

## \* 2<sup>nd</sup> Sunday of Lent | March 13<sup>th</sup>, 2022 \*

## REMEMBER TO ADJUST YOUR CLOCKS TO SPRING FORWARD AN HOUR THIS WEEKEND

## 2nd Sunday of Lent

"This is My Son, my Chosen; listen to Him!"

(Luke 9.35)

Lent is a time for us to turn our hearts to God. It can be a time of prayer and personal sacrifice, practices that remind us of Jesus' time in the desert, and ultimately His death on the cross. These practices also help us to discern the will of the Father at work in our lives.

Our intention to follow Christ must be genuine and not superficial. In today's second reading Paul writes to the Philippians, criticizing those who appear righteous in following the laws but ultimately lack a moral compass. Paul offers hope, promising that human weakness will be "conformed to the body of [Christ's] glory." He encourages the Philippians to imitate Him and



Transfiguration of Jesus by Carl Heinrich Bloch (1872) The National Historic Museum at Frederiksborg Castle

others who follow Christ: "Stand firm, my beloved, in the Lord." Paul's own devoted imitation of Christ can be for us a wonderful model of a good Christian.

In the Gospel, we see Jesus going up the mountain to pray. As He is transfigured, we learn that Jesus is following the will of the Father: "This is My Son, my Chosen; listen to Him!" We are children of God, and God is please whenever we follow His will to the best of our ability. If we are faithful, we will, like Jesus, rise to be with Him in the time to come.

Michael Finoro Guelph. ON

(Taken from Living With Christ, March 2022, p. 79)

# During Lent Silence will be observed before and after Mass.



Please also respect those who may be praying by observing silence in and around the church.

The Roman Missal Chants found on pp. 644 to 651 in the **Sunday Missal** will be sung during this season.

## Stations of the Cross



Every Friday during Lent at 6 p.m.

followed by Confessions.

#### MASKS ARE NOW OPTIONAL

Please click here for the <u>LATEST MEMO</u> dated 17 February 2022 from Bishop Gary.

### **MASS TIMES**

#### **WEEKDAYS**

Tuesday 6 pm Wednesday to Friday 12 pm

#### **WEEKENDS**

Saturday (live-streamed) 4 pm Sunday 9 am (Polish: live-streamed) 11:30 am (Korean) 3 pm

Syro-Malabar Sat. 12:30 pm (Please call the Parish Office) Vietnamese Sun. 6 pm

(Please call the Parish Office)

#### **RECONCILIATION**

Saturday 3 pm Sunday 8 am (Polish) 10:45 am Weekdays, half an hour before Mass.

#### Sacred Heart YouTube Channel

https://www.youtube.com/channel/ UCzXJfSxennwmYIT4kPyUh6w

Pastor of Sacred Heart Parish Fr. Konrad Zaborowski, SDS kzaborowski@rcdvictoria.org

Korean Pastor Fr. Robert Ryu youngjinryu0758@gmail.com

**Polish Pastor** 

Fr. Konrad Zaborowski, SDS kzaborowski@rcdvictoria.org

Syro-Malabar Pastor Fr. Sajy Chakkittamuriyil frsajy@gmail.com

Vietnamese Pastor Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain Fr. Sean Flynn 250-889 3761

#### OFFICE HOURS (Tue-Fri) 9:30 am to 3:00 pm

Parish Administrative Assistant Katherene Newton sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator: Lidia Moodie religioused@sacredheartvictoria.com

Fast, pray, and give alms to get closer to God, to focus on Eternity, and to develop a better relationship with Him; not to look slimmer, or feel good about yourself.

(from Fr. Konrad Zaborowski, S.D.S.'s Homily, 1st Sunday of Lent)

## **Confessions are available throughout Lent** after the Stations of the Cross every Friday, and before each Mass.

#### Five Conditions of a Good Confession



- 1. Examination of Conscience
- 2. Repentance and remorse for one's sins: arising from faith and love of God.
- 3. Firmly resolve not to sin, or repeat a sin again.
- 4. Confess and disclose the sins to a priest.
- 5. Fully intend to make reparation, and do works of reparation for the sins.



#### Please pray for:

Those who have died

Andrew Chong, Joe & Jose de Lima, Arnold Kalnciems, Mary Loughran, Maria Mui, Mary Beth Sullivan, Bruce, Bill & Marion Van Munster

#### Those who are ill

Cora Constantino. Therese Garahan. Richard Grohovac. Marie Kalnciems, Joan Kenmare, Ken Louie, Barbara Mulrooney, Bruno Rinaldo, and Patricia Ryan.

## **Lenten Retreat March 26 Theme: Spiritual Warfare**

(from the KofC's "Into the Breach")

The Knights of Columbus Sacred Heart Council is inviting member Knights for an online LENTEN RETREAT on Saturday, March 26 from 1pm to 4 pm led by Retreat Master, Deacon Philip Yuson. Check that your microphone and camera are working to fully participate in this online retreat. To join, simply click on this link: http://refuge.conceptbc.ca

### The Catholic Women's League!

The CWL has been around since the 1920's. Join us as we support one another at Sacred Heart. To become a member or if you have any questions, please contact Miriam: 250-652-6252.

#### Next General Meeting, Sat. 19 March, 10am (Zoom)

Check out the current cross-Canada themes:



National: Catholic and Living It!

**Provincial: Embracing Christ in Everyone** https://bcyukoncwl.com

**Diocesan: Sow Love Generously** 

https://cwldov.org

#### VICTORIA DIOCESAN BURSARY IN MEMORY OF FREDA SMITH

The Victoria Diocesan CWL Council is offering a \$750 bursary to a graduating Catholic student within the Diocese of Victoria. Criteria and applications are available at the Parish Office, online at cwldov.org, or from your local CWL president.

The deadline for applications is March 31, 2022.

#### CWL 102nd Annual Convention

Aug. 14-17, 2022, Delta Grand Hotel, Kelowna

For more information, please go to www.cwl.ca, or contact Nancy Simms at simmstogether@gmail.com for more information.



## **McKenzie-Saanich Intersection**

The District will be replacing the traffic signal poles at the intersection of McKenzie Avenue and Saanich Road. Expect crew and equipment, March 14th to April 1st between 9:30 am and 3 pm. Lane closures and a delay in traffic may occur during constriction, as well as road closures on Saanich Road directly north of the intersection. We kindly ask you to follow the instructions of the traffic control and construction personnel.



5 SAINT VINCENT DF PAUL



#### **During this Lenten**

season of Prayer, Fasting and Giving, we are reminded of those less fortunate in our community.

Your local St. Vincent de Paul

Conference is dedicated to helping people by feeding, clothing and housing those in need. We ask that you consider being generous with your time, talent and treasure as a way of giving alms during

Consider making a donation of food in the shopping cart in the vestibule; through the St. Vincent de Paul Donation Envelopes, online at (ssvpvancouverisland.ca); or give your time by becoming a member of our Conference.

For more information, please reach out to Conference President, Georgina Short at mgvshort@telus.net or phone 250-727-2615.

### **Contributions**

#### **Donation Boxes**

are at the Entrance to the church

The Holy Water Fonts at the entrance of the church are now used as Donation Boxes to receive your donations and cheques.

#### **Pre-Authorized Debit (PAD)**

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt.

Information & links are also available on our website.

#### **Options To Donate**

E-Transfer

email: sacredheart@rcdvictoria.org

**Pre-Authorized Debit: Automatic Debit (PAD)** 

Canada Helps

**Online through Canada Helps** 

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office. Thank you.

#### Women's Retreat: Holy Cross Parish Mona Goodman

Saturday, April 2, 2022 from 9:30am to 3:45pm

We are called to be a Compassionate Presence in the world. Our day will be spent exploring compassion, and how to give and receive compassion to ourselves, others, and God. Scripture, guided meditation, and collaging will be use.

Registration:: office@holycrossvictoria.org or phone 250-477-5321. Please bring a bagged lunch, journal, Bible, something to write with, magazines, glue, and scissors.

#### **Encountering Hope: The Process of Evangelization In Our Daily Lives** Four-Part Webinar Series beginning April 5, 2022.

Please click **here** to access the online registration form. The deadline to register is Monday, 21 March 2022.

For more information, contact Mrs. Marg Shea-Lawrence at m.shea-lawrence@cccb.ca

## DAYS FOR LIFE

From March 2<sup>nd</sup> – April 10<sup>th</sup>, you're invited to 40 days of prayer and fasting for an end to abortion. For more information, and to volunteer to help or join our at home prayer group, please contact:

Glenda at 250-885-6261, forlifeplace@hotmail.com or visit www.40daysforlife.com/victoria

#### Synod

In unity with our Holy Father Pope Francis, Bishop Gary invites us to participate and contribute to the synod by joining one of the Listening Circles via zoom. Click on the link to register:

Tuesday, March 15, 2022 at 10:00 am

You can also respond to either a paper or online survey:

- Paper survey Click here for a PDF version of the form Completed the PDF form and email it to us, or mail to: Roman Catholic Diocese of Victoria - Synod Committee, #1-4044 Nelthorpe Street, Victoria, BC, V8X 2A1
- Online survey Click here to complete the form online.

For more information on the Synod, please visit the Diocesan website. www.rcdvictoria.org/synod.

Be a part of the conversation, so we may all grow in mission, participation, and communion.





## **Report Sexual Abuse**

For all Responsible Ministry and Safe Environment information and forms

https://www.rcdvictoria.org/responsible-ministry

#### **Roots of Reconciliation Workshop** Registration is now open

The free four-day Roots of Reconciliation Workshop will be facilitated by the team from Returning to Spirit®, an Indigenous non-profit organization that has been delivering experiential reconciliation workshops since 2001.

#### This Lent, let's put people and planet first



In Madagascar, Development and Peace's partner, the Development Council of Andohatapenaka (CDA), empowers people to manage and transform their neighbourhoods.

In the capital region, which is afflicted by flooding and poor waste management, CDA has helped the residents of one vulnerable area to turn their environs into a thriving ecological village.

Today, each of the 50 households involved in the project has a vegetable garden, a stove and solar

panels. This transformation reflects a true ecological conversion. Watch the video at devp.org/lent/act.

For more information, contact Stan Dzbik at stan.dzbik@telus.net

#### **NIGHT FEVER**

Friday March 18 6:30-9pm.



Please join us for an evening of prayer, worship, and outreach! The CCO will host "Night Fever":

a night of Adoration, during which we will invite people to come into St. Andrew's Cathedral and encounter Jesus, and pray for peace. For more information, please email victoria@cco.ca

#### FROM THE UVIC CHAPLAIN, LYDIA FOCH

#### Wednesday, March 16th:

Final movie night of the semester!

**Film:** Into The Wild (the journey of a young man in search for meaning, leaving behind luxury, possessions, status and money.)

Time: 7pm Place: Multi Faith Bldg UVic.

Popcorn will be provided!

#### Sunday, March 20th: Online Student Synod

https://www.eventbrite.com/e/student-synod-listening-circle-tickets-294345905527

Please email Lydia if you have any guestions about the events: lfoch@rcdvictoria.org

## World Youth Day Information Meeting Sunday, 4<sup>th</sup> April 2022 at 4 pm

World Youth Day (August 2023 in Lisbon, Portugal) gathers young adult Catholics, 19 to 35 years, from all over the world. The event concludes with an overnight vigil and Mass with the Pope!

The Diocese of Victoria is organizing a pilgrimage group to the event with Fr Harrison Ayre and Fr Eduardo Santos as chaplains.

Come for an informational meeting at Our Lady of Fatima, Sunday, April 10<sup>th</sup> at 4pm to learn more.

To register, please e-mail Fr. Harrison: hayre@rcdvictoria.org.

### Thank you for your contributions!

**February 27: Envelopes** \$ 2,866.00

Cash \$ 241.00 Total \$3,106.00

Donations through PAD, Canada Helps & e-Transfer will be reported after month end.

### **PARISH MINISTRIES**

#### Parish Ministries / Groups

Altar Servers Parish Office sacredheart@rcdvictoria.org Christian Meditation M Noonan 250-388-3173 C.W.L. 250-652-6252 M Podmoroff **Extraordinary Ministers** G & C Santos gilbert.chay@gmail.com **Finance Chairperson** M Turner finance@sacredheartvictoria.com Knights of Columbus R Perez de Tagle kofc15445@gmail.com Led By The Spirit Group D MacIntyre 250-383-9955 Music Director R Oei music@sacredheartvictoria.com Parish Liturgy Coordinator R Oei sacredheart@rcdvictoria.org Pastoral Care Ministry L Tan sacredheart@rcdvictoria.org Phone-tree Ministry E Olcen 250-477-8115 **Proclaimers** C Minvielle cmaminvielle@gmail.com F Olcen 250-477-8115 **Funeral Receptions** Responsible Ministry N Lundin rmse@sacredheartvictoria.com Social Justice/D & P S Dzbik 250-380-6350 St. Vincent de Paul G Short 250-727-2615 Ushers Marisa/Isme sacredheart@rcdvictoria.org





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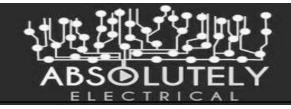
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