



Sacred Heart Catholic Church

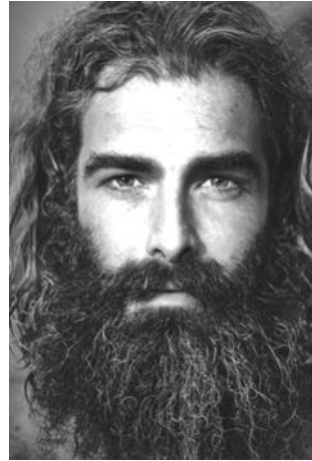
4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** 3rd Sunday of Easter | 14th April 2024 ***

Flesh and Blood Proof

by Jean Allen

This Gospel should put the kibosh on any lingering judgements we may have about Thomas being the doubting disciple. When Jesus first appeared, the disciples were startled and terrified. Jesus asked them, "Why are you frightened, and why do doubts arise in your hearts?" In John's version of this event, he doesn't mention their fears that they were possibly seeing a ghost but in Luke's version, their fright and doubts were laid bare. "While in their joy they were still disbelieving and still wondering." Jesus actually had to ask for some fish to eat to make them believe it was really he whom they were encountering.



When Jesus said in last week's Gospel, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe," I suggested that Jesus was probably talking to all the disciples, not just Thomas. This week's Gospel was my reason for doing so. And again, I want to point out how Jesus came to those fragile followers with graciousness and forgiveness. He was gracious because he did not ridicule them for being terrified and having doubts. He just calmly proved to them the reality of his new life.

So why would Jesus need to convince them he was not a spirit but had flesh and bones? Because they, and we, need tangible evidence that Jesus is indeed alive. Our human weakness yearns for the concrete and the touchable. Jesus came in a tangible form and then commissioned the disciples (and us) to carry that tangible and touchable form to the whole world. We are Christ's flesh and blood and this is a serious responsibility. Do our actions and ways of being present to others faithfully reflect the reality of Christ's love and forgiveness to each other and the world? Or do we say and do things that could cause another to doubt the reality of Christ?

Serious questions, indeed.

LITURGICAL YEAR B

Saturday:

English Mass (Anticipated Sunday Mass) **4:00 pm**

Sunday:

English Mass (streamed) **9:00 am**

Polish **1:00 pm**

Korean **3:00 pm**

Vietnamese (No Masses the rest of April) **5:30 pm**

RECONCILIATION

Saturday **3:00 pm**

Weekday Masses

English Masses

Tuesdays to Thursdays **12:05 pm**

Fridays (Mass followed by Adoration) **12:05 pm**

Adoration until 3 pm
(Sign-up sheet, in the foyer)

Korean Masses

Wednesdays **7:00 pm**

Thursdays **10:30 am**

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

Parish Office Hours

Tuesdays to Fridays: 9:30 am to 3:00 pm

The office is closed: 12:00 pm to 1:00 pm
for Mass at 12:05 pm.

Closed: Saturdays, Sundays, and Mondays.

If you are new to the parish, and would like to register, or volunteer for a Parish Ministry, please kindly send an email to sacredheart@rcdvictoria.org

Baptism, Marriage, Funerals and Anointing of the Sick

Please contact the Parish Office:
sacredheart@rcdvictoria.org / 250-479-1611

Thank You

for Celebrating
Divine Mercy Sunday
as a parish and making it more beautiful.

Thank you, also, to Gilbert & Chay for leading the Nine-Day Chaplet of Divine Mercy Novena!

~ Fr. Jan Grotkowski, SDS



Children's Liturgy at 9 am Mass



Please contact Kinga Hearn through the Parish Office if you are interested:
Ph: 250-479-1611
E: sacredheart@rcdvictoria.org

"We are children of the Lord,
sons and daughters of Light.
We are children of the Lord,
and we want to walk in His Light."

By Carey Landry and Carol Jean Kinghorn-Landry



Please pray for:

Those who have died

Jason Coe, Cecilia de Lima, George and Regina McLaughlin, Brian Noonan, Manuel Oliveira, Souls in Purgatory, George Ruzicka, and Anthony Shaw.

Those who are ill

Rheza A, Vincenza Cameron, Skarlet, Thérèse A, Jon A, Maritza C, Patricia C, Cora C, Ludwik D, Lesley D, Stan D, Kathleen G, Derek L, Lisa L, Rafael M-Duke, Matthew Moodie, Davide R, and Maria T.



Eternal Rest Grant Unto

Brian Noonan

(24 March 2024)

Funeral Mass, 10:30 am, Saturday, April 20
O Lord, and let Perpetual Light Shine Upon him.
May his soul rest in peace. Amen.



Society of St. Vincent de Paul

When you contribute to the Society of St. Vincent de Paul know that you are a sign of God's love to those who are suffering and you give them Easter hope and joy.

Donate online and specify "Sacred Heart Parish" at
<https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/>

To join the society, please email Georgina: mgvshort@telus.net



The Sacrament of Marriage

Prepare to commit to a Sacred Covenant with God as a couple.

Online Marriage Preparation Course

<https://www.rcdvictoria.org/marriage-prep>

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<http://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you are using the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information & links are also available on our website.

Canada Helps

<https://www.canadahelps.org/en/dn/47781>

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

Thank you for your contributions!

April 6 to April 7, 2024

Envelopes \$ 2,671.25

Cash \$ 436.00

Total \$ 3,107.25

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

St. Kateri Tekakwitha

April 17



Known as the "Lily of the Mohawks", Kateri Tekakwitha was born in 1656 in Ossernenon (today Auriesville, New York) to a Catholic Algonquin mother and a Mohawk Chief. When she was four years old, her parents and brother died of smallpox. Kateri was also affected by the disease, which left her almost blind and badly scarred her face. She was taken in by her aunts and uncle, who was strongly opposed to Christianity.

When she was 10 years old, her village moved to Caughnawaga (today Fonda, New York). In 1667, her village was visited by the Jesuit missionaries Fathers Fremin, Bruyas and Pierron. From them, she received her first knowledge of Christianity. When Kateri turned 18, Father Jacques de Lamberville arrived to take charge of the mission in her village. Despite his misgivings, her uncle allowed her to be baptized as long as she remained in the village. Following her Baptism, Kateri lived a pious and faith-filled life, spending hours in prayer and fashioning crosses out of twigs. She also refused to marry, believing that she was married to God and that no man could take God's place in her heart. Her beliefs were met with ridicule, hostility and threats. Thus, two years after her Baptism, she fled to St. Francis Xavier Mission, a Christian Mohawk village in Kahnawake, Quebec.

There, she received her first Communion on Christmas Day 1677. She also made a vow of perpetual virginity on the Feast of the Annunciation in 1679. In Kahnawake, Kateri was known for her faith and holiness. She taught prayers to children, cared for the elderly and the sick, and would often attend mass at sunrise and sunset.

Kateri's health deteriorated in the last years of her life. She died of tuberculosis on April 17, 1680, shortly before her 24th birthday, and was buried at St. Francis Xavier Mission. Her final words were: "Jesús Konoronkwa" ("Jesus, I love you"). Witnesses report that within minutes of her death, the smallpox scars vanished from her face, which then radiated with beauty.

[From the CCCB website, accessed 10 April 2024, <https://www.cccb.ca/indigenous-peoples/prayer-and-spirituality/saint-kateri-tekakwitha/>]



CHILDREN'S ART CLASSES

Begins Saturday, April 27

10:30 am to 12 pm,

Art Teacher, Ms. Belle

Save your spot now!

Please contact the Parish Office

Children aged 6 to 15 are welcome.

No Fees. Materials will be provided.

Discover your hidden potential as an artist.

Capture the beauty around us through Art.

FORMED

You can now gain access to FORMED through the parish.

There are many Sacred Heart Churches on the list.

Please scroll and search for our parish:

**"Sacred Heart Catholic Church,
4040 Nelthorpe Street, V8X 2A1"**

Select it and create a new account on
www.formed.org/signup

We have an Information Monitor in the Parish Hall

Thank you to Ryszard Rudzki and Stan Lassak for installing and mounting a monitor to display information slides of the parish schedules and events.



All requests to publish on the monitor must be submitted to the Parish Office, for approval by our Pastor, Fr. Jan Grotkowski, SDS.



SAVE THE DATE Sacred Heart Parish Annual General Meeting



Saturday, April 20 at 5 pm
in the Parish Hall

After the Saturday, 4 pm Anticipated Mass
Pizza and refreshments will be served!



Moms & Tots

Parish Hall, Twice a month
on Mondays 9:30 am to 11:30 am

Come for the company and faith-sharing between mothers. Parents and caregivers are welcome.

Please contact Chantal: momstots.shvic@gmail.com

CHRISTIAN MEDITATION

Thursdays, 1 pm | Parish Hall

We welcome all newcomers.

For more information, please contact
Margee Noonan 250-589-6313 or margielnoonan@gmail.com.



Congratulations
Esmeralda and Virgilio Agbulos
on your
53rd Wedding Anniversary!
(Thursday, 11 April 2024)



Please do let us know if you are celebrating a birthday or anniversary, and we will celebrate along with you through the Parish Bulletin.



From the Diocese

Diocesan Youth Retreat 2024

May 10 and 11, 2024!

Register by April 15th to get a t-shirt!

Venue: Beautiful Camp Imadene

Speaker: Leah Perrault

Registration on Eventbrite

For more information, please contact

Joelle Dressler, Director of Faith Formation and Evangelization at
jdressler@rcdvictoria.org



“Love and Respect”: a marriage retreat

St. Joseph the Worker Parish, Victoria
May 2, 9, 16, 23, 30, 7 pm to 9 pm

Embark on a wonderful adventure, answering three questions:

- Why do we negatively react to each other in marriage?
- How do I best motivate my spouse?
- What if my spouse does not respond to me?

Please register in advance at https://docs.google.com/forms/d/e/1FAIpQLSeO3axTZQ5GDP4ycAM3u2KLQOxbA1MJUPyp0kr546fZV_6-Fg/viewform

CLERGY APPOINTMENTS



After prayerful discernment, Bp. Gordon, in collaboration with the Diocesan Personnel Committee, is pleased to make the following pastoral appointments effective June 15, 2024.

Rev. Benson Asuming, on loan from the Archdiocese of Kumasi, Ghana, will be Pastor of St. Patrick's Parish, Vic., Bishop's Delegate and St. Patrick's School Chaplain.

Rev. Shijo George, here on mutual agreement with the Eparchy of Mississauga, is appointed Pastor of Holy Cross Parish and will continue to serve the Syro-Malabar faithful.

Rev. William Hann, Pastor, Our Lady of the Rosary, Langford.

Rev. Dean Henderson, Rector of St. Andrew's Cathedral.

Rev. Dino Villadiego, is retiring and is resigning from full time ministry in our Diocese. He will provide replacement ministry as needed.

Your support and prayers for the ongoing pastoral needs of the Diocese of Victoria are greatly appreciated.

Mary, Mother of God, and St. Joseph, pray for us.

**PARISH PASTORAL COUNCIL
2023 / 2024**

Marilyn Bojko (Chair) Jeremy Côté
Jim Haffey Peter Martin
Rick Perez de Tagle Will Podmoroff
Samantha Sherman Edgar Tan Jr.
Andy Pak Sonny Huynh
Stan Planeta

**OUR MINISTRY VOLUNTEERS
Saturday, 13 April, 4:00 pm**

Altar Servers : Elias, Mara, Sarah, Rachel
Lectors : Belle PdT, Sigrune F
EMCs : Marilyn T
Ushers : Denise O, Haydee M

Sunday, 14 April, 9:00 am

Altar Servers : Pio, Michael
Lectors : Angela S, Sue L
EMCs : Aubert G, Jeff K
Ushers : Colleen MN, Lisa S

Thank you to all our volunteers

**TO REPORT SEXUAL ABUSE TO AN
INDEPENDENT AGENCY**

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit RCDVictoria.org/Responsible-Ministry or call 1-800-968-3146
To report sexual abuse or cover-up by a Catholic Bishop, visit BishopReportingSystem.ca or call 1-866-892-3737

Sacred Heart Contacts

Pastor: Fr. Jan Grotkowski, SDS
jgrotkowski@rcdvictoria.org
Korean: Fr. Robert Ryu
youngjinryu0758@gmail.com
Polish: Fr. Jan Grotkowski, SDS
jgrotkowski@rcdvictoria.org
Vietnamese: Fr. Michael Tran
michaeltran@rcdvictoria.org

**Hospital Chaplain
Fr. Sean Flynn: 250-889-3761**

**Parish Administrative Assistant
Katherine Newton:**
sacredheart@rcdvictoria.org

**Children's Liturgy Coordinator
Kinga Hearn:**
sacredheart@rcdvictoria.org

**Children's Religious Ed.
Coordinator
Lidia Moodie:**
sacredheartreled@rcdvictoria.org

**Parish Liturgy Coordinator
Rafael Oei:**
sacredheart@rcdvictoria.org

**RMSE Coordinator
Sindhu Merwin:**
sacredheartmse@gmail.com

**PARISH
MINISTRIES
& GROUPS**



Please contact the
Parish Office:
sacredheart@rcdvictoria.org

PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator	Rafael Oei
Altar Servers	Karla Montano
Extraordinary Ministers	Gilbert Santos
	Chay Santos
	Ruby Rivera
Floral Ministry	Stan Dzbik
Lectors	Rafael Oei
Music Director	Lynda Tan
Pastoral Care Ministry	Marisa Tinsay
Ushers	Isme Liem
	Peter Liem
Video Streamers	

PARISH GROUPS

Christian Meditation	Margie Noonan
C.W.L. / Prayer Line	Margot McLaughlin
Knights of Columbus	Rick Perez de Tagle
Led By The Spirit Group	David MacIntyre
Moms & Tots	Chantal Côté
Phone-tree	Elizabeth Olcen
Funeral Receptions	Elizabeth Olcen
Social Justice/D & P	Stan Dzbik
St. Vincent de Paul	Georgina Short

These businesses support our Parish through their advertising, please support them!

**Tung Nguyen
Watchmaker**

Watch, Clock, Jewellery, & Ring Repair

Expert: Rolex, Patek Philippe, Chronograph, Tag Heuer, Omega, IWC, Breitling, Cartier, Ebel, Movado, Rado, Accutron, Repeater, ATMOS Clock, Grandfather Clock.

Specialty: Vintage & Contemporary mechanical, quartz watches, and clock repairs.

Established since 1970: Serving in Victoria since 1980.
I Buy, Sell, Trade all kinds of Clocks and Watches

4244 Carey Road Victoria, BC V8Z 6P9
Phone: (250) 479-2165 Cell: (250) 744-7601
Business Hours: Mon - Fri. 10am to 6pm Sat. 10am to 3pm

**ABSOLUTELY
ELECTRICAL**

250-704-6808
DAVID AUDY

LIFETIME WARRANTY ON ALL LABOUR
4019 Malton Ave
Victoria, BC V8X 4W1

"For perfect electrical work at a great price!"
info@absolutelyelectrical.com
www.absolutelyelectrical.com

**BIO COMMUNITY
NURSING CARE**

SINCE 09182019

**ROWENA B BIRON
CONSULTING MANAGER**

Tel # 236-508-1279 / 778-557-3339
Email: INQUIRY@BIOCOMMUNITYNURSINGCARE.COM
Office add: 300-848 Courtney Street Victoria
British Columbia, Canada V8W 1C4

PAW

3121 Steele Street
Victoria, BC V8Z 3N7

Ph: 250-380-7291
E: sales@pacificaudio.com
Fax: 250-380-7292

Pacific Audio Works



SACRED HEART CATHOLIC CHURCH
Victoria BC, 2024