



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
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*** 16th Sunday in Ordinary Time | 21 July 2024 ***

Following the Gospel from last weekend, the disciples had come back from ministering to God's people and they were drained. While on their mission, they were totally dependent on the Father for everything: not only for their own needs but also for the needs of everyone around them. It was the first time they really had to accept the fact that Jesus not only chose them but he chose them *in order to send them out*. It was the first time they had to absolutely trust that God could and would work through them in the same way he worked through Jesus.



It's Your Turn by Jean Allen

Believing in your call and putting your complete trust in God can be exhausting. It is not God's will that anyone become burnt out in His service.

As a lay person, no matter who you are and what your lifestyle is, it's hard to grasp that you are anointed to be pastors and shepherds as much as those who have been officially commissioned to be pastors and shepherds. It is difficult to keep in focus that sense of being chosen and sent when you feel no different from millions of others who walk the same earthly path as you do and outwardly look just like you.

When the disciples were sent out, there was nothing to mark them as special people. There was nothing to distinguish them from anyone else travelling the same roads and walking through the same villages. Like us, they had to keep focussed on one thing: "Jesus sent us." But they most likely didn't know exactly what that purpose was at any given moment. The more they moved in the belief that they were chosen and sent, the more they *knew* they were chosen and sent. The more they prayed and reached out with the heart of Christ, the more the power of God flowed through them. It's the same with us. Exactly the same.

Every person we meet challenges us to make a choice. Every person, moment, and situation invites us to be like Jesus who was so connected to the Father that he knew whether to speak or not to speak; to touch or not touch; to challenge or not challenge; to heal or not heal.

No, it is not easy. The point is not to become perfect in mission. The point is to try and to keep trying until we begin to recognise the voice of the Father over all the other voices out there. We've believed that we are common and ordinary and that as long as we faithfully follow Jesus, we're doing the best we can. However, just as it was for the disciples, following is simply the beginning.

You have been chosen. You can stay safe and simply be a follower or you can take a risk and believe in who you have been called to be since before the beginning of time. That's a large and astounding concept to try to grasp but it's the truth. We were not called to be small, anonymous, or inconsequential. That was never in God's plan.

God made his choice. Now it's your turn.

(Taken from Allen, Jean 2014, p. 367-371, *Manna Gathering*, BookLocker.com, Inc.)

LITURGICAL YEAR B

Saturday:

English Mass (Anticipated Sunday Mass) 4:00 pm
Syro-Malabar 7:00 pm

Sunday:

English Mass 9:00 am
Syro-Malabar (No Holy Mass 28 July) 11:00 am
Polish (paused)
Korean 3:00 pm
Vietnamese (1st and 3rd Sunday) 5:30 pm

RECONCILIATION

Saturday 3:00 pm to 3:45 pm
Sunday 8:15 am to 8:45 am

Weekday Masses

English Masses

Tuesdays to Friday 11:00 am
Friday: Adoration after Mass
Benediction 1:30 pm

Korean Masses

Wednesdays 7:30 pm
Thursdays 10:00 am

Diocesan Online Mass

<https://www.youtube.com/channel/UCRinXZ2d6GBMpnDM7boV1CA>

Parish Office Summer Hours

Tue 22 Jul to Fri 26 Jul
11:30 am to 1:30 pm

Closed: Saturdays, Sundays, and Mondays.

If you are new and would like to register, or volunteer for a Parish Ministry, please kindly send an email: sacredheart@rcdvictoria.org

Baptism, Marriage, Funerals and Anointing of the Sick

Please contact the Parish Office:
sacredheart@rcdvictoria.org | 250-479-1611

Celebrate the installation of
Fr. Shijo George
as Pastor of our parish!
9 am, Sunday, July 28, 2024
followed by a Pancake Breakfast hosted
by the Knights of Columbus!



Welcome to our Catholic Family
Congratulations to
Caeli Isabelle Dizon
on her Baptism
on Sunday, 21 July 2024.



Congratulations
Ifeanyi and Omone
on your Sacred Union in
Holy Matrimony on
Saturday, 20 July 2024



Please pray for:

Those who have died

Ferdinando & Carmela Arimare, Hervé Mailhot, Chloe Manguerra, Sixto Pongos, Fidelis & Maureen Prashad, and Angela Salvador

Those who are ill

Skarlet, Thérèse A, Jon A, Patricia C, Cora C, Lesley D, Gaspar Sirot, Kathleen G, Gwen J, Derek L, Lisa L, Diane L, Rafael M-Duke, Matthew M, Davide R, Kathy T, and Maria T.



The Sacrament of Marriage

Prepare to commit to a Sacred Covenant with God as a couple.

Online Marriage Preparation Course

<https://www.rcdvictoria.org/marriage-prep>



You can now gain access to FORMED through the parish.

Please scroll and search for our parish:

**"Sacred Heart Catholic Church,
4040 Nelthorpe Street, V8X 2A1**

Select it and create a new account on www.formed.org/signup



Rite of Christian Initiation for Adults (RCIA)

Parishes in Victoria are collaborating to provide an opportunity for groups to learn more about our faith.

Sessions will be held on Thursday evenings beginning in the Fall. For more information, please contact the St. Joseph the Worker Parish Office at 250-479-7413 / sjtwparish@rcdvictoria.org

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<http://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

<https://www.canadahelps.org/en/dn/47781>

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.

Thank you.

Thank you for your contributions!

July 13 to July 14, 2024

Envelopes \$ 1,262.00

Cash \$ 358.75

Total \$ 1,620.75

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



St Mary Magdalene by Carlo Dolci

St. Mary Magdalene

21 July 2024

St. Mary Magdalene was a devoted disciple and friend of Jesus during the time of His ministry, and one of the few who was with Him during His agony on the Cross. Finally, she was one of the three women who went to anoint His body in the tomb on Easter morning, becoming the first person to announce the Resurrection to others, when she went and told the Apostles that Jesus had risen.

Mary Magdalene has long been referred to as being a prostitute, though nowhere in Scripture does it specify she was one. St. Mary Magdalene is also thought to be the woman caught in adultery whose stoning the Lord prevents and whom He tells to "go and do not sin again" (John 8:11). However, since He also says this to the sinful woman who anoints His feet, this is not a likely connection. In fact, neither the Greek nor Latin Fathers of the Church held this view. Mary the sister of Martha and Lazarus of Bethany is likewise often identified as the same person. This Mary similarly anoints the Lord's feet with a costly ointment, as the sinful woman did and as Magdalene would do of Christ's Body in death. In this view, Bethany is likely her origin, Magdala where she lived. In general, opinions on who Mary Magdalene was tends to be divided along Greek and Latin lines. Scripture provides no clear solution to this question.

St. Mary is called "Apostle to the Apostles" because she was the first person Christ instructed to proclaim His Resurrection to the Apostles (John 20:17). It is said that St. Hippolytus (c. 170- c.235) gave her this title. St. Mary Magdalene is the patron saint of contemplative life, converts, hairstylists, penitents, perfume makers, and women. She is the patron of hairstylists and perfume makers due to the Gospel story of her anointing Jesus' feet.

[Online accessed, 16 July 2024: <https://www.ewtn.com/catholicism/seasons-and-feast-days/st-mary-magdalene-24248>]

St. James

25 July 2024



St James the Greater by Játiva, Valencia

While St James was believed to have died on March 25th, the Church celebrates his feast on July 25, when his relics were first brought out for veneration during the Middle Ages at Santiago de Compostela in Galicia (NW Spain), the pilgrimage site for all of Europe for the relics of the Apostle, and where they are kept.

St. James was a fisherman who, with his brother John, worked in their father Zebedee's business, and were among the first disciples of Jesus (Mt. 4:21-22). This James is distinguished from the Apostle James the Lesser, or Less, either due to his height or his greater age. St. James was also one of the three Apostles who were invited by the Lord to be with Him on at least three occasions: the raising of Jairus' daughter (Mk. 5:33ff; Lk. 8:49ff), the Transfiguration on Mt. Tabor (Mt. 17:1; Mk. 9:2ff; Luke 9:28ff) and in the Garden of Gethsemane after the Last Supper (Mt. 26:33ff; Mk. 14:32ff).

St. James the Greater, having preached in Spain, returned to Judea to preach and proclaim the Gospel to the Jews. He was arrested and put to death by order of King Herod around the year 44 A.D. His body was miraculously translated to Iria Flavia in the northwest of Spain; later to Compostela, and finally placed in the Cathedral of Santiago de Compostela, where his relics have become the object of pilgrimage and veneration, and the objective of the pilgrims Way of St. James. St. James is the patron saint of Spain, pilgrims, and knights.

[Online accessed, 16 July 2024: <https://www.ewtn.com/catholicism/seasons-and-feast-days/st-james-the-greater-24325>]



St. Anne & St. Joachim 26 July 2024

Saints Joachim and Anne, are the parents of the Virgin Mary. There are no mentions of them in the Bible or Gospels. What we know comes from Catholic legend and the Gospel of James; an unsanctioned, apocryphal writing from the 2nd century AD. We do know from scholarship that the Gospel of James was not written by James, the Brother of Jesus, despite its claim. There are about 150 copies of the ancient manuscript, with different titles, but tell the same story, that Mary was promised to Joachim and Anne by an angel, was consecrated to God, and she remained a virgin all her life. We have no true primary sources that prove they existed, but we can agree that Mary had parents. Joachim and Anne have served as role models for parents and both deserve to be honoured and emulated for their devotion to God and Our Lady Mary, the Mother of God.

St. Anne is the patron saint of pregnant women, mothers, grandmothers, and housewives. St. Joachim is the patron saint of fathers and grandfathers.

[Online accessed, 17 July 2024: https://www.catholic.org/saints/saint.php? saint_id=22]

Parish Office Summer Hours

* Tue 23 Jul to Fri 26 Jul: 11:30 am to 1:30 pm

Tue 30 Jul to Fri 2 Aug: 9:30 am to 3:00 pm

Tue 6 Aug to Fri 9 Aug: 9:30 am to 3:00 pm

* Tue 13 Aug to Fri 16 Aug: 11:30 am to 1:30 pm

* Tue 20 Aug to Fri 23 Aug: 11:30 am to 1:30 pm

Tue 27 Aug to Fri 30 Aug: 9:30 am to 3:00 pm

Parish Office Staff will be away from

Tue 23 Jul to Fri 26 Jul

Tue Aug 13 to Fri 23 Aug

We thank all the Parish Office volunteers who will be in the office while the staff are on vacation this summer.

The last Parish Bulletin for the summer will be the weekend of 10/11 August 2024.

Regular bulletins will resume in September.



From the Diocese



Recollections for men and women

Opus Dei's main activity is "offering people the spiritual means that they need to live as good Christians in the midst of the world" (St Josemaria Escriva, founder of Opus Dei). "Recollection" is a time set aside to go deeper into a relationship with God. Time is spent conversing with Him, guided by meditation and an examination of conscience. A priest of Opus Dei will be available for spiritual direction and/or confession.

Evening recollection for women: Our Lady of Fatima Parish, 7 pm to 9 pm, Monday, 22 July 2024.

It will be preceded by Mass at 6pm and confession at 6:30pm.

Evening recollection for men: Sacred Heart Parish, 6 pm to 8 pm, Tuesday, 23 July 2024.

It will be preceded by Mass at 5:15pm.



Come and experience the healing touch of Jesus!

Holy Mass | Preaching | Eucharistic Adoration | Prayers for Healing.

Mon Jul 29, 6 pm to 8 pm: St. Andrew's Cathedral

Wed Jul 31, 6 pm to 8 pm: St. Joseph the Worker Parish

Thu Aug 1, 6 pm to 8 pm: St. Edward's Catholic Church

Discover Shalom World's Media Mission.

Sat Aug 3, 9 am to 12 pm: St. Joseph the Worker Parish.

Serra is a global organization of lay Catholics who promote and foster vocations to the priesthood and consecrated religious life.



There is a Serra club in our Diocese, and you are invited to its 2nd Anniversary Celebration on July 25 (Thursday) at Our Lady of Fatima Parish.

Adoration of the Blessed Sacrament will begin at 6 pm, Mass will be at 6:30 pm, followed by a small reception.

For more information about Serra International, please visit <https://serracanada.com/about-serra/>

Next Sunday is the 4th World Day for Grandparents and the Elderly

Sunday, 28 July 2024

The theme is **"Do not cast me off in my old age"**

(Psalm 71:9)

In this year of preparation for the Jubilee, the Holy Father wishes us to be devoted to prayer. The theme of the World Day is taken from Psalm 71, the plea of an elderly person who reflects on the story of his friendship with God. By cherishing the charisms of grandparents and the elderly, and their contributions to the life of the Church, the World Day supports the efforts of every ecclesial community to forge bonds between the generations and to combat loneliness. "It is not good for man to be alone" (Gen 2:18).

Join the World Wide Marriage Encounter weekend marriage retreat this fall, Oct 25 to 27, 2024. Rekindle the romance, remind yourselves why you fell in love, and learn to make a good marriage even better!

Early bird pricing until Sep 9.

Registration closes Oct 14.

Please visit: <https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter>



Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Robert Ryu

youngjinryu0758@gmail.com

Polish

TBD

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: *sacredheart@rcdvictoria.org*

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Lidia Moodie: *sacredheartreled@rcdvictoria.org*

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Rafael Oei: *sacredheart@rcdvictoria.org*

RMSE Coordinator

Sindhu Merwin: *sacredheartmse@gmail.com*

PARISH PASTORAL COUNCIL 2023 / 2024

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(Polish Representative)

PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org



PARISH LITURGICAL MINISTRIES

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Altar Servers

Karla Montano

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Video Streamers

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Christian Meditation

Margie Noonan

C.W.L. / Prayer Line

Margot McLaughlin

Knights of Columbus

Rick Perez de Tagle

Led By The Spirit Group

David MacIntyre

Moms & Tots

Chantal Côté

Phone-tree

Elizabeth Olcen

Funeral Receptions

Elizabeth Olcen

Social Justice/D & P

Stan Dzbik

St. Vincent de Paul

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

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