maria T, and Ornella T.



Eternal Rest Grant Unto

Laverne Knapik (24 Jan 2025)

Funeral Mass, 10:30 am, Friday, January 31st

O Lord, and let Perpetual Light Shine Upon her. May her soul rest in peace. Amen.

2025 Parish Donation Envelopes

The 2025 Parish Donation Envelopes are available for pick up in the foyer.



If you do not currently have a box set and would like to begin using envelopes, call the Parish Office or fill out the form on the table near the envelope sets. Offertory donation envelopes are beneficial if you make weekly contributions to the parish and are necessary if you wish to receive an income tax receipt.

If you are new to the parish or would like to start using these donation envelopes, contact the parish office at 250-479-1611, or email sacredheart@rcdvictoria.org to have a box set aside for you.

We also offer the following options for your financial contribution to the parish (see below).

1. Pre-authorized debit *(automatically deducted from your bank account on a monthly basis)
2. E-Transfers to sacredheart@rcdvictoria.org
3. Gifts of publicly traded securities.

PLEASE DO NOT USE ANY ENVELOPES FROM PAST YEARS.

Since we have re-numbered some sets, if you use a set from a prior year, you will not get credit for your donation.

Thank you.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

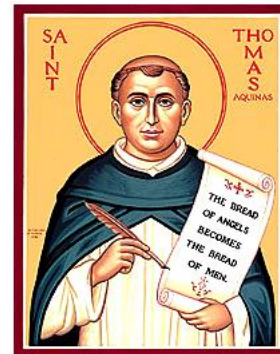
This is the new QR code for donations: also on display around the church for your convenience.



If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

St. Thomas Aquinas
28 January
Patron Saint of Universities and Scholars



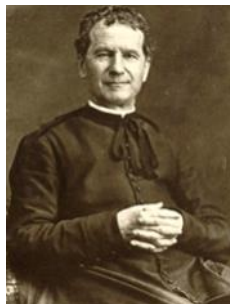
St. Thomas Aquinas (born 1224/25, Roccasecca, near Aquino, Terra di Lavoro, Kingdom of Sicily, Italy. Died March 7, 1274 in Fossanova, near Terracina, Latium, Papal States. He was canonized on July 18, 1323.

St. Thomas was an Italian Dominican theologian and the foremost medieval Scholastic. He developed his own conclusions from Aristotelian premises, notably in the metaphysics of personality, creation, and Providence. As a theologian, his two masterpieces are the Summa theologiae and the Summa contra gentiles, for the classical systematization of Latin theology. As a poet, he wrote some of the most gravely beautiful eucharistic hymns in the church's liturgy that are still sung today. His doctrinal system and the explanations and developments made by his followers are known as Thomism.

Although many modern Roman Catholic theologians do not find St. Thomas altogether congenial, he is nevertheless recognized by the Roman Catholic Church as its foremost Western philosopher and theologian.

[Online accessed, 21 Jan 2025: <https://www.britannica.com/biography/Saint-Thomas-Aquinas>]

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St. John Bosco
31 January

Patron Saint of apprentices, editors, publishers, students, young children, magicians, and juvenile delinquents

Don Bosco, or John Melchior Bosco, was born on August 16, 1815. He was an Italian Catholic priest, educator, and writer. In Turin, where the population suffered the ill effects of industrialization and urbanization,

he dedicated his life to improve and educate street children, juvenile delinquents, and disadvantaged youth. He formed the Salesian Society named after St. Francis de Sales, and developed teaching methods based on love rather than punishment; a method that became known as the Salesian Preventive System. His rule was to remove temptation, treat youth with dignity and kindness, and enrich them with skills to lead them to productive lives. With the help of St. Mary Mazzarello, he also established the Salesian Sisters to do similar work among girls.

John Bosco died in 1888 and was canonized in 1934 by Pope Pius XI who knew him as a young priest.

Development & Peace
Caritas Canada's Petition Campaign



Development and Peace is launching a campaign next weekend to defend the rights of peasants and small-scale farmers around the world. These communities care for the Earth and feed the world, yet their rights are under threat. D&P is calling on Canada to adopt mandatory human rights and environmental due diligence legislation. **Sign an action card to make a difference!**

Thank you for your contributions!

January 18 & January 19, 2025

Envelopes \$ 2,070.00

Cash \$ 271.00

Total \$ 2,341.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

Thank you to everyone who promoted the 2024 Appeal, "Sharing God's Gifts." We have raised an impressive \$843,228.07. Opportunity for donations have been extended up to February 5, 2025.

On December 30, 2024, the federal government announced plans to amend the Income Tax Act that will extend the deadline for donations eligible for tax benefits for the 2024 tax year to February 28, 2025. At the Diocese, tax receipts will be processed as usual in early February, with an additional batch in March for donations received in January and February. Donors will have the option to decide which tax year their additional tax receipt will apply to. To donate, please visit <https://www.rcdvictoria.org/bishops-appeal>.

Parish Goal: \$ 44,000.00 Received: \$ 50,288.93 Number of Gifts: 153



Bishop Thomas J. Lobsinger, OMI Memorial Bursary Program



Applications accepted from Jan 1 until Jun 30, 2025.
The Terms of Reference: <https://kofcbc.org/bursary-program-2025/>
Requests for application should be addressed to:
Christopher Chen – State Bursary Chairman
Knights of Columbus BC Charity Foundation
#333 – 1231 Pacific Boulevard
Vancouver, B.C. V6Z-0E2
Or email: chrischen.kofc@gmail.com



Society of St. Vincent de Paul

To join the Society, please contact Georgina: mgvshort@telus.net or call 250-727-2615

Donate online and specify "Sacred Heart Parish":
<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>

All cheques: "Society of St. Vincent de Paul".



CHRISTIAN MEDITATION

Thursdays, 11:45 am | Parish Hall

We welcome newcomers.

For more information, please contact Margie Noonan
250-589-6313 or margielnoonan@gmail.com.



Join the CWL!

Renew your CWL membership or consider joining as a new member. We invite all Catholic women to join to make a difference.

Contact Denise for more information or to register:
deniseowen@shaw.ca / 250-580-0066.



From the Diocese



Seminary of Christ the King February 8 & 9, Mission, BC | Vocation Live-In

You are invited to a Vocation Live-In on the weekend Feb 8 at the Seminary of Christ the King, Mission, BC. If you are contemplating a vocation, and wishing to enter the Seminary in the next couple of years, you are welcome for the Live-In weekend.

For more information phone 604-826-8975
or email rector.minors@sck.ca

Welcome to the Diocese of Victoria!

We are happy to welcome Sr. Selfiana Solo RVM to our Diocese. Sr. Selfiana will join and serve with Sr. Janet Bayron RVM at St. Ann's Parish in Duncan.



World Religions Conference 2025

Victoria Multifaith Society

Join the World Religions Conference on Sunday, February 2, at 4:30 pm in the Gary Oak Room, Saanich Commonwealth Centre.

Held in honour of UN World Interfaith Harmony Week, this year's theme is "Healing in a Polarized World", with speakers from eight faiths sharing their perspectives. An East Indian meal will follow, generously provided by the Ahmadiyya Muslim Community.

This event is free, but registration is required.
<https://worldreligionsconference.ca/upcoming-conference-2/#register>

WINTER 2025 PASTORAL CARE TRAINING SESSION

9 am to 12 pm, Feb 1st to Apr 5
(No session on Mar 8: Spring Break)



"God calls us to touch the lives of our aging, lonely, ill, palliative and dying sisters and brothers with accompaniment, kindness and compassion as the hands and face of Christ. In these sessions, you learn basic tools necessary to accompany those who are in need of the healing ministry of Christ." – Most Reverend Gary Gordon, Bishop of Victoria

Nine sessions will be held via Zoom on Saturday mornings. You will receive a Certificate of Completion if all sessions are attended. You will require a phone number and email address, a computer, tablet or Smart Phone with speakers, microphone and webcam, a reliable Internet connection, and access to Zoom.

Please register through your local parish by January 21, 2025.
For further information, please email moiraking@shaw.ca



"Grief to Grace" Retreat in May 2025, Kelowna.

This program is for people who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors. Through a retreat program facilitated by mental health professionals, centered on Jesus Christ, participants are helped to find healing and journey to wholeness.

For more information please email
griefftoGracekelowna@gmail.com
or make a confidential call to 250-808-6403.



Diocesan
Permanent Pastoral Synod

For a synodal Church



Click here for
Bishop Gary Gordon's
Message

<https://www.rcdvictoria.org/news/bishop-gary-gordons-message-for-the-2025-dpps-cycle>

Diocesan Bursary Catholic Women's League "In Memory of Freda Smith" Deadline: March 31



This \$750 Bursary is awarded to a Catholic student graduating from a secondary or home schooling program in the Diocese who plans to pursue a post secondary education. For more information, and for the application form, please visit <https://cwlodv.org/application>

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Mark Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherene Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2024 / 2025

Marilyn Bojko

Jeremy Côté

Jim Haffey

Peter Martin

Samantha Sherman

Will Podmoroff

Rick Perez de Tagle

Edgar Tan Jr. (Chair)

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org



PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Gilbert Santos,

Chay Santos

Floral Ministry

Eduardo Bautista

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Marisa Tinsay

Lynda Tan

Peter Liem

Video Streamers

PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L. / Prayer Line

Margot McLaughlin

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Phone-tree

Elizabeth Olcen

Funeral Receptions

Elizabeth Olcen

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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