



Sacred Heart Catholic Church

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* 3rd Sunday in Ordinary Time | 21st January 2024 *

Called, Not Broken

By Jean Allen



I confess, I was completely bereft of inspiration regarding this Gospel of Jesus calling the fishermen to leave their nets and follow him. They were called. Call is a word we use - I use - so frequently but what does it really mean for most of us? There are those we know who have definitely 'heard the call' but what do the vast majority of us really hear? What do we expect to hear? I was at Mass, praying in frustration for something pertinent to say about Jesus calling us, when a phrase dropped into my mind and heart and I felt peaceful release.

It was, "Human Whisperer."

We are all familiar with the term 'horse whisperer' but I had to research it to know what a horse whisperer actually does. A horse whisperer communicates with a horse through the horse's own body language and the most important part of that communication is building TRUST. A horse's primal instinct when it is fearful is flight but it will join with a different species when it feels protected there. The old school of thought was that a horse had to be broken and forcibly made to obey but a whisperer's high degree of understanding and patience alleviates the horse's fears and helps the horse back to a state of genuine relaxation. The horse then becomes tractable, part of the whisperer's 'tribe' and easy to lead.

Jesus is our whisperer. He was human so he knows of all our traumas and our instinct to take flight in the face of fear. His understanding and patience with us are immeasurable and it is not his intention to break us or forcibly make us obey, which is animal cruelty! His intention is to build trust with us then make us feel protected, secure and loved so we will willingly join his family...his species, or his tribe, the tribe of God, Spirit and Love.

So, if you haven't heard a loud call, listen for the Whisperer who calms you and brings you to a sense of safety and belonging.

I believe that's what the fishermen heard.

LITURGICAL YEAR B

Saturday:

English Mass 4:00 pm

Sunday:

English Mass (streamed) 9:00 am

Polish 1:00 pm

Korean 3:00 pm

Vietnamese (21st & 28th Jan) 5:30 pm

RECONCILIATION

Saturday 3:00 pm

Weekday Masses

English

Mass: Tuesdays to Thursdays 12:05 pm

Mass: Fridays 12:05 pm

Adoration until 3 pm
(Sign-up sheet, in the foyer)

Korean

Mass: Wednesdays 7:30 pm

Mass: Thursdays 10:30 am

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

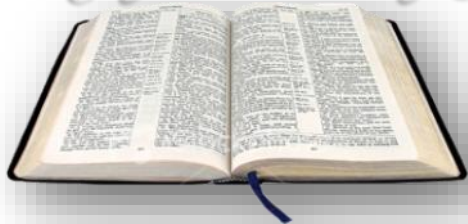
Join Fr. Jan as he
celebrates the Feast of
Señor Sto. Niño

Our Lady of Fatima Church
Sunday, 21st January

Rosary 5:30 pm | Holy Mass 6 pm
Concelebrants: Fr. Dino Villadiego
& Fr. Scott Whittemore



Sunday of the Word of God



This Sunday, 21st January, the Church celebrates and honours the Word of God. This weekend is "devoted to the celebration, study and dissemination of the word of God" (Aperuit Illis, 3). We open our minds and hearts to welcome the Word as "a lamp for [our] feet, a light for [our] path" (cf. Ps. 118:105). God reveals Himself through His Word.

This year the theme is taken from the Gospel according to John: "Remain in my word" (Jn. 8:31). *Sunday of the Word of God* takes place when the Church celebrates dialogue between Jews and Catholics, and celebrates the *Week of Prayer for Christian Unity*, giving it great ecumenical and communion significance. The Gospels this Sunday also relate to the beginning of the ministry and preaching of Jesus, the Word made flesh.

This weekend, the *Book of the Gospels* will join in the Entrance Procession and be placed at the centre of the Altar, giving prominence to the Word of God. Only the Eucharist and the *Book of the Gospels* enjoy the privilege of being placed on the Altar. This is why the Ambo, where the Word of God is proclaimed, and the Altar, where the Paschal Sacrifice is celebrated, are connected and given prominence. The connection of Christ as the Word becoming flesh, offered as the Paschal Sacrifice at the Altar: the fulfilment of the Covenant of God and the Law of Moses. The "two tables": that of the [Liturgy of the] Word and that of the [Liturgy of the] Eucharist, intertwined and celebrated during each Holy Mass. That is the beauty and treasure of the Catholic Church.



Please pray for:

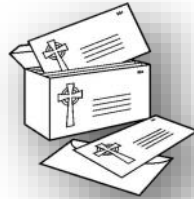
Those who have died

Florence & Jennifer D'Cruz, Steve Deck, Carlos Pimentel and Conceicao Soares, Paul Spencer and Souls in Purgatory.

Those who are ill

Skarlet, Thérèse A, Jon A, Maritza C, S. F. C, Patricia C, Darrell C, Cora C, Ludwik D, Lesley D, Kathleen G, Richard G, Pedrito K, Derek L, Lisa L, Michele Ricard, Mike R and Maria T.

2024 Parish Donation Envelopes



A few donation envelope boxes are left for pick up in the church foyer.

Please inform the Parish Office if you have moved and have a new postal address, or a new email address or phone numbers.

If you would like to have Donation Envelopes box assigned to you, or if you wish to discontinue using the Donation Envelopes, please inform the Parish Office. Thank you.

Donation Envelopes are beneficial and necessary for weekly contributions to the parish, if you wish to receive an income tax receipt.

PLEASE DO NOT USE ANY ENVELOPES FROM THE PREVIOUS YEAR.

The number may have been re-assigned and you will not get credit for your donation.

To ensure that the names and assigned numbers tally, as the new year begins, please kindly write your name and address on your envelopes for the next few weeks. It would be greatly appreciated.

Contributions

Pre-Authorized Debit (PAD)

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt. Information & links are also available on our website.

Options To Donate

E-Transfer: The email to use is:
sacredheart@rcdvictoria.org

Pre-Authorized Debit: Automatic Debit

(click here for the PAD form)

The PAD form is also available from the Parish Office.

Canada Helps: Online through Canada Helps

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

Thank you for your contributions!

Jan 13 & Jan 14, 2024

Envelopes \$ 2,292.75

Cash \$ 392.00

Total \$ 2,684.75

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.



Memorial of St. Francis de Sales

Wed. 24 January

Born August 21, 1567, at the Château de Sales in the kingdom of Savoy near Geneva, Switzerland, into a noble family. By age 24, he obtained doctorates in canon and civil law, but chose religious life instead.

A leader of the Catholic Reformation, at a time when many were drawn to the new Protestant churches, Francis set out to restore Catholicism in the region around Lake Geneva known as Chablais. Tirelessly and patiently preaching the ancient faith, he wrote leaflets clearly explaining the Catholic view, gradually re-establishing a strong Catholicism in that area. Thereafter, he was appointed Bishop of Geneva in 1602. He reorganized the diocese, reformed religious education, established a seminary, and founded schools. He died at Lyons on December 28, 1622 and was canonized in 1665.

He is the patron saint of writers and journalists, and of the deaf.

In honour of St. Blaise

the blessing of throats
will be administered on:

Friday, February 2nd
at the 12:05 pm Mass

Saturday, February 3rd
at the 4 pm Mass

Sunday, February 4th
at the 9 am Mass



There will be no 12:05 pm Mass on Fridays during Lent

Spend time with the Lord
in Adoration from 3 pm

Benediction is at 6:15 pm
followed by the

STATIONS OF THE CROSS

During Lent, Mass on Fridays will be at 7 pm.

Society of St. Vincent de Paul



In this Sunday's Gospel, Jesus says:
"Come after me, and I will make you fishers of men."

As disciples, we are called to continue God's work on earth. Taking care of God's poor is indeed living gospel values. This month, through your gifts, the Society of St. Vincent de Paul was able to assist many families, providing food from our Social Concern Office, and for assistance utility, rent and other bills. May God Bless You!

For monetary donations,
please specify that it is for the "SCO Food Pantry".
Cheques: "Society of St. Vincent de Paul".

Donate online and specify "Sacred Heart Parish" at:
<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>.

*There is no Mass on
Saturday, February 3rd.*

**The next Saturday
Marian Mass
is at 9 am on
Saturday,
February 10
in honour
of our
Blessed Mother**



**The next
First Friday Mass
will be on Friday,
February 2nd at 12:05 pm
followed by Adoration until 3 pm,
when we pray the Chaplet of Divine Mercy.**

**As it is also the Feast of
the Presentation of the Lord,
bring your candles to be blessed!**



**Please bring your candles,
clearly labelled with your name,
and leave them on the table in front of the Altar
BEFORE MASS.**



Collection of Palms

As the Liturgical Year continues, it's time once again to collect palms to be burned for Ash Wednesday, 14 February. Please bring in your palms and leave them in the container in the church foyer.

Deadline: Sunday, 4th February



Canada's Stand for the Land campaign.

Responding to the call from Honduran partner ERIC-Radio Progreso, D&P is raising awareness of the plight of the communities of Guapinol and the San Pedro sector by collecting signatures on a petition to the Honduran ambassador in Canada. Please sign the petition at the back of the church.

For more information, please see our website:
<https://devp.org/en/campaign/stand-for-the-land/>



Diocesan Bursary of the Catholic Women's League "In Memory of Freda Smith" The deadline for applications is March 31, 2024.

A \$750 Bursary is awarded annually to a Catholic student graduating from a secondary school or a home schooling program in the Diocese of Victoria who plans to pursue further education at a post secondary institution.

For more information, and for the application form,
please visit <https://cwldov.org/bursaries>

CHRISTIAN MEDITATION

**Thursdays, 1 pm to 2 pm
in the Parish Hall**

We welcome all newcomers.

Father John Main (1926-1982), a Benedictine monk, rediscovered this ancient tradition also known as contemplative prayer; a prayer of silence and stillness beyond word and thought.

For further information, phone or email Margie Noonan at
250-589-6313 or margielnoonan@gmail.com.

Canadian website www.wccm-canada.ca or the
World Community website www.wccm.org



Moms & Tots

**Parish Hall, Twice a month
on Mondays 9:30 am to 11:30 am**

Come for the company and faith-sharing between mothers. Parents and caregivers are welcome as well.

Please contact Chantal: momstots.shvic@gmail.com



From the Diocese

**WEEK of
PRAYER
for CHRISTIAN UNITY
2024**

*"You shall love the Lord
your God ... and your
neighbour as yourself"
(Luke 10:27)*



Thursday, 18 January to Thursday, 25 January 2024

*All are invited to an ecumenical service at
Christ Church Cathedral, 930 Burdett Avenue, Victoria,
on Sunday, January 21 at 4:00 pm.*

*Bishop Anna Greenwood-Lee of the Anglican Diocese will preside.
Bishop Gary Gordon will preach.
A reception will follow the service.*

Keep our Christian brothers and sisters in your prayers.



**SEMINARY of
CHRIST THE KING**

**Vocation
Live-In
Feb 10 to 11**

**Are you interested in the priesthood or religious life
as a brother? What is seminary life like?**

Come for our Vocation Live-In for Grades 6 to 11, at the
Seminary of Christ the King in Mission, BC.

For more information phone 604-826-8975
or email: rector.minors@sck.ca

Forms are also available from the Parish Office.

PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko (Chair) Jim Haffey
Peter Martin Jeremy Côté
Rick Perez de Tagle Edgar Tan Jr.
Samantha Sherman Will Podmoroff

OUR MINISTRY VOLUNTEERS

Saturday, 20 January, 4 pm

Altar Servers : Mariah, Gabby, Sarah, Rachel
Lectors : Margaret S, Catherine M
EMCs : Sigrune F
Ushers : Marisa T, Heidi, Karla
Music : Arlene S, Rafael O

Sunday, 21 January, 9 am

Altar Servers : Daisy, Pio, Elias, Mara
Lectors : Helen M, Kathy W
EMCs : Rey H, Gilbert S
Ushers : Lucia DD, Linh DD
Music : Sacred Heart Choir, Rafael O

Thank you to all our volunteers

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or call
1-866-892-3737

Sacred Heart Contacts

Pastor: Fr. Jan Grotkowski, SDS
jgrotkowski@rcdvictoria.org

Korean: Fr. Robert Ryu
youngjinryu0758@gmail.com

Polish: Fr. Jan Grotkowski, SDS
jgrotkowski@rcdvictoria.org

Vietnamese: Fr. Michael Tran
michaeltran@rcdvictoria.org

Hospital Chaplain
Fr. Sean Flynn: 250-889-3761

Parish Administrative Assistant
Katherine Newton:
sacredheart@rcdvictoria.org

Children's Religious Ed.
Coordinator
Lidia Moodie:
sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator
Rafael Oei:
sacredheart@rcdvictoria.org

RMSE Coordinator
Sindhu Merwin:
sacredheartmse@gmail.com

PARISH MINISTRIES & GROUPS



Please contact the
Parish Office:
sacredheart@rcdvictoria.org

PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator
Altar Servers
Extraordinary Ministers

Floral Ministry
Lectors
Music Director
Pastoral Care Ministry
Ushers

Video Streamers

Rafael Oei
Karla Montano
Gilbert Santos
Chay Santos
Ruby Rivera
Stan Dzbik
Rafael Oei
Lynda Tan
Marisa Tinsay
Isme Liem
Peter Liem

PARISH GROUPS

Christian Meditation
C.W.L. / Prayer Line
Knights of Columbus
Led By The Spirit Group
Moms & Tots
Phone-tree
Funeral Receptions
Social Justice/D & P
St. Vincent de Paul

Margie Noonan
Margot McLaughlin
Rick Perez de Tagle
David MacIntyre
Chantal Côté
Elizabeth Olcen
Elizabeth Olcen
Stan Dzbik
Georgina Short

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ROWENA B. BIRON
CONSULTING MANAGER

Tel # 236-508-1279 / 778-557-3339

Email: INQUIRY@BIOCOMMUNITYNURSINGCARE.COM

Office add: 300-848 Courtney Street Victoria
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SACRED HEART CATHOLIC CHURCH

Victoria BC, 2024