

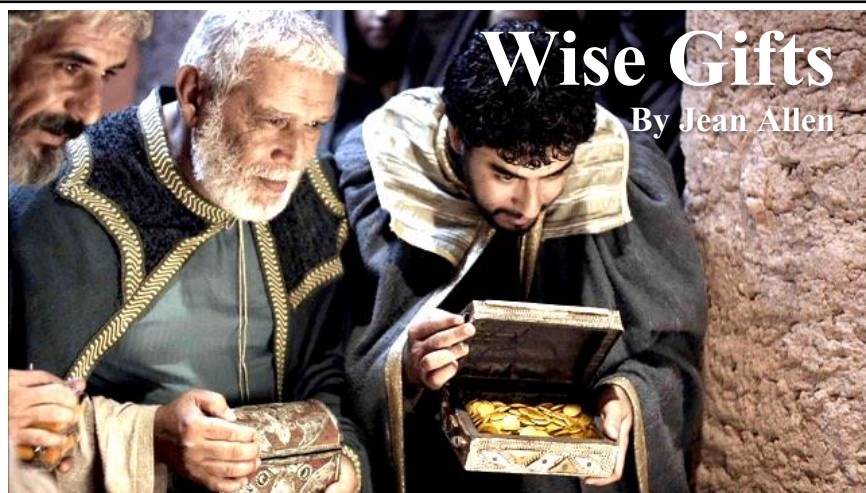


Sacred Heart Catholic Church



4040 Nelthorpe Street, Victoria, BC V8X 2A1
250-479-1611 | sacredheart@rcdvictoria.org | sacredheartvictoria.com

*** Feast of the Epiphany of the Lord | 7th January 2024 ***



The Wise Men are representative of all of us. The bible doesn't actually say there were just three men, only that there were three gifts, gifts that are very symbolic of what we all should be offering to the beautiful manifestation of Light to our universe: Jesus the Messiah.

Gold for Kingship. When we make Jesus the ruler of our hearts and our lives, we are offering him pure gold. Making Jesus the King of one's life is no small matter because every personal kingdom of ours has small pockets where we reserve kingship for ourselves, places where we are totally reluctant to give up autonomy, places where we fool ourselves and believe that whatever we feel and perceive is what Jesus feels and perceives. If these little areas have hovels of righteous anger or mounds of resentments and angers that keep tripping us up, Jesus is not King.

Frankincense for worship. When we worship Jesus – and I mean really worship him in our hearts and souls, not just show up for Mass – we are offering him the beautiful aroma of our love. But this offer of worship doesn't just benefit Jesus or stroke his ego; when we truly worship, we also receive benefits. Frankincense has a woody and sweet aroma and is said to diminish feelings of stress and anxiety. Stress and anxiety are by-products of trying to be kings of certain areas of our lives. When we worship Christ with our whole hearts and souls, we are signifying to ourselves who is really King of our lives and who will win in the end.

Myrrh for consecration. Myrrh was used for embalming in Jesus's day but it was also used in the temple to consecrate priests. We are all called to the Royal Priesthood, consecrated at our baptisms. When we consciously walk as consecrated priests, we are bringing Christ's priesthood to life and offering him a permanent and active place in our lives and our ministries.

May we all live as wise people and may we all bear these gifts to the Lord.

LITURGICAL YEAR B

Saturday:

English Mass 4:00 pm

Sunday:

English Mass **(streamed)** 9:00 am

Polish 1:00 pm

Korean 3:00 pm

Vietnamese **(1st & 3rd Sundays)** 5:30 pm

RECONCILIATION

Saturday 3:00 pm

Weekday Masses

English

Mass: Tuesdays to Thursdays 12:05 pm

Mass: Fridays 12:05 pm

Adoration until 3 pm
(Sign-up sheet, in the foyer)

Korean

Mass: Wednesdays 7:30 pm

Mass: Thursdays 10:30 am

Sacred Heart YouTube Channel

<https://www.youtube.com/channel/UCzXJfSxennwmYIT4kPyUh6w>



Fr. Jan,

*Parish Office Staff,
and the Parish of Sacred Heart*

give a heartfelt "THANK YOU"

for finishing your term in the following roles
after many years of sacrifice, and dedicated,
generous selfless service to the parish.

Marilyn Turner

(Finance Committee Chair)



Stan Dzbik

(Maintenance Committee Chair)



We appreciate your continued service to the parish
in your current roles. Thank you!



Happy Blessed 2024!

*As you make your New Year's Resolutions,
consider sharing your talents to serve the Lord.*

Be part of the joyful Sacramental and Liturgical celebrations!

Volunteer with a Parish Ministry

Extraordinary Ministers of Communion / Floral Ministry / Choir / Music Ministry
Lectors / Pastoral Care Ministry / Ushers / Video Streamers

**Please contact the Parish Office if you are interested.
We look forward to hearing from you.**



Please pray for:

Those who have died

*Laura & George Adamache, Joe & Jose de Lima,
Isabel Harding, and Maria Costa & Jaime Pimentel.*

Those who are ill

*Thérèse A, Jon A, Maritza Chouza, S. F. C, Patricia C, Darrell C,
Cora C, Ludwik D, Lesley D, Kathleen G, Richard G, Pedrito K,
M Lopez, Derek L, Lisa L, Mike R and Maria T.*

Eternal Rest Grant Unto

Kello Wilson

(December 30, 2023)

Blanch Dwyer

(December 16, 2023)

Wiktor Biernacki

(December 8, 2023)

***O Lord, and let Perpetual Light Shine Upon them.
May their souls rest in peace. Amen.***



Congratulations

Rhodora & Edgar Bascon

on your 50th Wedding Anniversary



Contributions

Pre-Authorized Debit (PAD)

If you are PAD user, please remember to complete your name and address on the Special Collection envelopes, if you would like to receive a tax receipt. Information & links are also available on our website.

Options To Donate

E-Transfer: The email to use is:
sacredheart@rcdvictoria.org

Pre-Authorized Debit: Automatic Debit

(click here for the PAD form)

The PAD form is also available from the Parish Office.

Canada Helps: Online through Canada Helps

If you have any questions on the available options,
or would like to make a change in how you donate,
please contact the parish office. Thank you.

Thank you for your contributions!

Dec 30 & Dec 31, 2023

Envelopes \$ 1,819.00

Cash \$ 308.60

Total \$ 2,127.60

Jan 01, 2024

Envelopes \$ 315.00

Cash \$ 374.35

Total \$ 689.35

New Year Offering \$ 1,169.00

December 2023

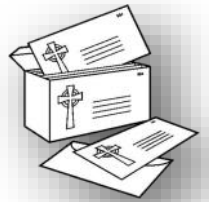
E-transfers \$ 4,020.00

PAD \$ 6,300.00

Canada Helps \$ 1,704.62

Donations through PAD, Canada Helps, & e-Transfer
will be reported after the end of the month.

2024 Parish Donation Envelopes



A few donation envelope boxes are left for pick up in the church foyer.

Please inform the Parish Office if you
have moved and have a new postal address, or a new email
address or phone numbers.

If you would like to have Donation Envelopes box assigned
to you, or if you wish to discontinue using the Donation
Envelopes, please inform the Parish Office.

Thank you.

Donation Envelopes are beneficial if you make weekly
contributions to the parish. Donation Envelopes are
necessary if you wish to receive an income tax receipt.

PLEASE DO NOT USE ANY ENVELOPES FROM THE PREVIOUS YEAR.

The number may have been re-assigned
and you will not get credit for your donation.

To ensure that the names and assigned numbers tally,
as the new year begins, please kindly write
your name and address
on your envelopes for the next few weeks.
It would be greatly appreciated.



The next "Cor" Meeting

The Knights of Columbus Sacred Heart Council
invites men to their next "Cor" meeting, on
Tuesday, January 9, 7:30pm in the Parish Hall.

"Cor" is Latin for heart.

Spend some time delving into the heart of our
faith. Please join us for an hour of prayer,
formation, reflection, and fellowship.

All men, including non-Knights and non-Catholics,
are most welcome.

Our topic for this meeting is
"St. Joseph - Our Spiritual Father".

Hope to see you there!

Society of St. Vincent de Paul



Today is the Feast of the Epiphany, where
the Magi find the newborn king and offer him
gifts of gold, frankincense and myrrh.

In the spirit of the Magi, please bring hope to
the poor by your gift to the Society of
St. Vincent de Paul.

For monetary donations,
please specify that it is for the "SCO Food Pantry".
Cheques: "Society of St. Vincent de Paul".

Donate online and specify "Sacred Heart Parish" at:
[https://www.canadahelps.org/en/charities/
society-of-st-vincent-de-paul-of-vancouver-island/](https://www.canadahelps.org/en/charities/society-of-st-vincent-de-paul-of-vancouver-island/).

Moms & Tots



Come for the company and faith-sharing between
mothers. Parents and caregivers are welcome as
well, in the Parish Hall, Mondays, 9:30 am to
11:30 am.

Please contact Chantal: momstots.shvic@gmail.com



Friday, 12 Jan
St. Marguerite Bourgeoys
 (Memorial: 17 Apr 1620 – 12 Jan 1700)

The first female Canadian Saint, St. Marguerite Bourgeoys, CND was a French Religious Sister and founder of the Congregation of Notre Dame of Montreal, Québec, Canada.

Recruited by the governor of Montreal to establish a convent in New France, she arrived in Fort Ville-Marie (now Montreal) in 1653. St. Marguerite and her congregation educated young girls, the poor, and children of First Nations until shortly before her death in early 1700.

Canonized in 1982, St. Marguerite instituted one of the first uncloistered religious communities in the Catholic Church.



Scams!

The CWL is hosting a presentation on Scams on Saturday, January 20th, 2024 at 11:00 am to 12:00 pm in the Parish Hall. Come learn how to protect yourself from fraud.

Everyone is welcome.

The Catholic Women's League is a gift of faith, friendship, support, with an opportunity to serve God and Canada. Through committee meetings and pastoral activities, members feel the pulse of the church and society.

CHRISTIAN MEDITATION

Thursdays
1 pm to 2 pm
in the Parish Hall



We welcome all newcomers.

It was Father John Main (1926-1982), a Benedictine monk, who rediscovered this prayer tradition for contemporary men and women. Today there is a world community of Christian meditators in over 100 countries. Meditation, also known as contemplative prayer, is the prayer of silence and stillness beyond word and thought. It is often called the "prayer of the heart". The time together includes a short-taped talk on meditation and 20 to 30 minutes of silence.

For further information, phone or email Margie Noonan at 250-589-6313 or margielnoonan@gmail.com.

To learn more about the Community, visit the Canadian website www.wccm-canada.ca or the World Community website www.wccm.org



The Bishop's Appeal.

The final count will be published mid-January.

Thank you to all who have already contributed!



From the Diocese

St. Andrew's High School Bottle Drive!



Save your refundable bottles and cans and support students going to Spain in 2024. Drop them off on **Saturday, January 13, 2024** at St. Andrew's (on McKenzie Ave) **between 10 a.m. and 2 p.m.**

Thank you for your support.

Pastoral Care Outreach Training Program



This free, valuable series has nine sessions held via Zoom on Saturday mornings from 9:30 am to noon, January 20 and running until March 23, 2024.

No session on March 9: Spring Break.

Participants completing all the sessions will receive a Certificate of Completion. A phone number, email address, a computer, tablet or a Smart Phone with speakers, a reliable Internet connection, microphone, webcam, and access to Zoom are required.

Please register through your parish by January 12.

For further information, please email moiraking@shaw.ca

SEEK HIM

Annual Diocesan Camp Homewood Youth Retreat: "Seek Him"

Quadra Island,
 February 2 to 4, 2024

\$195 per participant (\$215 after January 15)

All youth are invited to attend.

Please contact our Parish Office to register.

Each student, chaperone and youth leader must complete and email the registration forms and documents by **January 15, 2024.**

For more information, please contact:

broset@telus.net or stpatricks-cr@shaw.ca

We are asking that youth, chaperones and youth groups please register and give their payment to their own parish. Payment is preferred on one cheque from each parish.

The Sacrament of Marriage

As a couple, prepare to commit to a Sacred Covenant with God.

Online Marriage Preparation Course

<https://www.rcdvictoria.org/marriage-prep>



PARISH PASTORAL COUNCIL 2023 / 2024

Marilyn Bojko (Chair) Jim Haffey
Peter Martin Jeremy Côté
Rick Perez de Tagle Edgar Tan Jr.
Samantha Sherman Will Podmoroff

OUR MINISTRY VOLUNTEERS

Saturday, 6 January, 4 pm

Altar Servers : Daisy, Mariah, Sarah, Rachel
Lectors : Catherine M, Margaret S
EMCs : Marilyn T
Ushers : Denise O
Music : Arlene S, Rafael O

Sunday, 7 January, 9 am

Altar Servers : Daisy, Pio, Elias, Mara
Lectors : Ben P, Stan D
EMCs : Aubert G, Jeff K
Ushers : Vanora N, Lynda T
Music : Sacred Heart Choir, Rafael O

Thank you to all our volunteers

TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member,
religious, employee, or volunteer, visit
RCDVictoria.org/Responsible-Ministry
or call 1-800-968-3146

To report sexual abuse or cover-up
by a Catholic Bishop,
visit BishopReportingSystem.ca or call
1-866-892-3737

Sacred Heart Contacts

Pastor: Fr. Jan Grotkowski, SDS
jgrotkowski@rcdvictoria.org

Korean: Fr. Robert Ryu
youngjinryu0758@gmail.com

Polish: Fr. Jan Grotkowski, SDS
jgrotkowski@rcdvictoria.org

Vietnamese: Fr. Michael Tran
michaeltran@rcdvictoria.org

Hospital Chaplain
Fr. Sean Flynn: 250-889-3761

Parish Administrative Assistant
Katherine Newton:
sacredheart@rcdvictoria.org

Children's Religious Ed.
Coordinator
Lidia Moodie:
sacredheartreled@rcdvictoria.org

Parish Liturgy Coordinator
Rafael Oei:
sacredheart@rcdvictoria.org

RMSE Coordinator
Sindhu Merwin:
sacredheartmse@gmail.com

PARISH MINISTRIES & GROUPS



Please contact the
Parish Office:
sacredheart@rcdvictoria.org

PARISH LITURGICAL MINISTRIES

Parish Liturgy Coordinator
Altar Servers
Extraordinary Ministers

Floral Ministry
Lectors
Music Director
Pastoral Care Ministry
Ushers

Video Streamers

Rafael Oei
Karla Montano
Gilbert Santos
Chay Santos
Ruby Rivera
Stan Dzbik
Rafael Oei
Lynda Tan
Marisa Tinsay
Isme Liem
Peter Liem

PARISH GROUPS

Christian Meditation
C.W.L. / Prayer Line
Knights of Columbus
Led By The Spirit Group
Moms & Tots
Phone-tree
Funeral Receptions
Social Justice/D & P
St. Vincent de Paul

Margie Noonan
Margot McLaughlin
Rick Perez de Tagle
David MacIntyre
Chantal Côté
Elizabeth Olcen
Elizabeth Olcen
Stan Dzbik
Georgina Short

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ROWENA B. BIRON
CONSULTING MANAGER

Tel # 236-508-1279 / 778-557-3339

Email: INQUIRY@BIOCOMMUNITYNURSINGCARE.COM

Office add: 300-848 Courtney Street Victoria
British Columbia, Canada V8W 1C4



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Fax: 250-380-7292



SACRED HEART CATHOLIC CHURCH

Victoria BC, 2024