



Sacred Heart Catholic Church

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** Most Holy Body and Blood of Christ | 11 June 2023 ***

Congratulations to all the confirmands!

Thank you, Bishop Gary for administering
the Sacraments of Confirmation & First Holy Communion
on Holy Trinity Sunday, June 4th,
and the Knights of Columbus for a delicious pancake breakfast!



LITURGICAL YEAR A WEEKENDS

Saturday 4:00 pm
Sunday (live streamed) 9:00 am
Korean 3:00 pm
Syro-Malabar 12:00 pm
(Please call the Parish Office)

Polish 5:30 pm
(Please call the Parish Office)

Vietnamese 5:30 pm
(Please call the Parish Office)

RECONCILIATION

Saturday (only before a Mass) 3:00 pm

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>

Weekday Masses

There will be
NO 7 pm Mass
June 23, 26, & 27



Diocesan Appeal Survey

From the Diocese of Victoria Development Office to collect information about the 2022 Bishop's Appeal: Growing Together.

<https://forms.office.com/r/LsBq77QWz8>

Deadline: Noon, June 12th.

Your input will help the Diocese plan for future Appeals.

The Feast

By Jean Allen

When Jesus started speaking about eating his flesh, he used the word 'esthio', which means 'to eat': a single event. But he very quickly changes to 'trogo' and here's where it might get a little uncomfortable. 'Trogo' means 'to chomp, gnaw, munch or chew', much the same way a cow chews the cud. So, what does that mean for us?

What it means is that receiving the wafer during the Eucharist is only the beginning of receiving the Body and Blood of Christ. It means that receiving him and then leaving the church to semi-forget about his presence in your life, and what that presence actually means, makes receiving the Eucharist a single isolated event to be repeated. Jesus actually says, "Gnaw on me, chew on my words, munch on my reality and my presence. Swallow and regurgitate." The word 'trogo' stresses the slow process of eating. The Eucharist is 'slow food' as opposed to 'fast food'. This isn't just eat and run, folks.

Jesus doesn't just mean for us to follow him at a distance in a way that makes it hard to keep him central. He keeps stressing intimate entanglement. "Abide in me," Is another exhortation that stresses being one with him and the Father. He wants the messiness of a real ongoing relationship with you, not just a sterile and polite reception once a week or even once a day. It means allowing him full access to you – to all your pain, failures, desires and joys.

If you allow this blood and guts intimacy, something amazing happens:

You become what you eat.



Please pray for:

Those who have died
Jaime Aherrera,
Robert Gossen, and Michael O'Neill

Those who are ill
Jon A, MaryLee A, Darrell C, Cora C,
Kathleen G, Richard G, Azaryah Hope, Pedrito K,
Derek L, Bruno R, Maria Teresa, and Jason V B.



***Eternal Rest Grant Unto
Robert Gossen (4 June 2023)***

*O Lord, and let Perpetual Light
Shine Upon him.
May his soul rest in peace. Amen.*

Handcrafted Holy Land Wood Carvings On display for sale on June 24 & 25

Religious olive wood carvings will be on display, handcrafted by Christians of the Holy Land, seeking your support to assist them in staying in the land of Christ. 70 years ago, the Christian population was 20%. Now they are only 1.0%. Preserve a cultural heritage in danger of being lost. These religious articles can be used as gifts, a means of praying, comfort, strength, and hope for the suffering.

CASH, E-TRANSFER, OR CHEQUES are accepted at this time.

Sunday Morning Coffee Group Ministry

We need volunteers!

Set up and prepare Sunday Morning Coffee
for parishioners after the 9 am Mass.

The sign-up sheet is in the foyer of the church.



Contributions

Pre-Authorized Debit (PAD)

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt. Information & links are also available on our website.

Options To Donate

E-Transfer: The email to use is: sacredheart@rcdvictoria.org

Pre-Authorized Debit: Automatic Debit

(click here, or the PAD form is also available from the Parish Office)

Canada Helps: Online through Canada Helps

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.
Thank you.

Thank you for your contributions!

June 3 & 4, 2023

Envelopes \$ 1,555.05

Cash \$ 764.75

Total \$ 2,319.80

May 2023

PAD \$ 5,660.00

E-Transfers \$ 755.00

Canada Helps \$ 756.51

Donations through PAD, Canada Helps, & e-Transfer
will be reported after the month ends.

OUR MINISTRY VOLUNTEERS

Saturday, 10 June, 4 pm : Fr. Frank Franz

Altar Servers : Daisy L, Mariah C, Gabby C
Clara DT, Mara T
Proclaimers : Sigrune F, Belle PdT
EMCs : Marilyn T
Ushers : Marisa T, Vanora N
Music : Rafael O



Sunday, 11 June, 9 am : Fr. Eduardo Santos

Altar Servers : Daisy L, Mariah C
Pio T, Michael N
Proclaimers : Helen M, Cyrille S
EMCs : Steve K, Tony MD
Ushers : Colleen MN, Lisa S
Video Streamer: Jeff K
Music : Sacred Heart Choir, Rafael O

***Thank you for your service to the Lord,
and our Parish Community.***



PARISH MINISTRIES & GROUPS

Please contact the Parish Office:
sacredheart@rcdvictoria.org

PARISH LITURGICAL MINISTRIES

Altar Servers	Karla Montano
Extraordinary Ministers	Gilbert & Chay Santos
Floral Ministry (Environment)	Ruby Rivera
Music Director	Rafael Oei
Parish Liturgy Coordinator	Rafael Oei
Pastoral Care Ministry	Lynda Tan
Proclaimers	Stan Dzbik
Ushers	Marisa Tinsay / Isme Liem
Video Streamers	Peter Liem

PARISH GROUPS

Christian Meditation	Margie Noonan
C.W.L. / Prayer Line	Miriam Podmoroff
Knights of Columbus	Rick Perez de Tagle
Led By The Spirit Group	David MacIntyre
Moms & Tots	Chantal Côté
Phone-tree	Elizabeth Olcen
Funeral Receptions	Elizabeth Olcen
Social Justice/D & P	Stan Dzbik
St. Vincent de Paul	Georgina Short

Summer Series

Knowing You, Knowing God!

Beloved woman, join us for a journey of discovery.

June 12, 14, 19 & 21, 7 pm to 9 pm

Pope John Hall, Sacred Heart Church

These workshops are part of the Metanoia Catholic curriculum
(<https://metanoiacatholic.com/>).

Mon. June 12: Temperaments Workshop

Wed. June 14: Unique Call to Sanctity Workshop

Mon. June 19: The Redemption of Our Emotions Workshop

Wed. June 21: The Reason Cycle Workshop

See the poster for more details.

To register, email TheHappyRs@gmail.com or txt 778-700-2104

Next Friday, come celebrate the *Feast Day of the Sacred Heart of Jesus*

Friday, 16 June.

5 p.m. Mass celebrated by Bishop Gary Gordon

6 p.m. Outdoor barbeque in the church courtyard: enjoy Hot Dogs, Hamburgers, food & desserts!

You are welcome to bring a lawn chair. If it rains, our summer BBQ will be held in the Parish Hall. Please add your name and the number attending to the sign-up sheet in the church foyer.

Bring your friends and family!



From the Diocese

CLERGY APPOINTMENTS

Bishop Gary Gordon, in consultation with the Priest Personnel Committee, made the following pastoral appointments:

Rev. Mel Bayron: Pastor of St. Patrick's Parish, Campbell River, and mission outreach to St. Bernadette's, Sayward, St. Joseph's, Tahsis, and St. Peter & St. Paul, Gold River, effective Aug 12.

Rev. Irek Bem, SDS (new): Pastor of Holy Trinity Parish, Nanaimo, effective Aug 1.

Rev. Sean Flynn: Hospital Chaplain, Victoria General Hospital and Jubilee Hospital, Victoria, in residence, St. Andrew's Cathedral and to provide Sacramental supply ministry, effective Sep 1.

Rev. Jan Grotkowski, SDS: Pastor, Sacred Heart Parish, Victoria, Bishop's Delegate and Chaplain for St. Andrew's Regional High School, and co-provide Sacramental ministry to St. Francis Xavier Parish, Mill Bay, effective Nov 1.

Rev. William Hann: Pastor, Holy Cross and St. Patrick's, Victoria, and Vicar General, effective immediately.

Rev. David John (new): Pastor, North Island Catholic Parishes, including Our Lady of the Assumption, Alert Bay, St. Bonaventure, Port Hardy, St Mary's, Port McNeill, and St. Theresa's, Port Alice, effective Sep 1.

Rev. Jozef Kobos, SDS: retiring, relocated by his Salvatorian Superior to the Archdiocese of Vancouver, effective Aug 1.

Rev. Alfredo Monacelli: Pastor of St. Joseph the Worker, Victoria, co-provide Sacramental ministry to St. Francis Xavier Parish, Mill Bay, and appointed Vicar of Education and Faith Formation and Evangelization effective Aug 1.

Rev. Stephen Paine: Pastor of Our Lady of Grace and St. Paul's Parish, Salt Spring Island, effective Sep 1.

Rev. Joseph Thomas (new): Pastor of All Saints Parish, Chemainus / Ladysmith, effective Aug 12.

Rev. Scott Whittemore: Pastor of St. Rose of Lima, Sooke, and Sacramental ministry to the University of Victoria and Camosun College, effective Sep 1.

Your support and prayers for the pastoral needs of the Diocese of Victoria are greatly appreciated.
Mary, Mother of God, pray for us.

Show Us Your Face, Lord

Catholic Retreat with Fr. Mark Cherry

Fri, Sep 29 & Sat, Sep 30

St. Joseph the Worker Parish

Early bird registration, \$35 before Aug 31st

\$45 as of Sep 1st.

Three talks, adoration and benediction, worship, a healing service and Mass. Confession will be available. Lunch is not included – bring a bag lunch.

To register: www.tinyurl.com/showusyourface2023.

For information: catholicretreat7@gmail.com or 250-383-7746.



Healing the pain of abortion - one weekend at a time

Rachel's Vineyard will host their first retreat on Vancouver Island August 25-27, at the Bethlehem Centre, Nanaimo (2371 Arbot Rd). For information please contact Nicola:

rachelsvineyardvancouverisland@gmail.com

Diocesan Bursaries & Awards

The Jawl Bundon LLP Bursary (\$2500):

<https://www.rcdvictoria.org/jawl-bundon-bursary> : for a grade 12 Catholic student accepted to a post-secondary institution.

The Blessed Marie Anne Blondin Bursary (\$1000):

<https://www.rcdvictoria.org/blondin-bursary> : for a lay woman enrolled in a program for ministry in the Church, e.g. religious education, social justice, liturgy, care of the sick, etc.

The Char Deslippe Memorial Award (\$500):

<https://www.rcdvictoria.org/char-deslippe-award> : for a teacher in Catholic Island Schools or a parish catechist serving in children, youth or adult ministry.

Job postings

Diocese of Victoria Chief Financial Officer

The CFO is the financial administrator of the Diocese, reporting directly to the Bishop: this is an opportunity to be part of the Diocese's senior management team to oversee the stewardship of diocesan fiscal resources in support of the mission of the Diocese.

More information at <https://www.rcdvictoria.org/employment>

Diocese of Kamloops

The Diocese of Kamloops is hiring for the positions of:

1. Financial Officer
2. Safe Environment and Human Resources Officer

Applications for both positions close at 4 pm on June 29.

For more information, please visit:

<https://www.rcdk.org/employment-opportunities>



Pilgrimage to Mexico

Feb 23 to Mar 1, 2024

8 days, \$3,390.00 (inc. taxes & tips)

Fr. Dean Henderson

Pastor, Our Lady of the Rosary, Langford

For more information: 877-999-8868

Stan: ext. 339 or 647-463-9057,

stan@ihtours.com

Liliana: ext. 324, liliana@ihtours.com

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse
by a clergy member, religious, employee, or volunteer,
visit RCDVictoria.org/Responsible-Ministry or call

1-800-968-3146

To report sexual abuse or cover-up by a Catholic Bishop,
visit BishopReportingSystem.ca or call

1-866-892-3737

Sacred Heart Executive Committee (Responsible for Sacred Heart Parish)

**Marilyn Bojko, Marilyn Turner,
& Stan Dzvik**

email: sacredheartexec@gmail.com

PARISH PASTORAL COUNCIL 2020 / 2023

Marilyn Bojko (Chairperson)	Vincenza Cameron
Stan Dzvik	Jeff Kucharski
Catherine Minvielle	Oscar Perez de Tagle
Michele Ricard	Cyrille Santos

Ethnic Communities at Sacred Heart

Korean Pastor: Fr. Robert Ryu
youngjinryu0758@gmail.com

Polish Pastor: Fr. Jan Grotkowski SDS
jgrotkowski@rcdvictoria.org

Syro-Malabar Pastor: Fr. Sajy Chakkittamuriyil
frsajy@gmail.com

Vietnamese Pastor: Fr. Michael Tran
michaeltran@rcdvictoria.org

Hospital Chaplain Fr. Sean Flynn: 250-889-3761

Parish Administrative Assistant
Katherine Newton: sacredheart@rcdvictoria.org

RMSE Coordinator
Sindhu Merwin: sacredheartrmse@gmail.com

Children's Religious Ed. Coordinator
Lidia Moodie: religioused@sacredheartvictoria.com



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British Columbia, Canada V8W 1C4



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