

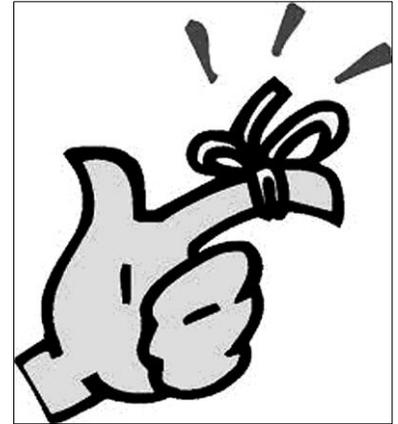
We are the Community. We are the Church.

*Celebrating the 50th anniversary of the First Mass
at Sacred Heart Church at Nelthorpe Street
on September 5, 2015*

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December 27-28, 2014

- Additional portrait photo sessions for Special 50th Anniversary Souvenir Publication are on **14, 15 and 16, January 2015**. Please phone **Marilyn Turner @ 250-475-3024** to book your session.
- New deadline to contribute to the **50th anniversary legacy fund** through your greetings and expressing your gratitude for Sacred Heart Church on its milestone is **30 January 2015**. The rates are: **Full-page** [10 inches x 7.75 inches]: **\$1,000**; **Half-page** [5 inches x 7.5 inches]: **\$500**; **Quarter-page** [5 inches x 3.87 inches]: **\$250**; **One-eighth page** [2.5 inches x 3.87 inches]: **\$125**.
- Bring your selected photos for '**Fond Memories on the Vine**' project and drop them off in the box in the church foyer with your name and caption on the back of each photo. [see bulletin #3 on the church website for details]
- The deadline for the '**Sacred Heart Hymn-Writing contest**' is **Friday, 24 April 2015** [see bulletin #5 on the church website for details]



Talent Show can be great fun for participants

Shy? Prone to stage fright? Not confident that you have talent?
Join **Sacred Heart Church 50th Anniversary's Talent Show** to be held at **6:30 p.m. on Saturday, 24 January 2015** and show that you can do it.



Research shows that primitive musicality is, without question, built into our DNA. Two-day old infants show a preference for some music over others. Nearly all infants babble with melody and intonation. At one, children can often match pitch. At one-and-a-half, children engage in spontaneous song. At two-and-a-half, children show extended awareness of songs by others.

Surely we have progressed from childhood?

Also, it is said that the most important consideration of talent is visual cues —the level of passion demonstrated — with uniqueness and creativity following with actual talent that recognizes pitch and rhythms bringing up the rear.

To join the Talent Show, sign up without delay on the performers' sheet in the church foyer or contact the show's co-ordinator, Gilbert Santos, at gilbert.santos24@gmail.com.

Here are some tips from the internet for those who want to perform for the first time on the Talent Show stage:

Make a list of your talents. Be realistic. Ask your friends what you're good at if you can't think of anything. Sometimes you're not aware of your talent.

Pick your most proficient talent: dancing, singing, stand-up comedy, acting or anything in between as long as you pick what is your the best. If you're prone to shyness or stage fright, get a group together for a lip-syncing act or synchronized dancing so that the focus isn't entirely on you.

Decide how many people you want in your group. You could have a small [2-4] or a big [5-7] group. Different sizes have different strengths and weaknesses.

If you go with a group, ensure everyone is comfortable with the act. Know each member's strengths to base your act around everyone.

Practice your act every day. Make sure to set aside time when everyone can practice together. When you think you've practiced enough, practice some more, so your act is almost entirely muscle memory. The less you have to think about what you have to do, the better.



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Practice messing up. You never know what might happen during the actual performance. Be ready for the worst by preparing early.

Practice without group members. This ensures that when someone is sick and can't participate, you can still do your act without that person. Also, practice on your own so that you don't let the group down.

Practice like you would perform. Practice

with props if you are using them. Practice from beginning to end, not just the parts that give you the most difficulty.

Videotape your practice if possible. This allows you to



identify parts that need more work, and where on the stage each member should be so that the audience gets the best show possible. It also helps in overcoming stage fright.

Do a dress rehearsal. Perform in front of family and friends to iron out any kinks and to give your group a taste of performing before an audience.

Dress for the occasion. Costumes, even simple ones, make a big impact. If you're performing with a group, everyone should have a similar costume that should match the theme of your act.

Make sure everything you need is gathered together in one spot, ready to go. This will save you a lot of stress when it's time to go on.

Work the crowd. Smile and make eye contact. If you're singing or doing stand-up, move around the stage as you perform. Use your hands to emphasize emotions while singing. Do not shy away from the microphone. Speak into it loudly and clearly. Wave when you come on stage, and bow when you're finished.

Hierarchically, they were brought under the rule of the Latin bishops.

In 1653, after years of bitterness and tension, most Indian Christians severed their union with Rome. Alarmed, Pope Alexander VII sent Carmelites to India to repair the situation.



Catholicism in the continents

Focus on Asia

The Syro-Malabar Church in India traces its origin to St. Thomas the Apostle. It is the second largest of the 22 Oriental [Eastern Rite] Catholic Churches that are in full communion with Rome, and one of four having in common the East Syrian Liturgical tradition. Also tracing its origin to the apostle is the Syro-Malankara Church in India.

Both are *sui iuris* [i.e. autonomous] churches that provide a unique dimension to Catholic heritage and spirituality.

[While there are 12.7 million Catholics in Canada, there are 19.2 million Catholics in India with 14.65 million in the Latin church, 4.8 million in the Syro-Malabar Church and 545,000 in the Syro-Malankara Church.]

The Second Vatican emphasized the importance of the Eastern Churches' institutions, liturgical rites, ecclesiastical traditions and their ordering of Christian life.

Each of these communities professes the same belief and they are all united as one church, yet differences in culture, language and geographical location, over time, have influenced the expression of their faith, even though the essential elements have remained the same.

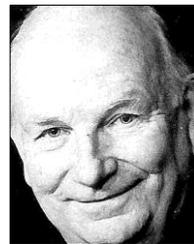
Known for its deep-rooted spirituality and high rate of vocations to the priesthood and religious life, the Syro-Malabar Church is perhaps the most vibrant catholic church in the world, with more than four million Syro-Malabar Catholics. They are also called "St. Thomas Christians" and have a rich and fascinating history. Until the late 16th century, bishops were appointed and sent by the East Syrian Church' patriarch, who governed the St. Thomas Christians. However, the arrival of the Portuguese in India in 1498 marked a new era in the church's life. The Syrian bishops stopped coming and the Latin missionaries, suspecting the St. Thomas Christians of heresy, started Latinizing them in 1599.

Our Pastors



Continued from bulletin #16

Fr. Donal Lehane



Fr. Donal Lehane was involved in active ministry in the Victoria Diocese from '45 to '84, and his pastoral assignment included Port Alberni, Campbell River, Courtenay, Comox, Nanaimo, Victoria, Sooke, Sidney and the Gulf Islands.

He came to Sacred Heart Parish in '67, after Fr. Jan Planeta, who had served for 11 years, left to serve Qualicum and Parkville.

Fr. Lehane had big challenges relating to the Sacred Heart [Parish] School because by '67 the parish was spending 12 per cent of its revenues as a subsidy for the school. In spring of '68, parishioners voted to close the school.

In summer '68, Fr. Lehane called for volunteers to assist in a Catechism program for students attending public schools, and when the parish school eventually closed in 1970, he recruited parishioners to enter the challenging new era of lay involvement in an expanded catechetics program.

He also inherited Sacred Heart Church's new and first parish council that was elected on 5 November '67, a month before Fr. Paneta left. The council had eight members.

On 20 March '69, Harry Van Dyk was appointed the church hall's first manager and, in '71, the parish's first board of trustees was established to administer finances, assets and the maintenance of the church, the rectory and grounds.

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