



Sacred Heart Catholic Church

60
Years at
Nelthorpe

4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

* 4th Sunday of Easter (Good Shepherd Sunday) | 11 May 2025 *

IN MAY!
You are welcome
to join us to
**Pray the
Rosary**
25 minutes
before each Mass



Have a most blessed and meaningful
**Mothers'
Day**



LITURGICAL YEAR C

Saturday:

English Mass (Anticipated Sunday Mass)	4:00 pm
Syro-Malabar Rite (except 1st Sat)	7:00 pm

Sunday:

English Mass	9:00 am
Syro-Malabar Rite	11:00 am
Korean	3:00 pm
Vietnamese (1st and 3rd Sundays)	5:30 pm

RECONCILIATION

Saturday	3:00 pm to 3:45 pm
Sunday	8:15 am to 8:45 am

Weekday Masses English Masses

Tuesday	11:00 am
Wednesday (St. Matthias)	11:00 am
Thursday	11:00 am
Friday	11:00 am
After Friday Mass, Adoration. Benediction is at	1:30 pm

Korean Masses

Wednesdays	7:30 pm
Thursdays	10:00 am

Habemus Papam!
We praise and thank God for our new Vicar of Christ,



Pope Leo XIV
The first Pope from America
8 May 2025



Listen Carefully

By Jean Allen



Jesus said, "My sheep hear my voice. I know them and they follow me." In Jesus's day several shepherds would herd their sheep at night into the same fenced area for safety and let them all mingle together. In the morning a shepherd would start calling his sheep and his flock would follow him because they knew his voice.

Do you know the voice of your Shepherd? There's no space here for a detailed description of what Jesus's voice sounds like but I can tell you a couple of ways you can tell when it's not his voice.

Jesus's voice does not condemn; it convicts. Conviction is a realization that something is wrong with what you are thinking or doing and you feel inspired to do something about it. It is not a sense of heavy guilt and shame; it is a sense that God's love is calling you to think and act differently and that he will give you the grace to change. It's freedom, not a jail sentence.

Jesus's voice does not push you and guilt trip you, telling you that if you don't do a certain action immediately, everything will fall apart and it will be all your fault. In Jesus's day, the Shepherd led the sheep but the butcher drove the sheep. Jesus's voice invites. He invites you to follow and participate in what he's doing and he delights in your participation. He doesn't use pressure tactics. If something is making you feel harried and driven to do something, it's not Jesus. It's the butcher.

Jesus doesn't actually need you for anything. He simply wants you to be the you he created you to be and he uses certain situations to form and transform you. A true shepherd doesn't need his sheep for anything but, still, he watches over them, takes care of their needs and leads them to the best grass and the stillest waters. No one can snatch you away!

The Father has given you to Jesus and to Jesus you are greater than all else.

Parish Office Hours Tuesdays to Fridays 9:30 am to 3:00 pm

Closed: Saturdays, Sundays, and Mondays.
If you would like to register or volunteer for a Ministry, please send an email to sacredheart@rcdvictoria.org

For Baptism, Marriage, Funerals, and Anointing of the Sick

Please contact:
E. sacredheart@rcdvictoria.org
P. 250-479-1611

Sacred Heart Parish Website >

For your convenience, QR codes are now located around the church.



**Welcome
to our
Catholic Family**

Congratulations

**Aiden Isaiah
Pedregosa**

*Baptised on
on Sunday, 11 May 2025.*

Rosary Mass

**Friday,
May 30,
6 pm**

Followed
by a
Potluck Dinner in
the Parish Hall.

The Sign-up Sheet
is in the church foyer.



Please pray for:

Those who have died

Cecilia Delima, Joe Snr. & Joe Jnr. Delima, Manuel Oliveira, Purita Plimaco, Jerry Poelzer, and Sixto Pongos.



Those who are ill

Skarlet, Jon A, Patricia C, Cora C, Lesley D, Kathleen G, Derek L, Lisa L, Diane L, Edvige P, Will Pontes, Dino R, Davide R, Gaspar S, Valerie S, Cathy T, Maria T, and Ornella T.

Society of St. Vincent de Paul



Today, we celebrate "Good Shepherd Sunday" where we reflect on the care and love of Jesus for us.

Your gift to the Society of St. Vincent de Paul will show that you are indeed the disciple of Jesus, the Good Shepherd, as it will bring your love to those who live in fear and doubt, loneliness and dread.

Donate online: specify "Sacred Heart Parish"

https://give-can.keela.co/ssvp_donation_form

All cheques: "Society of St. Vincent de Paul".

To join the Society, please contact Georgina: mvgshort@telus.net or call 250-727-2615



CHRISTIAN MEDITATION

Thursdays, 11:45 am | Parish Hall

We welcome newcomers.

From the teachings of Fr. John Main (1926-1982), a Benedictine monk, each week, the group listens to talks by Frs. John Main, Laurence Freeman and others followed by a 20-30 minute period of silent meditation.



For more information, please contact Margie Noonan 250-589-6313 or margielnoonan@gmail.com.

Options to Donate

E-Transfer:

The email to use is sacredheart@rcdvictoria.org

Pre-Authorized Debit (PAD)

Automatic Debit Form:

<https://sacredheartvictoria.com/docs/PAD%20form%202020.pdf>

The PAD form is also available from the Parish Office.

If you use the Special Collection Envelopes, please remember to complete your name and address on those envelopes to receive a tax receipt. Information and links are also available on our website.

Canada Helps

Donations through Canada Helps.

<https://www.canadahelps.org/en/dn/47781>

This is the new QR code for donations: also on display around the church for your convenience.

If you have any questions on the available options, or would like to make a change in how you donate, please contact the parish office.



Thank you.

Thank you for your contributions!

May 3 & May 4, 2025

Envelopes \$ 2,357.00

Cash \$ 333.05

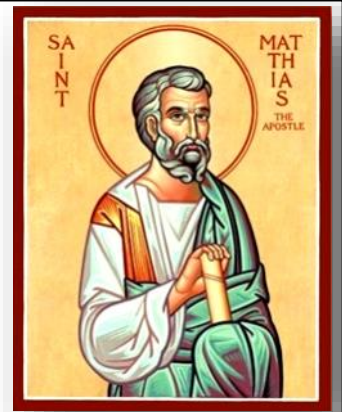
Total \$ 2,690.05

Donations through PAD, Canada Helps, & e-Transfer will be reported after the end of the month.

ST. MATTHIAS the Apostle

May 14

Patron of Alcoholics; carpenters; tailors; smallpox; hope; perseverance; Great Falls-Billings, Montana; Trier.



Tradition has it that St. Matthias died in Colchis, Armenia. He was in the New Testament, among the 12 Apostles as the disciple who, according to the *Acts of the Apostles* (1:21-26) was chosen to replace Judas Iscariot after Judas betrayed Jesus.

Jesus' choice of 12 Apostles points to a consciousness of a symbolic mission. There were 12 tribes of Israel; that the community maintained after the Crucifixion. The Acts reveals that Matthias accompanied Jesus and the Apostles from the time of the baptism of Jesus to the Ascension and that, when it came time to replace Judas, the Apostles cast lots between Matthias and another candidate, St. Joseph Barsabbas. St. Jerome and the early Christian writers St. Clement of Alexandria and Eusebius of Caesarea attest that Matthias was among the 72 disciples paired off and dispatched by Jesus. Soon after his election, Matthias received the Holy Spirit with the other Apostles (Acts 2:1-4). He is not mentioned again in the New Testament.

It is generally believed that Matthias ministered in Judaea and then carried out missions to foreign places. Greek tradition states that he Christianized Cappadocia, a mountainous district now in central Turkey, and later journeyed to the region about the Caspian Sea, where he was martyred by crucifixion and, according to other legends, chopped apart. His symbol, related to his alleged martyrdom, is either a cross or a halberd. St. Helena, mother of the Roman emperor Constantine the Great, reputedly transported Matthias's relics from Jerusalem to Rome

[Online accessed, 6 May 2025:
<https://www.britannica.com/biography/Saint-Matthias>]



Save the Date!
Friday, June 20, 5pm
Sacred Heart Parish

Development & Peace - Caritas Canada invites you to save the date to celebrate Jubilee 2025 and the legacy of Pope Francis' encyclical *Laudato Si*.

Fr. Shijo's Homilies
are available on our Parish Website

<https://sacredheartvictoria.com/sacred-heart-homilies.html>



Bishop Gary and the Diocesan Permanent Pastoral Synod (DPPS) Committee invites you to form or join a Listening Circle in your parish.

Watch the video
Spiritual Conversations, at:
<https://www.rcdvictoria.org/dpps>

The Listening Circle Guiding Questions are:

Optional Opening Question: What is one story from your faith and life that you would like to share?

Q1. What is your experience or connection with Christ, The Anointed One, in your faith journey?

Q2. How have you experienced blessings and hope in your life, in your parish, in your school, in your church, or in your family?

To form or join a Listening Circle contact Danny Brock at:
dcbrock617@gmail.com



SAVE THE DATE

Sacred Heart Parish Annual General Meeting

Saturday, May 24 at 5 pm in the Parish Hall

After the Saturday, 4 pm Anticipated Mass

Pizza and refreshments will be served!



Mass for Vocations 6 pm, Tuesday, May 27

(no 11 am weekday Mass
on this Tuesday)



Serra Club in formation invites all Sacred Heart parishioners, family, and friends to celebrate a *Mass for Vocations*. After Mass, we will gather in the Parish Hall for an information session. Come and share refreshments and listen to our Pastor, Fr. Shijo, who will give his testimony about his vocation journey to the priesthood.

All are Welcome!



Grateful Thanks to Alan Grohovac

for replacing the post lamps
at the entrance to our courtyard.



Last weekend for Nominations for Sacred Heart's Parish Pastoral Council

The Sacred Heart Parish Pastoral Council under Pastor, Fr. Shijo, is an advisory council overseeing the pastoral needs of the parish. Put in your name, or someone you know, into the Nomination Box that will be placed in the church foyer.



From the Diocese

National Family and Life Week

May 11-18, 2025

The Canadian Conference of Catholic Bishops has released liturgical and pastoral resources on the theme "Abound in Hope!".

Materials are available online at: <https://www.cccb.ca/faith-moral-issues/family-and-life/national-family-and-life-week/>

11th Annual Diocesan

Family Camp & Conference

August 22 to 24, 2025, Nanoose Bay Camp

<https://www.rcdvictoria.org/family-camp>



PLEASE NOTE Distribution of the Precious Blood of Christ

Bishop Gary Gordon has approved the reintroduction of the distribution of the Precious Blood from the chalice on the Solemnity of the Body and Blood of Christ, June 22, 2025.



Rachel's VINEYARD

Healing the pain of abortion - one weekend at a time

Find hope and healing at Rachel's Vineyard: A safe, confidential retreat for women and men seeking peace after abortion.
rachelsvineyardvancouverisland@gmail.com / 250-514-3973.



Thank You

*Karla for the beautiful floral crown
for Our Blessed Mother*

and

*Lyndon and Athena
for crowning her statue.*



Calling all able-bodied parishioners!

We still need help to continue
pulling out the roots of the invasive bushes
and cleaning our parish grounds
this Saturday from 9 am.

Thank you.

Donations of flowers!

We will accept flower donations by 1:45 pm each Friday. A bucket for flower donations will be placed by the entrance of the church. Bouquets of arranged flowers will also be accepted on Saturdays by 3 pm, before the 4 pm anticipated Mass.



Dessert Auction Fundraiser

Friday, May 30 7:00pm

"Beloved Catholic Women's Ministries" invites you to a delicious, fun way to raise funds for women in our Diocese who desire to attend our annual Women's Retreat at Camp Homewood but are unable to due to financial reasons. Make it a date night, or bring friends and bid on delicious desserts that you can eat all together there with tea and coffee, or bring home to share with the family.

Get free tickets at: [https://www.eventbrite.ca/e/dessert-auction-fundraiser-tickets-1343131946809?](https://www.eventbrite.ca/e/dessert-auction-fundraiser-tickets-1343131946809?utm_experiment=test_share_listing&aff=ebdsshios)

[utm_experiment=test_share_listing&aff=ebdsshios](https://www.eventbrite.ca/e/dessert-auction-fundraiser-tickets-1343131946809?utm_experiment=test_share_listing&aff=ebdsshios)

To donate a dessert, or a financial donation, please email:
vicatholicwomensretreat@gmail.com

Diocesan Bursaries

Deadline: July 15. Information and forms through the links:

[The Jawl Bundon LLP Bursary](#) (\$2500): for a grade 12 Catholic student who has been accepted to a post-secondary institution. Preference will be given to Indigenous students, and to students who live outside of Greater Victoria and Nanaimo.
<https://www.rcdvictoria.org/jawl-bundon-bursary>

[The Blessed Marie Anne Blondin Bursary](#) (\$1000): for a lay woman who is accepted or enrolled in a program or course for ministry in the Church, such as religious education, social justice, liturgy, social action, care of the sick, etc.
<https://www.rcdvictoria.org/blondin-bursary>

[The Char Deslippe Memorial Award](#) (\$500): for a teacher working in Catholic Island Schools or a parish catechist serving in children, youth or adult ministry.
<https://www.rcdvictoria.org/char-deslippe-award>

Pastor, Fr. Shijo George

sgeorge@rcdvictoria.org

Korean, Fr. Marco Park

dkpark@rcdvictoria.org

Syro-Malabar, Fr. Shijo George

sgeorge@rcdvictoria.org

Vietnamese, Fr. Michael Tran

michaeltran@rcdvictoria.org

Hospital Chaplain, Fr. Sean Flynn

250-889-3761

Parish Administrative Assistant

Katherine Newton: sacredheart@rcdvictoria.org

Children's Religious Ed. Coordinator

Lidia Moodie: sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator

Rafael Oei: sacredheart@rcdvictoria.org

RMSE Coordinator

Sindhu Merwin: sacredheartmse@gmail.com

PARISH PASTORAL COUNCIL 2024 / 2025

Marilyn Bojko

Peter Martin

Rick Perez de Tagle

Jeremy Côté

Samantha Sherman

Edgar Tan Jr. (Chair)

Jim Haffey

Will Podmoroff

Andy Pak

(Korean Representative)

Sonny Huynh

(Vietnamese Representative)

Anjali Aniyan

(Syro-Malabar Representative)

PARISH MINISTRIES & GROUPS

Parish Office: sacredheart@rcdvictoria.org



LITURGICAL MINISTRIES & POSITIONS

Parish Liturgy Coordinator

Altar Servers

Extraordinary Ministers

Floral Ministry

Lectors

Music Director

Pastoral Care Ministry

Ushers

Video Streamers

Sacristan

Rafael Oei

Karla Montano

Marilyn Turner,
Mae Tan

Eduardo Bautista

Stan Dzbik

Rafael Oei

Lynda Tan

Marisa Tinsay

Lynda Tan

Peter Liem

Sylvain Leclerc

Denise Owen (Asst.)

PARISH GROUPS

Christian Meditation

C.W.L. / Prayer Line

Knights of Columbus

Led By The Spirit Group

Moms & Tots

Funeral Receptions

Social Justice/D & P

St. Vincent de Paul

Margie Noonan

Denise Owen

Stan Dzbik

David MacIntyre

Genevieve Vuksic

Marilyn Turner

Stan Dzbik

Georgina Short

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or
call 1-866-892-3737

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