



# Sacred Heart Catholic Church

60  
Years at  
Nelthorpe

4040 Nelthorpe Street, Victoria, BC V8X 2A1  
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

\* 7th Sunday in Ordinary Time | 23 February 2025 \*



## Doin' It Just Like Dad

Jean Allen

God and Jesus ask nothing of us that they don't practice themselves. So, when you read or hear things like, "if anyone strikes you on the cheek, offer the other also," hold it in your heart that God is exactly that way with us. A slap on the cheek was a way of asserting power over someone of lower status. God does not cling to his status over us. If we challenge him, he does not retaliate. He has no need to establish dominance.

"Give to everyone who begs from you; and if anyone takes away your goods do not ask for them again." Is God generous to the extreme? You bet. Does God expect anything in return? He does not. God does not operate on a quid pro quo system saying, "I gave something to you, now you owe me big time." That's how humans act, not God. All he's asking is that we be like him. He gives without measure and does not withhold his love if we don't, or can't, pay him back. How could he ask us to be generous, forgiving and merciful if he keeps score of all we owe him and is resentful and hard hearted when we don't pay him back adequately?

The only quid pro quo here is that if we give the way God does, "a good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back." If we withhold forgiveness, mercy and compassion, we have closed our hearts to the goodness of God and closed ourselves off from the Kingdom Life. God does not judge us if we judge others because we have already judged ourselves within that judgement. We have placed ourselves outside in the cold. We do it, not God.

But guess what! When we seek for his generous mercy, the door is flung open and the host welcomes us joyfully to the banquet. How can we resist a God like that?

How can we not act the same?

## LITURGICAL YEAR C

### Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm  
Syro-Malabar Rite Mass 7:00 pm

### Sunday:

English Mass 9:00 am  
Syro-Malabar Rite Mass 11:00 am  
Korean 3:00 pm  
Vietnamese (Mass: Sun 23rd Feb) 5:30 pm

## RECONCILIATION

Saturday 3:00 pm to 3:45 pm  
Sunday 8:15 am to 8:45 am

## Weekday Masses

### English Masses

Tuesday 11:00 am  
Wednesday 11:00 am  
Thursday 11:00 am  
Friday 11:00 am

(Adoration after the 11 am Friday Mass  
Benediction at 1:30 pm)

### Korean Masses

Wednesdays 7:30 pm  
Thursdays 10:00 am

## Parish Office Hours

### Tuesdays to Fridays

10:00 am to 2:00 pm

Closed: Saturdays, Sundays, and Mondays.

If you would like to register or volunteer for a Ministry, please send an email to sacredheart@rcdvictoria.org

### For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:  
E. sacredheart@rcdvictoria.org  
P. 250-479-1611

Sacred Heart Parish Website >

For your convenience, QR codes are now located around the church.



## Coming Up this LENT Ash Wednesday, March 5 Masses will be at 12 pm and 6 pm

## Stations of the Cross

Fridays, March 7 to April 11

**NO 11:00 am Mass on Fridays during Lent**

Friday Adoration : 5:00 pm  
Benediction : 6:15 pm  
Stations of the Cross : 6:30 pm  
**MASS : 7:00 pm.**



## Security Cameras

Due to some furniture dumping, an arson last November, and for the general security of the parish, security cameras have been installed around the church property.



## Collection of Palms

It's time once again to collect palms to be burned and used for Ash Wednesday on March 5th. Please bring in your palms and leave them in the container in the church foyer.

**Deadline: Sunday, March 2.**





### Please pray for:

#### **Those who have died**

Burt Charles, Joe Snr. & Joe Jnr. Delima, Wilfred Dick, Betty Guterres, Francis & May Howard, Robert McKendry, Jacques Moreau, Rosa & Carlos Pimentel, Sarah Remedios, and Souls in Purgatory.

#### **Those who are ill**

MaryLee Alexander, Skarlet, Jon A, Patricia C, Cora C, Lesley D, Kathleen G, Gwen J, Derek L, Lisa L, Diane L, Katherine N, Edvige P, Will Pontes, Dino Rinaldo, Davide R, Gaspar S, Valerie S, Cathy T, Maria T, and Ornella T.

*Fr. Shijo's Homilies*  
are available on our Parish Website  
<https://sacredheartvictoria.com/sacred-heart-homilies.html>



**Thank you for supporting the  
Family Day Pancake Breakfast  
last Sunday!**  
hosted by the Knights of Columbus



**Estate Planning  
Workshop**  
Saturday, March 8  
5 pm to 6 pm  
Sacred Heart Parish Hall

### **Presentations Bequests and Planned Giving**

Leah MacKenzie Diocese of Victoria

### **Wills, Powers of Attorney & Health Care Representation Agreements**

Raya MacKenzie JB Lawyers LLP

Please register in advance through the Parish office: 250-479-1611 or [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org). Information can be accessed here: <https://www.rcdvictoria.org/donate/planned-giving>.



## **2024 TAX RECEIPTS**

TAX RECEIPTS are now ready for pickup from the foyer, arranged in alphabetical order according to surnames.

Thank you for generously supporting the parish in 2024. We thank everyone who requested for their Tax Receipts to be emailed.

## **Options to Donate**

### **E-Transfer:**

The email to use is [sacredheart@rcdvictoria.org](mailto:sacredheart@rcdvictoria.org)

### **Pre-Authorized Debit (PAD)**

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

### **Canada Helps**

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.



If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

**Thank you.**

**Thank you for your contributions!**

### **February 15 & February 16, 2025**

Envelopes \$ 1,720.00  
Cash \$ 346.00  
Total \$ 2,066.00

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



## **Society of St. Vincent de Paul**



In today's Gospel Jesus gives us the challenge to: "Love your enemies... Give to everyone who asks of you... Do to others as you would have them do to you... Be merciful, just as your Father is merciful.

Your gift to the poor can bring the love and peace of Jesus to those who live in fear and doubt, with loneliness and fear.

### **Donate online:**

[https://give-can.keela.co/ssvp\\_donation\\_form](https://give-can.keela.co/ssvp_donation_form) and specify "Sacred Heart Parish":

All cheques: "Society of St. Vincent de Paul".

To join the Society, please contact Georgina: [mgvshort@telus.net](mailto:mgvshort@telus.net) or call 250-727-2615



## **Bishop Thomas J. Lobsinger, OMI Memorial Bursary Program**

Applications accepted until Jun 30, 2025.

The Terms of Reference:

<https://kofcbc.org/bursary-program-2025/>

Requests for application should be addressed to:

Christopher Chen – State Bursary Chairman  
Knights of Columbus BC Charity Foundation  
#333 – 1231 Pacific Boulevard, Vancouver, B.C. V6Z-0E2

Or email: [chrischen.kofc@gmail.com](mailto:chrischen.kofc@gmail.com)



## **CHRISTIAN MEDITATION**

**Thursdays, 11:45 am | Parish Hall**

We welcome newcomers.



From the teachings of Fr. John Main (1926-1982), a Benedictine monk, each week, the group listens to talks by Frs. John Main, Laurence Freeman and others followed by a 20-30 minute period of silent meditation.

For more information, please contact Margie Noonan 250-589-6313 or [margielnoonan@gmail.com](mailto:margielnoonan@gmail.com).

## **Map of Parishes in the Diocese of Victoria**



The Parish page on the Diocese website now includes an interactive map to help you find parishes more easily. We hope this also encourages parishioners to learn more about other parishes across the Island and surrounding areas.

Discover the map here: <https://www.rcdvictoria.org/parishes>



It is time for our next Parish Photo Directory to be prepared! Please check your personal schedules for the time best for your family to come in to have your photo taken, and schedule your appointment with the photographer.

There are two weeks of photo times, with half-an-hour scheduled for each family. The dates are: **Monday, March 31 to Saturday, April 5, and Monday April 28 to Saturday, May 3.** Morning through to the evening appointment times will be available on most days. We look forward to capturing the smiles of our entire parish family in this 2025 souvenir booklet.

For more information, please email Marilyn Bojko: 123sigmar@gmail .com

## 60th Anniversary Photo Directory



Join Fr. Dean Henderson,  
Rector of St. Andrew's Cathedral,  
for a Lenten Retreat



# Gospel of Joy & Hope



Here at Sacred Heart Church  
Sunday, March 30  
to Tuesday, April 1  
7 pm daily

## FAST & ABSTENANCE

**Ash Wednesday, March 5, 2025 and Good Friday, April 18, 2025** are days of fast and abstinence. Fridays of Lent are compulsory days of abstinence. In Canada, Catholics may substitute an act of charity in place of abstinence. However, it is strongly encouraged that some form of penitential discipline be undertaken.

*Abstinence* is observed by all 14 years of age and older. On days of abstinence no meat is allowed. *Fasting* is to be observed by all 18 years of age and older who have not celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength may be taken according to each one's need. Together they should not equal another full meal. Eating between meals is not permitted. Liquids, milk and juices, are allowed.

Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt, the parish priest should be consulted. Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.



## From the Diocese



### Prayers for Pope Francis

Most Rev. William T. McGrattan, Bishop of Calgary and President of the Canadian Conference of Catholic Bishops, is offering prayers for the health and recovery of Pope Francis. You can read his statement here:

<https://www.cccb.ca/announcement/message-by-the-most-rev-william-t-mcgrattan-bishop-of-calgary-and-ccb-president-praying-for-the-health-and-recovery-of-pope-francis/>



### Serra Club Meeting

6 pm, Tuesday, February 25  
Basment Hall, Our Lady of Fatima Parish

Fr. Frank Franz will talk about his journey to the priesthood, promoting vocations in our Diocese. This event is organized by the Serra Club in formation, to promote vocations to the priesthood and religious life. Come and learn more about us.

### Catholic Education and Evangelisation

The Catholic Bishops of British Columbia have released a Pastoral Letter on Catholic Schools that highlights Catholic education's key role in evangelization and whole-person formation. It calls for Catholic schools to maintain their identity, integrate faith with learning, and work with families, educators, and pastors to build a Christ-centred community serving both students and society.

The letter may be read online at:

<https://www.rcdvictoria.org/news/pastoral-letter-on-catholic-schools>



The Catholic Bishops  
of British Columbia

### Antiqua et Nova



The Vatican has released *Antiqua et Nova*, a document on the relationship between artificial intelligence and human intelligence. It highlights the distinction between AI and human intelligence and calls for ethical guidelines to ensure AI respects human dignity and serves the common good.

To read the full document, please visit:

[https://www.vatican.va/roman\\_curia/congregations/cfaith/documents/rc\\_dff\\_doc\\_20250128\\_antiqua-et-nova\\_en.html](https://www.vatican.va/roman_curia/congregations/cfaith/documents/rc_dff_doc_20250128_antiqua-et-nova_en.html)



St. Joseph's  
Elementary School  
6:30 pm, March 6 to 7,  
1pm & 6:30 pm, March 8

Everyone is welcome!  
Tickets are available now  
on Eventbrite:

<https://www.eventbrite.ca/e/sister-act-junior-tickets-1028419990877>

## Employment Opportunities Director of Musical Worship



St. Andrew's Cathedral is seeking a dedicated Director of Musical Worship to uphold and enhance its legacy of musical excellence, inspiring and engaging the worship community through a vibrant and dynamic music ministry.

A detailed job description can be viewed here:

<https://www.standrewscathedral.com/post/job-opportunity-director-of-musical-worship>

## Diocesan Bursary Catholic Women's League "In Memory of Freda Smith"

**Deadline: March 31**



This \$750 Bursary is awarded to a Catholic student graduating from a secondary or home schooling program in the Diocese who plans to pursue a post secondary education. For more information, and for the application form, please visit <https://cwldov.org/application>

## Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

## Korean, Fr. Marco Park

dkpark@rcdvictoria.org

## Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

## Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

## Hospital Chaplain, Fr. Sean Flynn

250-889-3761

## Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

## Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

## Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

## RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

## PARISH PASTORAL COUNCIL 2024 / 2025

Marilyn Bojko

Jeremy Côté

Jim Haffey

Peter Martin

Samantha Sherman

Will Podmoroff

Rick Perez de Tagle

Edgar Tan Jr. (Chair)

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

## PARISH MINISTRIES & GROUPS

Please contact the Parish Office:  
sacredheart@rcdvictoria.org



## PARISH LITURGICAL MINISTRIES

### Parish Liturgy Coordinator

Rafael Oei

Altar Servers

Karla Montano

Extraordinary Ministers

Gilbert Santos,

Cynthia Santos

Floral Ministry

Eduardo Bautista

Lectors

Stan Dzbik

Music Director

Rafael Oei

Pastoral Care Ministry

Lynda Tan

Ushers

Marisa Tinsay

Lynda Tan

Peter Liem

Video Streamers

## PARISH GROUPS

Christian Meditation

Margie Noonan

C.W.L. / Prayer Line

Denise Owen

Knights of Columbus

Stan Dzbik

Led By The Spirit Group

David MacIntyre

Moms & Tots

Genevieve Vuksic

Phone-tree

Elizabeth Olcen

Funeral Receptions

Elizabeth Olcen

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](https://RCDVictoria.org/Responsible-Ministry) or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](https://BishopReportingSystem.ca) or call 1-866-892-3737

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